



**USA National Karate-Do Federation  
National Championship and Team Trials  
Division Lists**

<b>NON ELITE KATA</b>					
A competitor may compete in ONE of the following divisions					
K300	5 & Under Female Beg/Nov Kata	K340	10 Male Intermediate Kata	K380	15 Male Intermediate Kata
K301	5 & Under Male Beg/Nov Kata	K341	10 Male Advanced Kata	K381	15 Male Advanced Kata
K302	6 Female Beginner Kata	K342	11 Female Beginner Kata	K382	16 Female Beginner Kata
K303	6 Female Novice Kata	K343	11 Female Novice Kata	K383	16 Female Novice Kata
K304	6 Female Intermediate Kata	K344	11 Female Intermediate Kata	K384	16 Female Intermediate Kata
K305	6 Female Advanced Kata	K345	11 Female Advanced Kata	K385	16 Female Advanced Kata
K306	6 Male Beginner Kata	K346	11 Male Beginner Kata	K386	16 Male Beginner Kata
K307	6 Male Novice Kata	K347	11 Male Novice Kata	K387	16 Male Novice Kata
K308	6 Male Intermediate Kata	K348	11 Male Intermediate Kata	K388	16 Male Intermediate Kata
K309	6 Male Advanced Kata	K349	11 Male Advanced Kata	K389	16 Male Advanced Kata
K310	7 Female Beginner Kata	K350	12 Female Beginner Kata	K390	17 Female Beginner Kata
K311	7 Female Novice Kata	K351	12 Female Novice Kata	K391	17 Female Novice Kata
K312	7 Female Intermediate Kata	K352	12 Female Intermediate Kata	K392	17 Female Intermediate Kata
K313	7 Female Advanced Kata	K353	12 Female Advanced Kata	K393	17 Female Advanced Kata
K314	7 Male Beginner Kata	K354	12 Male Beginner Kata	K394	17 Male Beginner Kata
K315	7 Male Novice Kata	K355	12 Male Novice Kata	K395	17 Male Novice Kata
K316	7 Male Intermediate Kata	K356	12 Male Intermediate Kata	K396	17 Male Intermediate Kata
K317	7 Male Advanced Kata	K357	12 Male Advanced Kata	K397	17 Male Advanced Kata
K318	8 Female Beginner Kata	K358	13 Female Beginner Kata	K398	18-34 Female Beginner Kata
K319	8 Female Novice Kata	K359	13 Female Novice Kata	K399	18-34 Female Novice Kata
K320	8 Female Intermediate Kata	K360	13 Female Intermediate Kata	K400	18-34 Female Intermediate Kata
K321	8 Female Advanced Kata	K361	13 Female Advanced Kata	K401	18-34 Male Beginner Kata
K322	8 Male Beginner Kata	K362	13 Male Beginner Kata	K402	18-34 Male Novice Kata
K323	8 Male Novice Kata	K363	13 Male Novice Kata	K403	18-34 Male Intermediate Kata
K324	8 Male Intermediate Kata	K364	13 Male Intermediate Kata	K404	35 & Over Female Beg/Nov Kata
K325	8 Male Advanced Kata	K365	13 Male Advanced Kata	K405	35 & Over Female Int/Adv Kata
K326	9 Female Beginner Kata	K366	14 Female Beginner Kata	K406	45 & Over Female Beg/Nov Kata
K327	9 Female Novice Kata	K367	14 Female Novice Kata	K407	45 & Over Female Int/Adv Kata
K328	9 Female Intermediate Kata	K368	14 Female Intermediate Kata	K408	55 & Over Female Beg/Nov Kata
K329	9 Female Advanced Kata	K369	14 Female Advanced Kata	K409	55 & Over Female Int/Adv Kata
K330	9 Male Beginner Kata	K370	14 Male Beginner Kata	K410	35 & Over Male Beg/Nov Kata
K331	9 Male Novice Kata	K371	14 Male Novice Kata	K411	35 & Over Male Int/Adv Kata
K332	9 Male Intermediate Kata	K372	14 Male Intermediate Kata	K412	45 & Over Male Beg/Nov Kata
K333	9 Male Advanced Kata	K373	14 Male Advanced Kata	K413	45 & Over Male Int/Adv Kata
K334	10 Female Beginner Kata	K374	15 Female Beginner Kata	K414	55 & Over Male Beg/Nov Kata
K335	10 Female Novice Kata	K375	15 Female Novice Kata	K415	55 & Over Male Int/Adv Kata
K336	10 Female Intermediate Kata	K376	15 Female Intermediate Kata	K416	Female 18-34 Advanced Kata*
K337	10 Female Advanced Kata	K377	15 Female Advanced Kata	K417	Male 18-34 Advanced Kata*
K338	10 Male Beginner Kata	K378	15 Male Beginner Kata		
K339	10 Male Novice Kata	K379	15 Male Novice Kata		

Beginner:10th kyu-8th kyu/1 year of training Novice:7th kyu-5th kyu/1-2 years of training Intermediate: 4th kyu-2nd kyu/2-4 years of training  
Advanced:1st kyu & higher/4+ years of training Elite:Recommended minimum rank of 1st dan & 5+ years of training



**USA National Karate-Do Federation  
National Championship and Team Trials  
Division Lists**

<b>NON ELITE KUMITE</b>											
A Competitor may compete in ONE of the following divisions											
<b>S300</b>	5 & Under Female Beg/Nov Kumite	<b>S343</b>	11 Female Novice Kumite	<b>S386</b>	16 Male Beginner Kumite	<b>S405</b>	18-34 Female Adv Kumite* +65Kg				
<b>S301</b>	5 & Under Male Beg/Nov Kumite	<b>S344</b>	11 Female Intermediate Kumite	<b>S387</b>	16 Male Novice Kumite	<b>S406</b>	18-34 Male Adv Kumite* -75Kg				
<b>S302</b>	6 Female Beginner Kumite	<b>S345</b>	11 Female Advanced Kumite	<b>S388</b>	16 Male Intermediate Kumite	<b>S407</b>	18-34 Make Adv Kumite* +75Kg				
<b>S303</b>	6 Female Novice Kumite	<b>S346</b>	11 Male Beginner Kumite	<b>S389</b>	16 Male Advanced Kumite	<b>S408</b>	35+ Female Beginner Kumite				
<b>S304</b>	6 Female Intermediate Kumite	<b>S347</b>	11 Male Novice Kumite	<b>S390</b>	17 Female Beginner Kumite	<b>S409</b>	35+ Female Novice Kumite				
<b>S305</b>	6 Female Advanced Kumite	<b>S348</b>	11 Male Intermediate Kumite	<b>S391</b>	17 Female Novice Kumite	<b>S410</b>	35+ Female Intermediate Kumite				
<b>S306</b>	6 Male Beginner Kumite	<b>S349</b>	11 Male Advanced Kumite	<b>S392</b>	17 Female Intermediate Kumite	<b>S411</b>	35+ Female Advanced Kumite				
<b>S307</b>	6 Male Novice Kumite	<b>S350</b>	12 Female Beginner Kumite	<b>S393</b>	17 Female Advanced Kumite	<b>S412</b>	35+ Male Beginner Kumite				
<b>S308</b>	6 Male Intermediate Kumite	<b>S351</b>	12 Female Novice Kumite	<b>S394</b>	17 Male Beginner Kumite	<b>S413</b>	35+ Male Novice Kumite				
<b>S309</b>	6 Male Advanced Kumite	<b>S352</b>	12 Female Intermediate Kumite	<b>S395</b>	17 Male Novice Kumite	<b>S414</b>	35+ Male Intermediate Kumite				
<b>S310</b>	7 Female Beginner Kumite	<b>S353</b>	12 Female Advanced Kumite	<b>S396</b>	17 Male Intermediate Kumite	<b>S415</b>	35+ Male Advanced Kumite				
<b>S311</b>	7 Female Novice Kumite	<b>S354</b>	12 Male Beginner Kumite	<b>S397</b>	17 Male Advanced Kumite	<b>S416</b>	45+ Female Beg/Nov Kumite				
<b>S312</b>	7 Female Intermediate Kumite	<b>S355</b>	12 Male Novice Kumite	<b>S398</b>	18-34 Female Beginner Kumite	<b>S417</b>	45+ Female Int/Adv Kumite				
<b>S313</b>	7 Female Advanced Kumite	<b>S356</b>	12 Male Intermediate Kumite	<b>S399</b>	18-34 Female Novice Kumite	<b>S418</b>	45+ Male Beg/Nov Kumite				
<b>S314</b>	7 Male Beginner Kumite	<b>S357</b>	12 Male Advanced Kumite	<b>S400</b>	18-34 Female Intermediate Kumite	<b>S419</b>	45+ Male Int/Adv Kumite				
<b>S315</b>	7 Male Novice Kumite	<b>S358</b>	13 Female Beginner Kumite	<b>S401</b>	18-34 Male Beginner Kumite	<b>S420</b>	55+ Female Beg/Nov Kumite				
<b>S316</b>	7 Male Intermediate Kumite	<b>S359</b>	13 Female Novice Kumite	<b>S402</b>	18-34 Male Novice Kumite	<b>S421</b>	55+ Female Int/Adv Kumite				
<b>S317</b>	7 Male Advanced Kumite	<b>S360</b>	13 Female Intermediate Kumite	<b>S403</b>	18-34 Male Intermediate Kumite	<b>S422</b>	55+ Male Beg/Nov Kumite				
<b>S318</b>	8 Female Beginner Kumite	<b>S361</b>	13 Female Advanced Kumite	<b>S404</b>	18-34 Female Adv Kumite* -65Kg	<b>S423</b>	55+ Male Int/Adv Kumite				
<b>S319</b>	8 Female Novice Kumite	<b>S362</b>	13 Male Beginner Kumite								
<b>S320</b>	8 Female Intermediate Kumite	<b>S363</b>	13 Male Novice Kumite	*Competitors in these divisions may not compete in Sr Elite/Team Trial Kumite							
<b>S321</b>	8 Female Advanced Kumite	<b>S364</b>	13 Male Intermediate Kumite								
<b>S322</b>	8 Male Beginner Kumite	<b>S365</b>	13 Male Advanced Kumite								
<b>S323</b>	8 Male Novice Kumite	<b>S366</b>	14 Female Beginner Kumite								
<b>S324</b>	8 Male Intermediate Kumite	<b>S367</b>	14 Female Novice Kumite	** These division are open to both US Citizens & Non-US Citizens. Advance competitors may also compete in the open weight division							
<b>S325</b>	8 Male Advanced Kumite	<b>S368</b>	14 Female Intermediate Kumite								
<b>S326</b>	9 Female Beginner Kumite	<b>S369</b>	14 Female Advanced Kumite					<b>OS610</b>	18-34 Male Open Kumite**	<b>OS611</b>	18-34 Female Open Kumite**
<b>S327</b>	9 Female Novice Kumite	<b>S370</b>	14 Male Beginner Kumite								
<b>S328</b>	9 Female Intermediate Kumite	<b>S371</b>	14 Male Novice Kumite								
<b>S329</b>	9 Female Advanced Kumite	<b>S372</b>	14 Male Intermediate Kumite								
<b>S330</b>	9 Male Beginner Kumite	<b>S373</b>	14 Male Advanced Kumite								
<b>S331</b>	9 Male Novice Kumite	<b>S374</b>	15 Female Beginner Kumite								
<b>S332</b>	9 Male Intermediate Kumite	<b>S375</b>	15 Female Novice Kumite								
<b>S333</b>	9 Male Advanced Kumite	<b>S376</b>	15 Female Intermediate Kumite								
<b>S334</b>	10 Female Beginner Kumite	<b>S377</b>	15 Female Advanced Kumite								
<b>S335</b>	10 Female Novice Kumite	<b>S378</b>	15 Male Beginner Kumite								
<b>S336</b>	10 Female Intermediate Kumite	<b>S379</b>	15 Male Novice Kumite								
<b>S337</b>	10 Female Advanced Kumite	<b>S380</b>	15 Male Intermediate Kumite								
<b>S338</b>	10 Male Beginner Kumite	<b>S381</b>	15 Male Advanced Kumite								
<b>S339</b>	10 Male Novice Kumite	<b>S382</b>	16 Female Beginner Kumite								
<b>S340</b>	10 Male Intermediate Kumite	<b>S383</b>	16 Female Novice Kumite								
<b>S341</b>	10 Male Advanced Kumite	<b>S384</b>	16 Female Intermediate Kumite								
<b>S342</b>	11 Female Beginner Kumite	<b>S385</b>	16 Female Advanced Kumite								

Beginner:10th kyu-8th kyu/1 year of training Novice:7th kyu-5th kyu/1-2 years of training Intermediate: 4th kyu-2nd kyu/2-4 years of training Advanced:1st kyu & higher/4+ years of training  
Elite:Recommended minimum rank of 1st dan & 5+ years of training



**USA National Karate-Do Federation  
National Championship and Team Trials  
Division Lists**

**Kobudo**

An athlete may compete in ONE of the following divisions

**Long Weapons**

WB300	9 & Under Female Beg/Nov Bo	WB313	12-13 Male Beg/Nov Bo	WB325	16-17 Male Beg/Nov Bo
WB301	9 & Under Female Int/Adv Bo	WB314	12-13 Male Int Bo	WB326	16-17 Male Int Bo
WB302	9 & Under Male Beg/Nov Bo	WB315	12-13 Male Adv Bo	WB327	16-17 Male Adv Bo
WB303	9 & Under Male Int/Adv Bo	WB316	14-15 Female Beg/Nov Bo	WB328	18-34 Female Beg/Nov Bo
WB304	10-11 Female Beg/Nov Bo	WB317	14-15 Female Int Bo	WB329	18-34 Female Int Bo
WB305	10-11 Female Int Bo	WB318	14-15 Female Adv Bo	WB330	18-34 Female Adv Bo
WB306	10-11 Female Adv Bo	WB319	14-15 Male Beg/Nov Bo	WB331	18-34 Male Beg/Nov Bo
WB307	10-11 Male Beg/Nov Bo	WB320	14-15 Male Int Bo	WB332	18-34 Male Int Bo
WB308	10-11 Male Int Bo	WB321	14-15 Male Adv Bo	WB333	18-34 Male Adv Bo
WB309	10-11 Male Adv Bo	WB322	16-17 Female Beg/Nov Bo	WB334	35+ Female Bo
WB310	12-13 Female Beg/Nov Bo	WB323	16-17 Female Int Bo	WB335	35+ Male Bo
WB311	12-13 Female Int Bo	WB324	16-17 Female Adv Bo		
WB312	12-13 Female Adv Bo				

**Short Weapons**

**(Sai, Tonfa, Kama & Nunchaku)**

WS300	9 & Under Female Beg/Nov	WS313	12-13 Male Beg/Nov	WS325	16-17 Male Beg/Nov
WS301	9 & Under Female Int/Adv	WS314	12-13 Male Int	WS326	16-17 Male Int
WS302	9 & Under Male Beg/Nov	WS315	12-13 Male Adv	WS327	16-17 Male Adv
WS303	9 & Under Male Int/Adv	WS316	14-15 Female Beg/Nov	WS328	18-34 Female Beg/Nov
WS304	10-11 Female Beg/Nov	WS317	14-15 Female Int	WS329	18-34 Female Int
WS305	10-11 Female Int	WS318	14-15 Female Adv	WS330	18-34 Female Adv
WS306	10-11 Female Adv	WS319	14-15 Male Beg/Nov	WS331	18-34 Male Beg/Nov
WS307	10-11 Male Beg/Nov	WS320	14-15 Male Int	WS332	18-34 Male Int
WS308	10-11 Male Int	WS321	14-15 Male Adv	WS333	18-34 Male Adv
WS309	10-11 Male Adv	WS322	16-17 Female Beg/Nov	WS334	35+ Female
WS310	12-13 Female Beg/Nov	WS323	16-17 Female Int	WS335	35+ Male
WS311	12-13 Female Int	WS324	16-17 Female Adv		
WS312	12-13 Female Adv				

**Iaido/Sword**

IS300	Iaido/Sword Nov Division 17 & Under	IS303	Iaido/Sword Beg Division 17 & Under
IS301	Iaido/Sword Int Division 17 & Under	IS304	Iaido/Sword 18+ Beg/Nov Division
IS302	Iaido/Sword Adv Division 17 & Under	IS305	Iaido/Sword 18+ Int Division
		IS306	Iaido/Sword 18+ Adv Division

Beginner:10th kyu-8th kyu/1 year of training Novice:7th kyu-5th kyu/1-2 years of training Intermediate: 4th kyu-2nd kyu/2-4 years of training  
Advanced:1st kyu & higher/4+ years of training Elite:Recommended minimum rank of 1st dan & 5+ years of training



**USA National Karate-Do Federation  
National Championship and Team Trials  
Division Lists**

**Senior Elite Division**

You must be a U.S. Citizen to Compete in these Divisions  
READ These instructions carefully before registering

Elite Divisions are for those competitors that are attempting to become members of the US Senior or Junior National Teams. To enter any of these divisions the competitor **MUST** be a U.S. Citizen at the time the registration is submitted. Competitors that medal in these divisions are eligible to become a member of the National Team Pool in accordance with the USA-NKF team guidelines. Any person competing in an Elite Division must compete as Advanced or higher in ALL other divisions in which they compete.

**Be prepared to show proof of citizenship even if you have already submitted it!**

<b>Sr. ELITE KATA</b>			
EK600	16-34 Male Elite Kata		EK601 13-34 Female Elite Kata
<b>Blind Visually Impaired Divisions</b>			<b>Wheelchair Divisions</b>
EPK400	16+ Female Elite Para-Kata		EPK402 16+ Female Elite Para-Kata
EPK401	16+ Male Elite Para-Kata		EPK403 16+ Male Elite Para-Kata
<b>Intellectually Impaired Divisions with Downs Syndrome</b>			<b>Intellectually Impaired Divisions without Downs Syndrome</b>
EPK404	16+ Female Elite Para-Kata		EPK406 16+ Female Elite Para-Kata
EPK405	16+ Male Elite Para-Kata		EPK407 16+ Male Elite Para-Kata

<b>ELITE TEAM KATA</b>			
<b>Competitors in these categories must be prepared to demonstrate Bunkai in appropriate rounds as prescribed by WKF/NKF Rules of Competition</b>			
ETK600	16-34 Male Elite Team Kata		ETK601 1-34 Female Elite Team Kata

<b>Sr. ELITE KILO KUMITE</b>			
ES600	18-34 Male Elite Kumite -60 Kg		ES605 18-34 Female Elite Kumite -50 Kg
ES601	18-34 Male Elite Kumite -67 Kg		ES606 18-34 Female Elite Kumite -55 Kg
ES602	18-34 Male Elite Kumite -75 Kg		ES607 18-34 Female Elite Kumite -61Kg
ES603	18-34 Male Elite Kumite -84 Kg		ES608 18-34 Female Elite Kumite -68Kg
ES604	18-34 Male Elite Kumite +84 Kg		ES609 18-34 Female Elite Kumite +68Kg
OS610	18-34 Male Open Kumite*		OS611 18-34 Female Open Kumite*

\* Open Kumite is open to both U.S. Citizens and Non U.S. Citizens. Advance and Elite competitors ages 18-34 may compete in the Open Kumite

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Beginner:10th kyu-8th kyu/1 year of training Novice:7th kyu-5th kyu/1-2 years of training Intermediate: 4th kyu-2nd kyu/2-4 years of training Advanced:1st kyu & higher/4+ years of training Elite:Recommended minimum rank of 1st dan & 5+ years of training



**USA National Karate-Do Federation  
National Championship and Team Trials  
Division Lists**

**STYLE SPECIFIC KATA**

A competitor may compete in ONE of the following divisions

<b>Shito-Ryu Kata</b>			<b>Goju-Ryu Kata</b>			
SK300	16-34 Female Adv Shito-Ryu Kata		SK304	16-34 Female Adv Goju-Ryu Kata		
SK301	16-34 Male Adv Shito-Ryu Kata		SK305	16-34 Male Adv Goju-Ryu Kata		
<b>Shotokan Kata</b>			<b>Wado-Ryu Kata</b>			
SK302	16-34 Female Adv Shotokan Kata		SK306	16-34 Female Adv Wado-Ryu Kata		
SK303	16-34 Male Adv Shotokan Kata		SK307	16-34 Male Adv Wado-Ryu Kata		
<b>PARA KATA</b>						
<b>Blind Visually Impaired Divisions</b>			<b>Wheelchair Divisions</b>		<b>Intellectually Impaired Divisions with Downs</b>	
PK300	17 & Under Female Beg/Nov Para-Kata	PK312	17 & Under Female Beg/Nov Para-Kata	PK324	17 & Under Female Beg/Nov Para-Kata	
PK301	17 & Under Female Int/Adv Para-Kata	PK313	17 & Under Female Int/Adv Para-Kata	PK325	17 & Under Female Int/Adv Para-Kata	
PK302	17 & Under Male Beg/Nov Para-Kata	PK314	17 & Under Male Beg/Nov Para-Kata	PK326	17 & Under Male Beg/Nov Para-Kata	
PK303	17 & Under Male Int/Adv Para-Kata	PK315	17 & Under Male Int/Adv Para-Kata	PK327	17 & Under Male Int/Adv Para-Kata	
PK304	18+ Female Beg/Nov Para-Kata	PK316	18+ Female Beg/Nov Para-Kata	PK328	18+ Female Beg/Nov Para-Kata	
PK305	18+ Female Int/Adv Para-Kata	PK317	18+ Female Int/Adv Para-Kata	PK329	18+ Female Int/Adv Para-Kata	
PK306	18+ Male Beg/Nov Para-Kata	PK318	18+ Male Beg/Nov Para-Kata	PK330	18+ Male Beg/Nov Para-Kata	
PK307	18+ Male Int/Adv Para-Kata	PK319	18+ Male Int/Adv Para-Kata	PK331	18+ Male Int/Adv Para-Kata	
PK308	17 & Under Beg/Nov Para Weapons	PK320	17 & Under Beg/Nov Para Weapons	PK332	17 & Under Beg/Nov Para Weapons	
PK309	17 & Under Int/Adv Para Weapons	PK321	17 & Under Int/Adv Para Weapons	PK333	17 & Under Int/Adv Para Weapons	
PK310	18 + Beg/Nov Para Weapons	PK322	18 + Beg/Nov Para Weapons	PK334	18 + Beg/Nov Para Weapons	
PK311	18 + Int/Adv Para Weapons	PK323	18 + Int/Adv Para Weapons	PK335	18 + Int/Adv Para Weapons	
<b>Intellectually Impaired Divisions without Downs Syndrome</b>		<b>Physical Disability (non wheelchair bound) without Intellectual Disability Divisions</b>		<b>Intellectually Impaired Divisions with Autism</b>		
PK336	17 & Under Female Beg/Nov Para-Kata	PK348	17 & Under Female Beg/Nov Para-Kata	PK360	17 & Under Female Beg/Nov Para-Kata	
PK337	17 & Under Female Int/Adv Para-Kata	PK349	17 & Under Female Int/Adv Para-Kata	PK361	17 & Under Female Int/Adv Para-Kata	
PK338	17 & Under Male Beg/Nov Para-Kata	PK350	17 & Under Male Beg/Nov Para-Kata	PK362	17 & Under Male Beg/Nov Para-Kata	
PK339	17 & Under Male Int/Adv Para-Kata	PK351	17 & Under Male Int/Adv Para-Kata	PK363	17 & Under Male Int/Adv Para-Kata	
PK340	18+ Female Beg/Nov Para-Kata	PK352	18+ Female Beg/Nov Para-Kata	PK364	18+ Female Beg/Nov Para-Kata	
PK341	18+ Female Int/Adv Para-Kata	PK353	18+ Female Int/Adv Para-Kata	PK365	18+ Female Int/Adv Para-Kata	
PK342	18+ Male Beg/Nov Para-Kata	PK354	18+ Male Beg/Nov Para-Kata	PK366	18+ Male Beg/Nov Para-Kata	
PK343	18+ Male Int/Adv Para-Kata	PK355	18+ Male Int/Adv Para-Kata	PK367	18+ Male Int/Adv Para-Kata	
PK344	17 & Under Beg/Nov Para Weapons	PK356	17 & Under Beg/Nov Para Weapons	PK368	17 & Under Beg/Nov Para Weapons	
PK345	17 & Under Int/Adv Para Weapons	PK357	17 & Under Int/Adv Para Weapons	PK369	17 & Under Int/Adv Para Weapons	
PK346	18 + Beg/Nov Para Weapons	PK358	18 + Beg/Nov Para Weapons	PK370	18 + Beg/Nov Para Weapons	
PK347	18 + Int/Adv Para Weapons	PK359	18 + Int/Adv Para Weapons	PK371	18 + Int/Adv Para Weapons	

Beginner:10th kyu-8th kyu/1 year of training Novice:7th kyu-5th kyu/1-2 years of training Intermediate: 4th kyu-2nd kyu/2-4 years of training Advanced:1st kyu & higher/4+ years of training

Elite:Recommended minimum rank of 1st dan & 5+ years of training



**USA National Karate-Do Federation  
National Championship and Team Trials  
Division Lists**

**TEAM KUMITE**

A competitor may compete in one kata and one kumite division  
3 Athletes per team with 1 alternate

TS300	7 & Under Beg/Nov Female Team Kumite	TS311	10-11 Int/Adv Male Team Kumite	TS322	16-17 Beg/Nov Male Team Kumite
TS301	7 & Under Int/Adv Female Team Kumite	TS312	12-13 Beg/Nov Female Team Kumite	TS323	16-17 Int/Adv Male Team Kumite
TS302	7 & Under Beg/Nov Male Team Kumite	TS313	12-13 Int/Adv Female Team Kumite	TS324	18-34 Beg/Nov Female Team Kumite
TS303	7 & Under Int/Adv Male Team Kumite	TS314	12-13 Beg/Nov Male Team Kumite	TS325	18-34 Int/Adv Female Team Kumite
TS304	8-9 Beg/Nov Female Team Kumite	TS315	12-13 Int/Adv Male Team Kumite	TS326	18-34 Beg/Nov Male Team Kumite
TS305	8-9 Int/Adv Female Team Kumite	TS316	14-15 Beg/Nov Female Team Kumite	TS327	18-34 Int/Adv Male Team Kumite
TS306	8-9 Beg/Nov Male Team Kumite	TS317	14-15 Int/Adv Female Team Kumite	TS328	35+ Beg/Nov Female Team Kumite
TS307	8-9 Int/Adv Male Team Kumite	TS318	14-15 Beg/Nov Male Team Kumite	TS329	35+ Int/Adv Female Team Kumite
TS308	10-11 Beg/Nov Female Team Kumite	TS319	14-15 Int/Adv Male Team Kumite	TS330	35+ Beg/Nov Male Team Kumite
TS309	10-11 Int/Adv Female Team Kumite	TS320	16-17 Beg/Nov Female Team Kumite	TS331	35+ Int/Adv Male Team Kumite
TS310	10-11 Beg/Nov Male Team Kumite	TS321	16-17 Int/Adv Female Team Kumite		

**TEAM KATA**

These categories are not for National Team Selection. Please see the Elite Division listing if you are interested in participating in Team Kata on the Senior or Junior National Teams.

Female Divisions		Male Divisions		Mixed Gender Divisions	
TK300	9 & Under Beg/Nov Female Team Kata	TK310	9 & Under Beg/Nov Male Team Kata	TK320	9 & Under Beg/Nov Mixed Team Kata*
TK301	9 & Under Int/Adv Female Team Kata	TK311	9 & Under Int/Adv Male Team Kata	TK321	9 & Under Int/Adv Mixed Team Kata*
TK302	10-13 Beg/Nov Female Team Kata	TK312	10-13 Beg/Nov Male Team Kata	TK322	10-13 Beg/Nov Mixed Team Kata*
TK303	10-13 Int/Adv Female Team Kata	TK313	10-13 Int/Adv Male Team Kata	TK323	10-13 Int/Adv Mixed Team Kata*
TK304	14-17 Beg/Nov Female Team Kata	TK314	14-17 Beg/Nov Male Team Kata	TK324	14-17 Beg/Nov Mixed Team Kata*
TK305	14-17 Int/Adv Female Team Kata	TK315	14-17 Int/Adv Male Team Kata	TK325	14-17 Int/Adv Mixed Team Kata*
TK306	18-34 Beg/Nov Female Team Kata	TK316	18-34 Beg/Nov Male Team Kata	TK326	18-34 Beg/Nov Mixed Team Kata*
TK307	18-34 Int/Adv Female Team Kata	TK317	18-34 Int/Adv Male Team Kata	TK327	18-34 Int/Adv Mixed Team Kata*
TK308	35+ Beg/Nov Female Team Kata	TK318	35+ Beg/Nov Male Team Kata	TK328	35+ Beg/Nov Mixed Team Kata*
TK309	35+ Int/Adv Female Team Kata	TK319	35+ Int/Adv Male Team Kata	TK329	35+ Int/Adv Mixed Team Kata*
	<b>Family Divisions</b>	** These divisions are for team kata whose members are of the same immediate family. There are no gender or age restrictions.		*These divisions are for team kata of mixed gender. Teams may be comprised of two males and one female or one male and two females. All competitors must meet the age requirement.	
TK330	Beg/Nov Family Team Kata**				
TK331	Int/Adv Family Team Kata**				

Beginner:10th kyu-8th kyu/1 year of training Novice:7th kyu-5th kyu/1-2 years of training Intermediate: 4th kyu-2nd kyu/2-4 years of training  
Advanced:1st kyu & higher/4+ years of training Elite:Recommended minimum rank of 1st dan & 5+ years of training





**USA National Karate-Do Federation  
National Championship and Team Trials  
Division Lists**

## Junior Elite (NATIONAL TEAM TRIAL) DIVISIONS

You Must be a U.S. citizen to enter any of these divisions

Elite Divisions are for those competitors that are attempting to become members of the US Senior or Junior National Teams. To enter any of these divisions the competitor MUST be a U.S. Citizen at the time the registration is submitted. Competitors that medal in these divisions are eligible to become a member of the National Team Pool in accordance with the USA-NKF team guidelines. Any person competing in an Elite Division must compete as Advanced or higher in ALL other divisions in which they compete.

<b>JR CADET, CADET, JUNIOR &amp; UNDER 21 ELITE KUMITE</b>					
ES500	12-13 Male Elite Kumite -40 Kg	ES514	14-15 Female Elite Kumite -47 Kg	ES528	18-20 Male Elite Kumite -60 Kg
ES501	12-13 Male Elite Kumite -45 Kg	ES515	14-15 Female Elite Kumite -54 Kg	ES529	18-20 Male Elite Kumite -67 Kg
ES502	12-13 Male Elite Kumite -50 Kg	ES516	14-15 Female Elite Kumite -61 Kg	ES530	18-20 Male Elite Kumite -75 Kg
ES503	12-13 Male Elite Kumite -55 Kg	ES517	14-15 Female Elite Kumite +61 Kg	ES531	18-20 Male Elite Kumite -84 Kg
ES504	12-13 Male Elite Kumite +55 Kg			ES532	18-20 Male Elite Kumite +84 Kg
		ES518	16-17 Male Elite Kumite -55 Kg		
ES505	12-13 Female Elite Kumite -42 Kg	ES519	16-17 Male Elite Kumite -61 Kg	ES533	18-20 Female Elite Kumite -50 Kg
ES506	12-13 Female Elite Kumite -47 Kg	ES520	16-17 Male Elite Kumite -68 Kg	ES534	18-20 Female Elite Kumite -55 Kg
ES507	12-13 Female Elite Kumite -52 Kg	ES521	16-17 Male Elite Kumite -76 Kg	ES535	18-20 Female Elite Kumite -61 Kg
ES508	12-13 Female Elite Kumite +52Kg	ES522	16-17 Male Elite Kumite +76 Kg	ES536	18-20 Female Elite Kumite -68 Kg
				ES537	18-20 Female Elite Kumite +68 Kg
ES509	14-15 Male Elite Kumite -52 Kg	ES523	16-17 Female Elite Kumite -48 Kg		
ES510	14-15 Male Elite Kumite -57 Kg	ES524	16-17 Female Elite Kumite -53 Kg		
ES511	14-15 Male Elite Kumite -63 Kg	ES525	16-17 Female Elite Kumite -59 Kg		
ES512	14-15 Male Elite Kumite -70 Kg	ES526	16-17 Female Elite Kumite -66 Kg		
ES513	14-15 Male Elite Kumite +70 Kg	ES527	16-17 Female Elite Kumite +66 Kg		
<b>JR CADET, CADET, JUNIOR &amp; UNDER 21 ELITE KATA</b>					
EK500	12-13 Male Elite Kata	EK504	16-17 Male Elite Kata	EK506	18-20 Male Elite Kata
EK501	12-13 Female Elite Kata	EK505	16-17 Female Elite Kata	EK507	18-20 Female Elite Kata
EK502	14-15 Male Elite Kata				
EK503	14-15 Female Elite Kata				

<b>ELITE TEAM KATA</b>					
Medaling in these categories does NOT guarantee participation at any international event. Final Decisions regarding Team Kata participation will be made by the USA Karate National Team Committee.					
Competitors in these categories must be prepared to demonstrate Bunkai in appropriate rounds as prescribed by WKF/USANKF Rules of Competition.					
ETK500	14-17 Male Elite Team Kata			ETK502	18-20 Male Elite Team Kata
ETK501	14-17 Female Elite Team Kata			ETK503	18-20 Female Elite Team Kata
<b>U12 Junior PKF Divisions</b>					
PKF100	10-11 Female Kata	PKF105	10-11 Male Kata		
PKF101	10-11 Female -37kg Kumite	PKF106	10-11 Male -35kg Kumite		
PKF102	10-11 Female -42kg Kumite	PKF107	10-11 Male -40kg Kumite		
PKF103	10-11 Female -47kg Kumite	PKF108	10-11 Male -45kg Kumite		
PKF104	10-11 Female +47kg Kumite	PKF109	10-11 Male +45kg Kumite		

Beginner:10th kyu-8th kyu/1 year of training Novice:7th kyu-5th kyu/1-2 years of training Intermediate: 4th kyu-2nd kyu/2-4 years of training Advanced:1st kyu & higher/4+ years of training Elite:Recommended minimum rank of 1st dan & 5+ years of training