

ROUTINE PENALTIES
USAAS & WORLD AQUATICS (as of 1/1/26)
12 & UNDER/YOUTH/JUNIOR/SENIOR/JUNIOR OLYMPIC

EVENT _____ START # _____

SWIMMER/TEAM _____

1) ALL ROUTINES

2 POINT PENALTY

- a) Routine is interrupted by a competitor during the deck movements and a new start is allowed; deducted from *Routine score*
- b) The number of elements exceeds the predetermined maximum allowance; deducted from *Elements score*
- c) Exceeds Acrobatic Safety

8 POINT PENALTY – All deducted from Routine score

- a) Exceeding time limit of 20/30 seconds for the deck walk-on
- b) Exceeding time limit of ten (10) seconds for deck movements
- c) Deviation from the specified routine time limit allowed (+/- 5 seconds; JO no minimum)
- d) Competitor(s) has made deliberate use of the bottom of the pool during a routine to propel themselves or assist another competitor

2) TECHNICAL ROUTINES

2 POINT PENALTY – All deducted from Element score

- a) Team/Women Duet Technical Required Elements, Free Hybrid, and Transitions not performed simultaneous and/or facing same direction
- b) Mixed Duet Technical Required Elements not performed simultaneously and/or facing same direction
- c) In Team, more than one circle performed

8 POINT PENALTY – All deducted from Element score

- a) In Solo, additional one free hybrid not performed
- b) In Team/Women Duet, additional two hybrids and one acrobatic not performed
- c) In Mixed Duet, additional one free hybrid, required hybrid, two pair acrobatics, three "SuConn" not performed

3) FREE ROUTINES

8 POINT PENALTY – All deducted from Element score

- a) One skill from every family not performed

4) FREE COMBINATION

2 POINT PENALTY – All deducted from Element score

- a) In 12 & Under and Youth, at least two parts must have fewer than three and at least two parts must have all athletes.
- b) In 16-19, one solo hybrid, one duet hybrid, two team hybrids (minimum of four athletes), one ChoHY hybrid, one trio hybrid, not performed;

8 POINT PENALTY

- a) New part does not start in very close proximity to the previous part; deducted from *Routine score*
- b) One skill from every family not performed; deducted from *Element score*
- c) Theme not declared on Coach Card; deducted from *Routine score*

5) ACROBATIC ROUTINE

8 POINT PENALTY – All deducted from Element score

- a) One acrobatic movement from each acrobatic group not performed
- b) Theme not declared on Coach Card

6) DIQUALIFICATION

- a) One or more competitors stop swimming before the routine is completed.
- b) Failure to notify Scoring of scratches/changes

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