

2026 Virus Weightlifting Series 1

Date	Session	Platform	Weigh-In	Start	Gender	Weight Category	Entry Total	# of Lifters
Thu Mar 5	1	RED	7:00 AM	9:00 AM	F	53 D	45 - 80	12
		WHITE	7:00 AM	9:00 AM	F	48 B	48 - 92	11
		BLUE	7:00 AM	9:00 AM	M	32-48 C	40 - 57	11
		STARS	7:00 AM	9:00 AM	M	56-60 C	56 - 113	11
		STRIPES	7:00 AM	9:00 AM	M	65 C	90 - 160	10
	2	RED	9:00 AM	11:00 AM	F	53 C	85 - 102	11
		WHITE	9:00 AM	11:00 AM	F	30-36 A	30 - 58	10
		BLUE	9:00 AM	11:00 AM	M	32-52 B	57 - 67	10
		STARS	9:00 AM	11:00 AM	M	56-60 B	113 - 165	11
		STRIPES	9:00 AM	11:00 AM	M	65 B	162 - 190	10
	3	RED	11:00 AM	1:00 PM	F	53 B	104 - 124	10
		WHITE	11:00 AM	1:00 PM	M	36-52 A	72 - 158	10
		BLUE	11:00 AM	1:00 PM	F	63 J	50 - 102	11
		STARS	11:00 AM	1:00 PM	F	48 A	98 - 140	9
		STRIPES	11:00 AM	1:00 PM	F	40-44 A	45 - 84	11
	4	RED	1:00 PM	3:00 PM	M	79 I	78 - 166	12
		WHITE	1:00 PM	3:00 PM	F	58 I	50 - 90	10
		BLUE	1:00 PM	3:00 PM	F	63 I	105 - 111	11
		STARS	1:00 PM	3:00 PM	M	56-60 A	165 - 233	11
		STRIPES	1:00 PM	3:00 PM	M	71-65+D	88 - 170	13
	5	RED	3:00 PM	5:00 PM	M	79 H	170 - 190	12
		WHITE	3:00 PM	5:00 PM	F	58 H	90 - 100	11
		BLUE	3:00 PM	5:00 PM	F	63 H	111 - 118	11
		STARS	3:00 PM	5:00 PM	F	53 A	125 - 175	9
		STRIPES	3:00 PM	5:00 PM	M	71 C	173 - 200	13
	6	RED	5:00 PM	7:00 PM	M	79 G	190 - 200	12
		WHITE	5:00 PM	7:00 PM	F	58 G	100 - 110	11
		BLUE	5:00 PM	7:00 PM	F	63 G	119 - 130	10
		STARS	5:00 PM	7:00 PM	M	65 A	193 - 240	9
		STRIPES	5:00 PM	7:00 PM	M	71 B	200 - 221	13
7	RED	7:00 AM	9:00 AM	F	58 F	110 - 119	10	
	WHITE	7:00 AM	9:00 AM	F	63 F	130 - 135	10	
	BLUE	7:00 AM	9:00 AM	F	69-63+L	62 - 90	12	
	STARS	7:00 AM	9:00 AM	M	79 F	201 - 210	12	
	STRIPES	7:00 AM	9:00 AM	M	88-79+L	105 - 160	12	
8	RED	9:00 AM	11:00 AM	F	58 E	120 - 125	12	
	WHITE	9:00 AM	11:00 AM	F	63 E	135 - 140	9	
	BLUE	9:00 AM	11:00 AM	F	69-63+K	95 - 102	12	
	STARS	9:00 AM	11:00 AM	M	79 E	210 - 220	12	
	STRIPES	9:00 AM	11:00 AM	M	88-79+K	166 - 186	12	
9	ROGUE	10:30 AM	12:30 PM	M	71-110+ROGUE	300 - 390	10	
	RED	11:00 AM	1:00 PM	F	58 D	125 - 135	11	
	WHITE	11:00 AM	1:00 PM	F	63 D	142 - 150	10	
	BLUE	11:00 AM	1:00 PM	M	71 A	225 - 270	13	

Fri
Mar 6

		STARS	11:00 AM	1:00 PM	M	79 D	220 - 235	12
		STRIPES	11:00 AM	1:00 PM	M	88 J	190 - 200	12
		ROGUE	12:50 PM	2:50 PM	F	53-86+ ROGUE	177 - 250	12
		RED	1:00 PM	3:00 PM	F	58 C	140 - 150	11
		WHITE	1:00 PM	3:00 PM	F	63 C	150 - 162	9
	10	BLUE	1:00 PM	3:00 PM	F	69 J	105 - 114	12
		STARS	1:00 PM	3:00 PM	M	79 C	235 - 245	12
		STRIPES	1:00 PM	3:00 PM	M	88 I	200 - 205	12
		RED	3:00 PM	5:00 PM	F	58 B	150 - 160	11
		WHITE	3:00 PM	5:00 PM	F	63 B	166 - 180	10
	11	BLUE	3:00 PM	5:00 PM	F	69 I	114 - 125	12
		STARS	3:00 PM	5:00 PM	M	79 B	247 - 260	11
		STRIPES	3:00 PM	5:00 PM	M	88 H	205 - 209	12
		RED	5:00 PM	7:00 PM	F	58 A	160 - 182	10
		WHITE	5:00 PM	7:00 PM	F	63 A	180 - 211	9
	12	BLUE	5:00 PM	7:00 PM	F	69 H	126 - 135	12
		STARS	5:00 PM	7:00 PM	M	79 A	260 - 300	11
		STRIPES	5:00 PM	7:00 PM	M	88-79+ G	210 - 215	12
		RED	6:00 AM	8:00 AM	F	69 G	138 - 143	12
		WHITE	6:00 AM	8:00 AM	M	88 F	215 - 220	12
		BLUE	6:00 AM	8:00 AM	F	77-69+ L	65 - 100	12
	13	STARS	6:00 AM	8:00 AM	M	94 I	90 - 195	11
		STRIPES	6:00 AM	8:00 AM	M	110-94+J	135 - 190	12
		ROGUE	8:00 AM	10:00 AM	F	58-86+ ROGUE	52 - 220	10
		RED	8:00 AM	10:00 AM	F	69 F	144 - 148	11
		WHITE	8:00 AM	10:00 AM	M	88 E	224 - 235	10
	14	BLUE	8:00 AM	10:00 AM	F	77-69+K	103 - 113	13
		STARS	8:00 AM	10:00 AM	M	94 H	200 - 210	11
		STRIPES	8:00 AM	10:00 AM	M	110-94+I	195 - 210	12
		RED	10:00 AM	12:00 PM	F	69 E	150 - 155	12
		WHITE	10:00 AM	12:00 PM	M	88 D	235 - 244	11
	15	BLUE	10:00 AM	12:00 PM	F	77 J	113 - 122	13
		STARS	10:00 AM	12:00 PM	M	94 G	211 - 220	11
		STRIPES	10:00 AM	12:00 PM	M	110-94+H	210 - 230	12
		RED	12:00 PM	2:00 PM	F	69 D	155 - 165	11
		WHITE	12:00 PM	2:00 PM	M	88 C	245 - 260	11
	16	BLUE	12:00 PM	2:00 PM	F	77 I	123 - 128	13
		STARS	12:00 PM	2:00 PM	M	94 F	220 - 225	11
		STRIPES	12:00 PM	2:00 PM	M	110 G	230 - 240	12
		RED	2:00 PM	4:00 PM	F	69 C	167 - 180	11
		WHITE	2:00 PM	4:00 PM	M	88 B	260 - 280	11
	17	BLUE	2:00 PM	4:00 PM	F	77 H	128 - 132	12
		STARS	2:00 PM	4:00 PM	M	94 E	225 - 230	10
		STRIPES	2:00 PM	4:00 PM	F	86-77+ F	93 - 115	12
		RED	4:00 PM	6:00 PM	F	69 B	182 - 190	11
		WHITE	4:00 PM	6:00 PM	M	88 A	280 - 320	10
	18	BLUE	4:00 PM	6:00 PM	F	77 G	132 - 135	11
		STARS	4:00 PM	6:00 PM	M	94 D	230 - 245	11

Sat
Mar 7

Sun Mar 8	19	STRIPES	4:00 PM	6:00 PM	M	110 F	240 - 245	12
		RED	6:00 PM	8:00 PM	F	69 A	193 - 216	11
		WHITE	6:00 PM	8:00 PM	F	86-77+ E	115 - 130	12
		BLUE	6:00 PM	8:00 PM	F	77 F	136 - 140	12
		STRIPES	6:00 PM	8:00 PM	M	110 E	250 - 255	11
	20	RED	6:00 AM	8:00 AM	M	110 D	255 - 270	11
		WHITE	6:00 AM	8:00 AM	F	86+E	90 - 130	12
		BLUE	6:00 AM	8:00 AM	F	86 D	130 - 138	12
		STARS	6:00 AM	8:00 AM	F	77 E	140 - 152	12
		STRIPES	6:00 AM	8:00 AM	M	94 C	245 - 263	11
	21	RED	8:00 AM	10:00 AM	F	86-77+C	140 - 159	12
		WHITE	8:00 AM	10:00 AM	F	86+D	132 - 150	12
		BLUE	8:00 AM	10:00 AM	M	110+D	125 - 220	12
		STARS	8:00 AM	10:00 AM	F	77 D	152 - 160	12
		STRIPES	8:00 AM	10:00 AM	M	94 B	265 - 280	10
	22	RED	10:00 AM	12:00 PM	M	110-94+C	270 - 275	11
		WHITE	10:00 AM	12:00 PM	F	86+C	150 - 169	11
		BLUE	10:00 AM	12:00 PM	M	110+C	220 - 245	12
		STARS	10:00 AM	12:00 PM	F	77 C	160 - 165	13
		STRIPES	10:00 AM	12:00 PM	M	94 A	280 - 340	10
	23	RED	12:00 PM	2:00 PM	M	110 B	280 - 285	11
		WHITE	12:00 PM	2:00 PM	F	86+B	170 - 190	11
		BLUE	12:00 PM	2:00 PM	M	110+B	250 - 280	12
		STARS	12:00 PM	2:00 PM	F	77 B	165 - 180	12
STRIPES		12:00 PM	2:00 PM	F	86-77+B	160 - 180	12	
24	RED	2:00 PM	4:00 PM	M	110 A	287 - 310	11	
	WHITE	2:00 PM	4:00 PM	F	86+A	190 - 219	11	
	BLUE	2:00 PM	4:00 PM	M	110+A	283 - 350	11	
	STARS	2:00 PM	4:00 PM	F	77 A	181 - 205	12	
	STRIPES	2:00 PM	4:00 PM	F	86-77+A	185 - 215	12	