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The Arizona
Aqua Stars



ARTISTIC
SWIMMING

Winter, 2026

USA ARTISTIC SWIMMING MASTERS



Top News

- No Rule Changes in 2026
- Rules Committee Work
- International Competition

No Rule Changes in 2026

Welcome to a new year of Artistic Swimming! As you've all likely heard it is a big year for rule changes internationally, however, for US Masters Nationals in October, we are not making any rule changes. The same Technical Required Elements (TRE), judging rules and routine time limits from 2025 will apply at US Nationals. US Nationals are being held in Charlotte North Carolina, October 22-25, 2026. We are looking forward to a great turnout and seeing everyone there.

Welcome your new Masters Committee!



Thank you to all who competed in 2025! Overland Park, Kansas was a success!

01/02



International Competition TRE

The new TRE for International Competitions are as follows:

TRE 1a: Pike – Fishtail-Vertical – Twist 180

TRE1b: Pike-Fishtail-Vertical

TRE 2a: Open 180 & Walk out Back or Front

TRE2b: Walk out Back or Front

TRE 3a: Spinning 360

TRE 3b: Spinning 180

TRE 4: Assume a surface Flamingo position (layout, sailboat, ballet leg, flamingo)

TRE5a: Barracuda

TRE5b: Barracuda Bent Knee.

Rules Committee

Your Rules Committee is hard at work evaluating what changes, if any, to make to the rules in 2027. The priority is to make sure that we do not lose swimmers by adopting new rules that do not work for our Master's community. There will be more on this to come as the committee puts a draft together for review.

International Competition

If you are planning on competing internationally this year the new AQUA rules will apply. Both the Canadian Nationals being held June 12-14th in Toronto, and the Pan Am Aquatic Master's being held October 26-29th in Buenos Aires will be using the new AQUA rules. If you wish to attend an international meet in 2026, you will need to complete the [Club Option Form](#) and return it to Betty Hazle at bettyhazle@yahoo.com.

Introducing your Masters Committee



- [Nancy Weiman](#), Chairperson
- [Brynn Hollingsworth](#), North Zone Rep.
- [Kristy Aguirre](#), East Zone Rep.
- [Joanne Wright](#), South Zone Rep.
- [Lorri Geiger](#), West Zone Rep.
- [Ellie Holtaway](#), Athlete Rep.
- [Sarah Barba](#), Athlete Rep.

Please feel free to reach out to us if you have any questions or concerns.

02/02

If you would like for your Masters Team to be featured in future USAAS Masters Newsletters, please email 3-5 photos that highlight Masters Artistic Swimming as a "Sport for Life" to any Masters Committee Member to be considered. Thank you!