



Where Olympic Journeys Begin



USA National Karate Do Federation National Championships & Team Trials



Competition Schedule

Thursday 7/10/2025		
Kata	Kobudo	Elite Kata
All Style Specific	All 12 and up	10-11 Pre-Team
All 12-17		Jr. Team Trials 12-17 Phase 1
All Team Kata		18-20
		All 16+
		All Elite Team Kata
		All Elite Para Karate
Friday 7/11/2025		
Kata	Kobudo	Elite Kumite
All 5-11 year old	All 11 and under	10-11 Pre-Team
All 18 +	All Iaido	Jr. Team Trials 12-17 Phase 1
All Para Karate (non-elite)		18-20
Saturday 7/12/2025		
Kumite		Elite Kumite
All 11 and under		18-34
All 18+		Adult Open
All Team Kumite		
Sunday 7/13/2025		
Kumite	Elite Kumite	Elite Kata
All 12-17 year old	12-17 Phase 2	12-17 Phase 2

Schedule Notice:

Please note that this schedule is subject to change. USA Karate affirms that competition for all athletes will take place over a four-day period, and any category may be scheduled on any of those four days. This preliminary schedule is provided as a general guideline only. USA Karate is not responsible for any expenses or fees incurred due to schedule changes that may affect an athlete's travel plans. A detailed schedule will be released in the days leading up to the competition

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USA Jr. Team Competition Schedule and Format

The 2025 USA Junior Team will be selected through a two-phase process:

- **Phase 1** will take place during eliminations on **Thursday (Kata)** and **Friday (Kumite)**. The **top four athletes in Elite Categories** in each eligible division will advance to **Phase 2**.
- **Phase 2** will be held on **Sunday**, and final team positions will be determined based on the results of this round.

For full details on the selection criteria and procedures, please refer to the *Junior Team Selection Process* available under *Athlete Resources* at www.usankf.org.

Note on 18–20 Division:

Athletes in the **18–20 age division** are **not included** in the 2025 Junior Team selection process. Team Trials for this group were held earlier in **Las Vegas, Nevada**, prior to the 18–20 Junior PKF Championships. These athletes will compete to completion on their assigned day and **will not participate in Phase 2 on Sunday**.

Note on Pre-Team Categories (10–11 Years Old):

USA Karate will be fielding athletes in the **10–11 age categories** for the **Junior Pan American Championships**. These categories are considered **Pre-Team** and are marked by a **division number containing "PKF"**. The **gold and silver medalists** from these divisions will be selected to join the U.S. Team traveling to **Paraguay in August**.

These divisions will be contested using **single elimination with repechage** on:

- **Thursday (Kata)**
- **Friday (Kumite)**

Please note: These categories **do not fall under** the Junior Team Selection Process outlined above.

US Jr. Team Trials			
Category	Age	Phase 1	Phase 2
Kata	10-11 Pre Team	Thursday	
	12-17	Thursday	Sunday
Team Kata	14-17	Thursday	
Kumite	10-11 Pre Team	Friday	
	12-17	Friday	Sunday