



USAW Coach Advancement Diagram

Base requirements:

- Background Check
- SafeSport Training
- USADA Coaches Advantage
- Current Coach Certification (below the level being applied for)

Athlete Production Requirement

National Coach: 12 Points

Combination of:

- 1 x Athlete to National Championships or an IWF Calendar event = 6 points
- 1 x Athlete to Virus WL Finals (open division), National Jr. Championships, or Masters World Champion = 3 points
- 1 x Athlete to Virus WL Series or, National U25 Championships, or National Univ. Championships who meet the Virus WL Final (open/senior division) qualifying total = 3 points
- 1 x Athlete to National Youth Championships (16-17 age group only) = 2 points
- 1 x Athlete to National Youth Championships (under 16 age group)* or earning USAW Masters National Champion = 1 point
*Max of 2 per application, must attain the 16-17 age cat qualifying total.

International Coach: 4 Points

Combination of:

- 1 x Athlete to Olympic Games, IWF World Championships (Sr.), IWF World Cup, Youth Olympic Games or Pan American Games (Sr. or Jr.) = 4 points
- 1 x Athlete to IWF Junior World Championships or Pan American Championships (Sr.) = 2 points (1 point bonus for medal in total)
- 1 x Athlete to IWF Youth World Champs, Pan American Champs (Jr., Youth/U15) = 1 point (1 point bonus for medal in total)
- 1 x Athlete to IWF Grand Prix or other previously labeled Gold or Silver events = 1 point

Senior International Coach: 4 Points (In addition to International)

Combination of:

- 1 x Athlete to Olympic Games, IWF World Championships, IWF World Cup, Youth Olympic Games or Pan American Games (Sr. or Jr.) = 4 points
- 1 x Athlete IWF Junior World Championships or Pan American Championships (Sr.) = 2 points (1 point bonus for medal in total)
- 1 x Athletes to IWF Youth World Championships = 1 point (1 point bonus for medal in total)

Level 1
Coach

Level 2
Coach

National
Coach

International
Coach

Senior
International
Coach

An athlete can only be claimed once per advancement application. For clarity, the coach must produce different athletes. e.g. An athlete attending the Virus Weightlifting Finals AND National Junior Championships counts as 1 x athlete on the application. Athletes listed on an application must have the applicant coach listed as their primary coach in their membership accounts.