



HUNGARIAN NATIONAL OPEN CHAMPIONSHIPS

INVITATION



18-19 April 2026

**XXXIV. Hungarian Artistic Swimming Open Championships
for Age Group 10U, 12U and Juniors**



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FEDERATION



Dear Synchro Friends,

The Hungarian Artistic Swimming Federation kindly invite you to the XXXIV Hungarian Artistic Swimming National Open Championships for Age Group 10U 12U and, Junior.



- Competition Venue:** Duna Arena Népfürdő utca 36, Budapest, Hungary, 1138
- Competition pool:** 50m x 25m, depth: 3.0m
- Competition Date:** April 18-19, 2026
- Participants:** Clubs and/or national teams
- Events:** Solo, Duet, Mixed Duet, Team, Free Combination, Acrobatic Routine
- Sessions:** Technical Routines, Free Routines, Free Combination, Acrobatic Routine; Code swimming (U10; WA12)
- Age groups:** 10U, WA12 and Junior
- Rules to govern:** You can find all Rules and Appendices: [LINK](#)



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The World Aquatics Competition Regulations include old appendices. Please review carefully.

| Rules and Appendices | |
|--|---------------------------|
| Competition Rules with old appendices | Rules |
| HYBRID CATALOGUE | HYBRID |
| Pair Acrobatics Catalogue | Pair Acro |
| Team Acrobatics Catalogue | Team Acro |
| SYNCHRONISATION ERRORS | Synchro |

Referee: Vizi Judit

Age Groups

Beginner 10 and under

Code Swimming:

| 10U |
|---|
| OPTIONAL 3 |
| Eggbeater - Table Top Vertical Position - Turn 180 back and forth - Bent Knee Position (AB = 0,05) - Change leg - 1 leg Twist / Twirl (1RB = 0,15) - Single leg descent (A1b = 0,1) |
| OPTIONAL 4 |
| Eggbeater - Vertical Tuck Position - Rapid Knight Position (F1b = 0,1) - Vertical Tuck Position - Lift to Vertical Position (A1c = 0,1) - Vertical descent in VP (A2a = 0,15) - Full twist at the ankle |

Attached: Appendix – U10, WA 12 - Code swimming

Each competitor must perform two (2) variation of code swimming (optional 3, optional 4)

Routines:

Duet/Mixed Duet Routine of Defined Elements

Team Routine of Defined Elements



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| 10U Duet; Mixed Duet; Team | | | | Base Mark + DD |
|----------------------------|-----------------|--|--|----------------|
| TRE1 | FLEXIBILITY | F1a + AB + A1b | Rapid Split from Front Pike Position + Lift to any single leg from Tuck Position to Bent Knee + Bent Knee descent | 0,75 |
| TRE2 | AIRBORNE WEIGHT | AB and / or A1 and / or A2 and / or A3 | Maximum 4 declarations per AB - A1 - A2 - A3 with a limit of 2 per technique | 0,5 +DD |
| TRE3 | SPIN | SB + A1d + A2a | Bent Knee Spin Up 180 + Join To VP from Bent Knee + Vertical Descent | 0,90 |
| TRE4 | THRUST | TB | Thrust with one or two legs followed by crashing on the surface | 0,80 |
| TRE5 | TWIST | A1a + 1RB + A1b | Lift to any single leg position from Front Pike to Bent Knee Position + 1 leg Twist / Twirl 180 + Bent Knee Vertical Descent | 0,85 |

Special rules are included in the appendix.

12 and under

Code Swimming

| WA 12 |
|--|
| OPTIONAL 3 4 torpedo arm sculling - partial Somersault Back Tuck - Front Pike Position - Bent Knee Position (A1a =0,1) - Sustained height more than 3 seconds (A6 =1,15) - Vertical Tuck Position - Bent Knee Surface Arch Position - Bent Knee Surface Arch Position to Vertical Position (F5b =0,5) - Vertical descent in Vertical Position (A2a =0,15) |
| OPTIONAL 4 Eggbeater -Vertical Tuck Position - Fishtail Position (AB = 0.05) - Fishtail to Knight (trough VP) (F4f = 0,4) - Vertical Tuck Position - Lift to Vertical Position (A1c =0,1) - Vertical descent in Vertical Position at the ankle (A2a = 0,15)- Vertical ascent with 2 legs (A3b = 0,2) - Rapid Split from VP (F1a =0,1) -Split close 360 to Vertical Position (RC1 =0,55) - Spin 180 two legs (SB =0,15) |

Attached: Appendix - U10, WA 12 - Code swimming

Each competitor must perform two (2) variation of code swimming (optional 3, optional 4)

Routines:

Solo Women/Men

Duet/Mixed Duet

Open Team/ Free Combination



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Junior

Routines:

Technical Routines

- Solo Women/Men
- Duet / Mixed Duet
- Team

Free Routines

- Solo Women/Men
- Duet/Mixed Duet
- Team/Acrobatic Routine

Please note:

We will not apply the European Aquatics Apnoea Rules.

Time Limits for Routines

| | Solo (Women, Men) | | Duet/Mixed Duet | | Team | | Acrobatic Routine | Free Combination |
|-----------------|----------------------|------|--------------------|--------|-------|--------|----------------------|---------------------|
| | Tech | Free | Tech. | Free/D | Tech. | Free/D | | |
| 10U* | | | | 1:45 | | 2:00 | | |
| 12U** | | 2:00 | | 2:30 | | 3:00 | | 3:00 |
| Junior** | 2:00 | 2:15 | 2:20 | 2:45 | 2:50 | 3:30 | 3:00 | |

*Routine of Defined Elements. There shall be no minimum time limit

**There shall be an allowance of five (5) seconds less or plus the allotted time for all routines.

Calculation of the result:

- Age Group 10: Code swimming: 100 %, Routine of Defined Elements: 100%
- WA Age Group- The World Aquatics Rules apply at the time of the competition.
Exception: WA12: code swimming + routine (solo, duet, team)

Awards

Medals and diplomas will be awarded for 1st-3rd place in Code Swimming and in all Technical and Free Routine in the Junior Category and Routine of Defined Elements events in the 10 and under category.

The victory ceremony will be held

- For the Hungarian National Championships
- For the Open Championships



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Deviation from the Rules

- We accept entries of the following ages.

| Age Groups | Woman | Man |
|--------------|--------------------|--------------------|
| 10 and under | 10 and younger | |
| 12 and under | 12 and younger | |
| Junior | 13-19 years of age | 13-20 years of age |

- Entries only in Code Swimming accepted
- No Finals are held even if there are more than 13 entries in a session.

Coach Card

Deadlines only for Youth category. (Masters category does not require Element Order card.)

- Uplodad:08.04.2026
- Changes:15.04.2026

Music

The music of the routines **must be sent** via **Wetransfer** (www.wetransfer.com) to the address of the Federation (hungary.synchro@gmail.com) **30 March** in MP3 or WAV format.

Please take the music with you on a USB stick and hand it to the music man before the competition starts. All music could be on one USB per club. Different age groups should be in different directories, the music of the routines should be titled as follows:

Solo and Duet:" Club_Age Group_Solo/Duet_Compétitor(s)"

Team and Combination:" Club_Age Group_Team/Combination"



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Draw: 15 April

The draws for Routines will be divided into two parts:

- Hungarian National Championships: These groups will compete in the second part of the competition in the drawn order.
- Open Championships: These groups will compete in the first part of the competition in the drawn order.

Changes and Withdrawals

Entry corrections close on 31 March. Any athlete listed on the entry list as of 31 March incurs a payment obligation. More modifications can still be made via the entry platform until April 15, but they will not affect this obligation. After the deadline, changes will only be accepted on-site.

| Key dates | | |
|--------------------------------|------------|---|
| Final accommodation form | 20.03.2026 | Only if you need the official accommodation (email to: hungary.synchro@gmail.com) |
| Travel form | 20.03.2026 | Only if you need the official accommodation (email to: hungary.synchro@gmail.com) |
| Final entry | 30.03.2026 | MSZUSZ |
| Coach Card | 8.04.2026 | MSZUSZ |
| Coach Card changes | 15.04.2026 | MSZUSZ |
| Invoice data sheet | 30.03.2026 | Mail to: hungary.synchro@gmail.com |
| Judges & Technical Controllers | 30.03.2026 | Judges Technical Controllers |

Provisional program (Subject to change upon entries.):

Saturday: Code Swmming, Junior Technical Routines (Solo, Duet, Team)

Routine of Defined Elements 10U

Solo: 12U, Junior

Free Combination: 12U

Acrobatic Routine: Junior

Sunday: Duet: 12U, Junior

Team: 12U, Junior



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Accommodation with half board

The price also including entry fee, airport transfer and daily one hotel- swimming pool- hotel transfer.



Single room: 165 EUR/ person/ night

Double room: 130 EUR/ person/ night

Accommodation is provided on a **first come first served basis**. If you would like to take the official accommodation, please take the high season and the very limited capacity of the hotel into consideration. Please send your booking ASAP.

Only bookings received by March 20 will be accepted.

Payment: 100% until 20 March via bank transfer.

Cancellation policy: After 20 March, the cancellation fee is 100%.



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Visa: Assistance is provided on demand.

Entries:

Online exclusively **until 30 March midnight** (24:00) via <https://nevezes.msusz.hu/en/>

Registration is now open, and the entry procedure will open from 16 March.

Please register in time, before the entry process begins.

In solo event allowed maximum 2 solos/ event/ club/ age category

Entry fee: For those who do not take the official accommodation:

- Only Code Swimming: 30 EUR/ athlete/ age group
- General entry fee: 55 EUR/ /athlete/ age group
- Solos: general entry fee (55 EUR) + 35 EUR solo entry fee/ age group

COVID-19

- In the case of illness and quarantine, the OC cannot bear the costs, which must always be paid by the delegation concerned. It is strongly recommended that you take out **insurance** to cover additional hotel, transfer, and hospital costs.
- The physical distance of 1.5-meter minimum must be respected at **all times**.
- If you are vaccinated against COVID-19, please bring the evidence with you.
- In case of change updated detailed rules will be sent 2 weeks before the competition.
- Please check the entry rules: [Consular Services \(kormany.hu\)](https://www.kormany.hu/en/consular-services)



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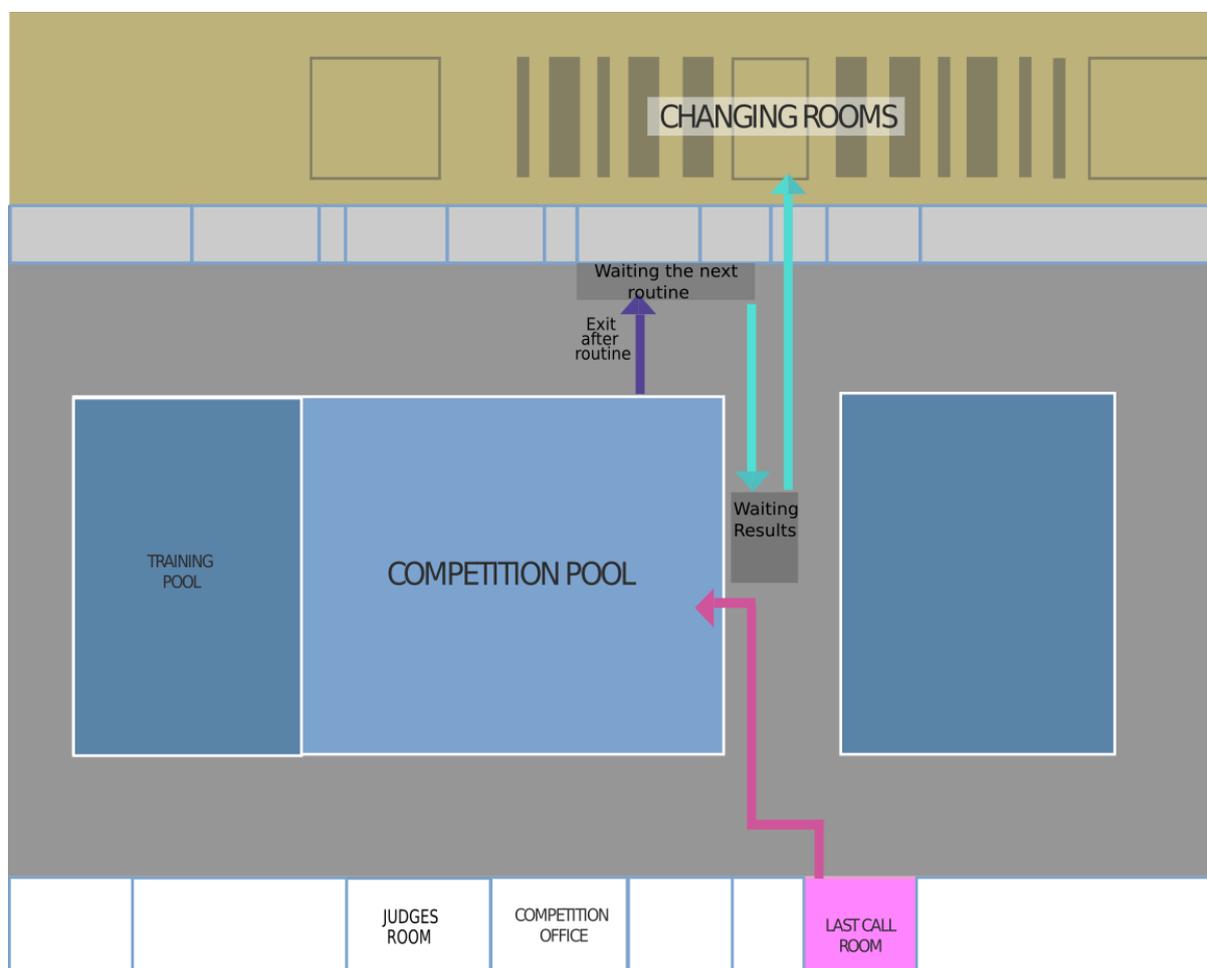


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Venue plan:

1st FLOOR



Contact

E-mail: hungary.synchro@gmail.com

If you have further questions do not hesitate to contact us.

Looking forward to seeing you in Hungary!



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