

April 28- Wolfpack Pentathlon Regional

Registration is open now:

<https://runsignup.com/wolfpackregional>

This is a Modern Pentathlon competition that is officially-sanctioned by USA Pentathlon Multisport (USAPM). It is suitable for people of all ages, genders, and abilities. No previous experience is needed.

For youth athletes, this competition will serve as a selection competition for Team USA for the 2024 UIPM Youth and Junior World Championships. Participants will also gain valuable experience for the 2024 USA Modern Pentathlon National Championships, which will be held in the Fall (location and date TBD).

For purposes of division assignment, the age of an athlete is their age as of December 31, 2024.

Participants can choose to compete in as many or as few of the Modern Pentathlon disciplines as they wish. These disciplines include swimming, fencing, laser-run (running and laser pistol shooting), and ninja warrior obstacle course racing. For more information, see <https://www.wolfpackpentathlon.com/>

The swimming and laser-run events are combined into an Aquathlon sanctioned by USA Triathlon (USAT). Therefore, USAT membership is required to participate in the swimming and laser-run events. The fencing event is sanctioned by Amateur Athletics Union (AAU). Therefore, AAU membership is required to participate in the fencing event. These memberships must be purchased separately from the event registration. AAU membership is \$20/year for youth athletes and \$30/year for adults. USAT membership is \$10/year for youth athletes and \$60/year for adults.

Event Schedule (April 28, 2024):

8:00 am - 11:00 am: Ninja Obstacle Course Race

11:30 am - 2:30 pm: Fencing Tournament sanctioned by Amateur Athletics Union (requires AAU membership)

2:30 pm - 4:30 pm: Swimming portion of Aquathlon sanctioned by USA Triathlon (requires USAT membership).

5:00 pm - 8:00 pm: Laser-Run portion of Aquathlon sanctioned by USAT (requires USAT membership).

Venue for the Ninja OCR event:

Ninja Republic

1701 Leslie Street, Suite 100 (use 17th Street entrance)

San Mateo, CA 94404

415-608-3293

info@ninjarepublic.com

Venue for the Fencing, Swimming, and Laser-Run events:

Sequoia High School

1201 Brewster Ave.

Redwood City, CA US 94062

Registration for all of the events of the Modern Pentathlon gives a 20% discount. Members of Wolfpack Pentathlon Club are eligible for an additional 20% discount. Please contact Coach Kirt at kirt@wolfpackpentathlon.com for more information.