# USOPC Internally Managed Sports (IMS) – Surfing 2025 Athlete and Sport Program Plan

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#### **DEFINITIONS**

- 1. **"2025":** The following dates and seasons:
  - a. Summer Sports the 2025 season, which lasts January 1, 2025 through December 31, 2025
- 2. **"2026":** The following dates and seasons:
  - a. Summer Sports 2026 season / January 1, 2026 through December 31, 2026
- 3. "Athlete Stipend": Previously referred to as Direct Athlete Support or DAS
- 4. "EAHI": Elite Athlete Health Insurance
- 5. "**IF**": an International Federation
  - a. SUR International Surfing Association (ISA)
- 6. "NGB": National Governing Body.
- 7. "USADA": The U.S. Anti-Doping Agency

#### **PROGRAM GOALS**

The primary objective for 2025 is to continue supporting the high-performing athletes of Team USA. To achieve this goal, we are committed to promoting the overall well-being of USOPC IMS – Surfing athletes, addressing not only their physical training but also their mental health, nutritional needs, and recovery processes. As we look ahead to the beginning of the next Olympic cycle, we will prioritize comprehensive athlete support systems that foster both individual and team success. Additionally, our efforts will remain focused on achieving peak performance levels as we prepare for the upcoming LA28 Games, ensuring that each athlete has the necessary resources and opportunities to excel.

Specific activities in pursuit of these program goals will include:

 Provide EAHI and potential access to service provision for National Team athletes to support high performance and overall well-being.

#### **2025 NATIONAL TEAM**

USOPC IMS – Surfing will nominate a National Team for 2025, effective, January 1, 2025, based on athlete performances in 2024 and their completion of the obligations in Attachment D of the 2024 Athlete and Sport Program Plan.

- 2025 National Team status applies for January 1, 2025 December 31, 2025. National Team status and benefits are only awarded to athletes who accept, sign and remain current with their obligations under the National Team Athlete Agreement.
- Athletes who qualified for the 2024 Paris Olympic Games will meet the 2025 National Team standard and become eligible for National Team benefits and will retain their National Team status through December 31, 2025.
- Athletes nominated to the 2025 National Team(s) will be added to the USADA Education
  Testing Pool and will be responsible for remaining compliant with all policies and
  procedures, required by USADA. More information regarding USADA can be found in
  Attachment C.
- Athletes nominated to the 2025 National Team(s) must be compliant with the <u>USOPC</u>
   <u>Background Check Policy</u>, <u>USOPC Anti-Doping Policy</u>, <u>USOPC Internally Managed Sport</u>
   <u>Code of Conduct</u>, <u>USOPC Athlete Safety Policy and USOPC Minor Athlete Abuse</u>
   <u>Prevention Policy</u>.

# 2025 NATIONAL TEAM STANDARDS

The 2025 National Team standards (Attachment A) are based on 2024 Paris Olympic Games nomination.

#### **2026 NATIONAL TEAM**

USOPC IMS - Surfing will nominate a National Team(s) effective January 1, 2026. National Team criteria will be determined based on the LA 2028 Olympic qualification guidelines. Only athletes who have achieved a performance standard and have met all obligations in Attachment D during 2025 will be nominated to the respective team.

Based on athlete feedback, the opportunity to reassess the new standards will be available throughout 2025. If you have recommendations on standards, please contact the athlete advisory group listed on page 1 of this plan. If changes are made, they will be confirmed to all athletes by December 1, 2025.

#### NATIONAL TEAM BENEFITS AND RESOURCES

National Team athletes MAY be eligible for the following benefits – all athlete support recommendations submitted by the NGB are subject to USOPC Sport Performance approval:

- 1. USOPC Athlete Stipend
- 2. Operation Gold
- 3. USOPC IMS Surfing Additional Athlete Support Programs
- 2. USOPC Elite Athlete Health Insurance Program (Attachment B)

- 3. USOPC Athlete Career & Education Program
- 4. Mental Health & Mental Performance Resources
- 5. Athlete Marketing Resources
  - 1. Athlete Marketing Platform
- 6. Confidential Advising <u>Team USA Athlete Ombuds</u> (Attachment E)
- 7. Air transportation (or ground equivalent), lodging, ground transportation, meal per diem, and/or coaching support at designated USOPC IMS Surfing training and competition activities.
- 8. USOPC IMS Surfing National Team uniform. Guidelines for apparel are outlined in the team rules and athlete handbook for each competition or team activity.
- 9. Access to service providers including nutrition, sport psych, strength & condition, etc.

# **2025 PROGRAM ACTIVITIES**

The 2025 National Team(s) optional activities are outlined below.

Each athlete is responsible for individual arrangements (including expenses) to attend these activities (i.e. travel, lodging, accommodation, entries) <u>unless otherwise indicated</u> in the activity listing.

- National Team athletes are required to be registered members of their respective National Federation (USA Surfing).
- ISA Approved/Sanctioned events are noted in the 2025 Program Activities listed below.

Selection procedures for events noted below can be found at: <a href="https://www.teamusa.com/surfing-selection-procedures">https://www.teamusa.com/surfing-selection-procedures</a>.

The 2025 program calendar is subject to change.

<b>Event</b>	<b>Location</b>	<u>Dates</u>
Lexus Pipe Pro	Banzai Pipeline, Oahu, Hawaii	January 27 – February 8
Abu Dhabi Pro	Hudayriat Island, Abu Dhabi, United Arab Emirates	February 14 – February 16
MEO Rip Curl Pro Portugal	Supertubos, Peniche, Portugal	March 15 – March 25
Surf City El Salvador Pro	Punta Roca, La Libertad, El Salvador	May 19 - 22
Rip Curl Pro Bells Beach	Bells Beach, Victoria, Australia	April 18 – April 28
Bonsoy Gold Coast Pro	Gold Coast, Queensland, Australia	May 3 – May 13
Margaret River Pro	Margaret River, Western Australia, Australia	May 17 – May 27
Trestles Pro	Lower Trestles, San Clemente, California	June 9 – June 17
Vivo Rio Pro	Saquarema, Rio de Janeiro, Brazil	June 21 – June 29
JBay Open	Jeffreys Bay, Eastern Cape, South Africa	July 11 – July 20
Tahiti Pro	Teahupo'o, Tahiti, French Polynesia	August 7 – August 16
WSL Finals Fiji	Cloudbreak, Fiji	August 27 – September 4

#### 2025 OPERATION GOLD

The Trestles Pro at Lower Trestles in San Clemente, California, will serve as the Operation Gold qualifying event for the USOPC IMS – Surfing, taking place from June 9 to June 17, 2025.

In non-Olympic Games years, Operation Gold Awards are limited to one award per athlete in the Term; athletes who qualify for more than one award automatically receive the higher award.

Individuals must finish in one of the top eight places, while teams must finish in one of the top-six places at the qualifying event in a discipline on the program of the Olympic Games to qualify for an Operation Gold Award in a non-Olympic Games year. Operation Gold Payments will be determined after the slate of participating countries is known. Slate must contain at least the World 's top 10 countries for a payout up to 8th place. If the top 7-9 ranked countries are present, payout will include up to 5th place. If the top 4-6 ranked countries are present, payout will include up to 3rd place per USOPC Athlete Support. For purposes of Operation Gold, a team is defined as three or more athletes (pairs are awarded at the same rate as individual athletes).

# **Olympic Sport Payment Schedule**

Place	1st Year of	2 <sup>nd</sup> Year of	3 <sup>rd</sup> Year of	Olympic Games
	Quad	Quad		Year (Olympic
				Games Only)
1 <sup>st</sup>	\$6,250	\$6,250	\$7,500	\$37,500
2 <sup>nd</sup>	\$5,000	\$5,000	\$6,250	\$22,500
3 <sup>rd</sup>	\$4,375	\$4,375	\$5,000	\$15,000
4 <sup>th</sup>	\$3,750	\$3,750	\$4,375	
5 <sup>th</sup>	\$3,125	\$3,125	\$3,750	
6 <sup>th</sup>	\$3,125	\$3,125	\$3,750	
7 <sup>th</sup>	\$2,500	\$2,500	\$2,500	
8 <sup>th</sup>	\$2,500	\$2,500	\$2,500	

# Attachment A 2025 USOPC IMS – Surfing Standards

Athletes nominated for the 2024 Paris Olympic Team are members of the USOPC IMS – Surfing 2025 National Team.

# Attachment B 2025 USOPC IMS – Surfing Elite Athlete Health Insurance (EAHI)

All 2025 National Team athletes are eligible for EAHI. Upon meeting the criteria below eligible athletes will receive an email from the USOPC outlining the EAHI program benefits for further consideration.

- 1. Athletes must be currently training and competing to receive EAHI.
- 2. Athletes must sign and be in compliance with 2025 Athlete Agreement obligations.
- 3. Athletes are eligible for EAHI at the beginning of the month following nomination to the National Team.
- 4. Enrollment in EAHI will only be completed once the athlete has accepted an EAHI offer via email from <a href="mailto:eahi@USOPC.org">eahi@USOPC.org</a> and has completed and submitted the USOPC Elite Athlete Health Insurance Designee Form and W-9 Form (annual basis).
- 5. Athletes sanctioned by USADA, WADA and/or the respective sport IF for a doping violation are not eligible for EAHI, regardless of any National Team(s) status, during the period of such sanction.
- 6. Athletes sanctioned by the U.S. Center for SafeSport, the USOPC, or another National Governing Body (NGB) for a SafeSport Code violation are not eligible for EAHI, regardless of any National Team(s) status, during the period of such sanction.
- 7. When National Team status is no longer conferred upon the athlete, EAHI benefits will cease. Termination is effective the first of the month following 30 days written notification.
- 8. Athlete stipends will be reported to the IRS and may be subject to federal and state income tax. The USOPC encourages athletes to speak with a tax professional to receive guidance regarding tax implications.
- 9. Female athletes who become pregnant must inform the USOPC health benefits administrator at <a href="mailto:eahi@USOPC.org">eahi@USOPC.org</a>. More information can be found on the <a href="mailto:EAHIWebsite">EAHIWebsite</a>.
- 10. EAHI is valid for the calendar year ending on December 31, 2025, and will be renewed only if the athlete requalifies according to the criteria set for the following year, which will be outlined when established for 2026.

#### Attachment C

# U.S. Anti-Doping Agency (USADA) Resources

#### Whereabouts:

An important part of USADA's testing program is the ability to test athletes without any advance notice in an out-of-competition setting. Athletes are subject to testing 365 days a year and do not have "off-seasons" or cutoff periods in which testing does not occur. Whereabouts information, (dates, times, locations, etc.) is information submitted to USADA by an athlete that allows the athlete to be located for out-of-competition testing.

#### **Therapeutic Use Exemptions (TUEs):**

In some situations, an athlete may have an illness or condition that requires the use of medication listed on the World Anti-Doping Agency's Prohibited List. USADA can grant a Therapeutic Use Exemption (TUE) in these situations in compliance with the World Anti-Doping Agency International Standard for TUEs. The TUE application process is thorough and designed to balance the need to provide athletes access to critical medication while protecting the rights of clean athletes to compete on a level playing field.

#### **Global Drug Reference Online (Global DRO):**

The Global Drug Reference Online (Global DRO) provides athletes and support personnel with information about the prohibited status of specific medications based on the current World Anti-Doping Agency (WADA) Prohibited List.

#### **Clean Sport Handbook:**

A comprehensive resource providing an overview of the doping control process, athlete rights and responsibilities, and other crucial information for athletes and athlete support personnel.

# **Pocket Guide:**

A condensed resource providing an overview of the doping control process, athlete rights and responsibilities, and other crucial information for athletes and athlete support personnel.

# **Supplement Guide:**

The TrueSport Supplement Guide details the benefits of a food-first nutrition strategy, providing food and supplement comparisons, as well as ways to help athletes realize and reduce the risks associated with dietary supplements.

# **Nutrition Guide:**

In consultation with registered dietitians, USADA and its TrueSport program created an optimal dietary intake guide for those looking to reach their full potential through nutrition.

# Attachment D 2025 USOPC IMS – Surfing National Team Procedures & Obligations

# **USOPC IMS – Surfing Team Procedures**

- Failure to comply with the Athlete Obligations listed below or violating the Athlete Agreement will result in a suspension of athlete stipends, other team benefits, and/or removal from the National Team.
- The USOPC Dispute Resolution Procedures can be found at https://www.teamusa.com/surfing-athlete-resources.
- Failure to submit all 2025 National Team Paperwork by the posted deadline will result in a suspension of benefits until the paperwork has been completed.

# **USOPC IMS – Surfing Athlete Obligations**

- Maintain compliance with USOPC IMS Surfing Athlete Agreement
- Maintain compliance with the USOPC Code of Conduct for Internally Managed Sports
- Maintain compliance with USADA, IOC, ISA, and WADA anti-doping policies
- Maintain compliance with the National Team Code of Conduct
- Provide regular training updates and touchpoints with USOPC IMS staff and participate in designated National Team meetings
- Maintain compliance with the 2025 USOPC IMS Surfing team rules, regulations, and travel policies

# **USOPC IMS – Surfing Team Rules and Regulations (if applicable)**

- The possession or use of controlled substances by any athlete during competition is prohibited.
- The possession or use of alcohol by any athlete in the field of play before or during an event is prohibited.
- The possession or use of weapons, such as guns, knives, swords, etc., by any athlete or staff member is prohibited.
- During Team travel, daily curfews ("lights out" times) established by the Team Staff must be observed by all athletes.
- Team members and staff will attend all team functions including meetings, practices, exhibitions, press conferences, competitions, etc., unless otherwise excused or instructed by the Head Coach or Team Leader.
- Team members and staff will cooperate with all Team leadership and USOPC IMS Surfing staff (to include, but not limited to Team Leader, Head Coach, USOPC IMS Leadership).
- Team members and staff will refrain from behavior that would detract from a positive image of USOPC IMS – Surfing or that would be detrimental to its performance objectives.
- Team members and staff will display proper respect and sportsmanship toward coaches, officials, administrators, fellow competitors, and the public.

- For designated Rule 50 events [Olympic Games, etc.], team members and staff will wear USOPC and/or USOPC IMS Surfing provided apparel as required and as designated by Team leadership (Team Leader, Head Coach, USOPC IMS Leadership).
- During USOPC IMS Surfing funded and supported trips, team members must adhere to the following:
  - Team members are required to sleep in their assigned rooms and are not permitted to switch rooms – even temporarily – without prior approval from USOPC IMS Leadership.
  - To ensure the propriety of the athletes and to protect the staff, there will be no male athletes in female athletes' rooms, and no female athletes in male athletes' rooms. There will be a team room provided for relaxation and recreation whenever possible.
- Public intoxication or consuming alcohol to excess is prohibited.
- Staff drinking with athletes is not allowed. This includes being in the same establishment or in the same room together.
- Athletes under the age of 21 may not consume alcohol regardless of the laws in the country the team is competing or training in.
- Team members and staff will keep accommodations clean and in good condition.
- An open and observable environment should be maintained for all interactions between staff and athletes. Private, or one-on-one situations should be avoided unless open and observable. Common sense should be used to move a meeting to an open and observable location if the meeting inadvertently begins in private.
- Bullying, disparagement, or defamation of teammates, fellow competitors, team staff, event organizers, or IF representatives – verbally, through social media, email, or text – is prohibited.

# Attachment E Ombuds' Policy

#### **Athlete Ombuds**

Team USA athletes may contact the Office of the Athlete Ombuds for independent and confidential advice on a variety of sport related matters, including their rights, applicable rules, policies or processes, and questions related to resolving disputes and grievances. The Athlete Ombuds can also help Team USA athletes connect with legal counsel or mental health resources if needed. All other NGB athletes (i.e., athletes competing domestically at the masters or youth level, recreational athletes, foreign athletes) are welcome to visit the Athlete Ombuds website to review informational resources and should work directly with their NGB to understand additional resources and options available to them.

Phone: 719-866-5000

Email: ombudsman@usathlete.org

Website: usathlete.org

# **Athlete Ombuds Confidentiality and Privacy Policy:**

- (A) In general.—The Office of the Athlete Ombuds shall maintain as confidential any information communicated or provided to the Office of the Athlete Ombuds in confidence in any matter involving the exercise of the official duties of the Office of the Athlete Ombuds.
- (B) Exception.—The Office of the Athlete Ombuds may disclose information described in subparagraph (A) as necessary to resolve or mediate a dispute, with the permission of the parties involved.
- (C) Judicial and administrative proceedings.—(i) In general.—The ombudsman and the staff of the Office of the Athlete Ombuds shall not be compelled to testify or produce evidence in any judicial or administrative proceeding with respect to any matter involving the exercise of the duties of the Office of the Athlete Ombuds . (ii) Work product.—Any memorandum, work product, notes, or case file of the Office of the Athlete Ombuds—(I) shall be confidential; and (II) shall not be—(aa) subject to discovery, subpoena, or any other means of legal compulsion; or (bb) admissible as evidence in a judicial or administrative proceeding.
- (D) Applicability.—The confidentiality requirements under this paragraph shall not apply to information relating to—(i) applicable federally mandated reporting requirements; (ii) a felony personally witnessed by a member of the Office of the Athlete Ombuds; (iii) a situation, communicated to the Office of the Athlete Ombuds, in which an individual is at imminent risk of serious harm; or (iv) a congressional subpoena.

#### **Anti-retaliation Statement**

No employee, contractor, agent, volunteer, or member of the NGB or USOPC shall take or threaten action against an athlete as a reprisal for disclosing information to or seeking assistance from the Office of the Athlete Ombuds.

# Attachment F Athlete Safety

Athlete safety is of the utmost importance to the U.S. Olympic & Paralympic Committee (USOPC). In an effort to create a safe environment that is free from misconduct and abuse, it is critical that you review the policies and reporting requirements listed below. While we have provided some important highlights from the policies below, please take the time to review the them thoroughly. For additional information regarding the USOPC's Athlete Safety Program, or to report an allegation of misconduct or abuse please visit <a href="https://www.usopc.org/safe-sport">www.usopc.org/safe-sport</a>.

#### **Policies**

- USOPC Athlete Safety Policy
- USOPC Minor Athlete Abuse Prevention Policies (MAAPP)
- U.S. Center for SafeSport's <u>SafeSport Code for the U.S. Olympic and Paralympic Movement</u> (SafeSport Code)

#### **Prohibited Conduct**

Adult participants are expected to refrain from engaging in Prohibited Conduct as defined in the <u>USOPC Athlete Safety Policy</u>, and the U.S. Center for SafeSport's <u>SafeSport Code for the U.S. Olympic and Paralympic Movement</u>. Prohibited Conduct includes, but is not limited to the following:

- Sexual misconduct
- Child abuse
- Emotional misconduct
- Physical misconduct
- Bullying
- Harassment
- Hazing
- Retaliation
- Violations of the USOPC MAAPP

#### **USOPC MAAPP**

Adult participants are required to be familiar with and comply with the USOPC MAAPP. The USOPC MAAPP establishes clear requirements for interactions between Adult Participants and Minor Athletes. Minor Athletes, and their parent/legal guardian, should also be familiar with the USOPC MAAPP.

#### **Reporting Requirements**

As detailed in the USOPC Athlete Safety Policy, Adult Participants are required to report allegations of Prohibited Conduct, to include violations of the MAAPP. While the mandatory reporting requirements apply to Adult Participants, the USOPC encourages anyone who becomes aware of, or experiences misconduct or abuse, to report those allegations. For additional information regarding the USOPC's Athlete Safety Program or to report an allegation of

Prohibited Conduct please visit <u>www.usopc.org/safe-sport</u> and review the USOPC Reporting Guidelines below.

# **Training Requirements**

Adult participants must complete, or have completed within the last calendar year, the U.S. Center for SafeSport's SafeSport<sup>TM</sup> Trained Core training, or applicable Refresher training course if they have previously taken the SafeSport<sup>TM</sup> Trained Core training. Please note, NGB membership with SafeSport training will be accepted. If you are not in compliance with training, depending on the required course, it will take at least between 30 to 90 minutes to complete the training. Taking the SafeSport<sup>TM</sup> Trained Core or Refresher training is free.

If you are a Minor Athlete, completing SafeSport training is not required, however, we recommend Minor Athletes work with their parent/guardian to take the free youth training course offered by the U.S. Center for SafeSport. The U.S. Center for SafeSport also has resources available to parents/guardians regarding abuse prevention in sport, to include the Parent Toolkit, and free online training. These resources, and information regarding the training for both minor athletes and parents/guardians is available at: <a href="https://uscenterforsafesport.org/training-and-education/safesport-courses-for-all/">https://uscenterforsafesport.org/training-and-education/safesport-courses-for-all/</a>.

# **USOPC** Reporting Guidelines

If you learn of any allegation of emotional, physical or sexual misconduct, retaliation, or a violation of the USOPC Minor Athlete Abuse Prevention Policies (MAAPP), **DO NOT evaluate** the credibility of the allegation or investigate the allegation. Your vital job is simply to report the allegation to the appropriate entities. The following guideline outlines your reporting requirements.

# **How to Report a Concern**

For Sexual Misconduct, Child Abuse, or Retaliation: Report to the U.S. Center for SafeSport (the Center)

• Online: <a href="https://uscenterforsafesport.org/report-a-concern/">https://uscenterforsafesport.org/report-a-concern/</a>

• Phone: 833-587-7233

• If you become aware of an allegation of sexual misconduct, child abuse, or retaliation you **must immediately** report to the Center.

In addition to reporting to the Center, you **must also report child abuse to law enforcement**. If you learn of information or reasonably suspect that a child (defined as under the age of 18) has suffered an incident of child abuse to include neglect, physical, emotional, and sexual abuse, you **must** report this to law enforcement, or, in some states, child protective services **immediately**. Filing a report with the Center **does not** satisfy the reporting requirement to law enforcement. Please include the law enforcement case number or reference number in your report to the Center. The appropriate law enforcement agency or child protective services agency is most often the local agency where the incident occurred.

# For Emotional or Physical Misconduct or MAAPP Violations\*: Report to the USOPC Office of Athlete Safety

• Online: https://www.teamusa.org/AthleteSafetyReportingForm

- Phone: 719-866-3869
- Report directly to the Office of Athlete Safety: Maggie Green at
   Maggie.Green@usopc.org
   or 719-208-6031, or report directly to Nicole Deal at
   Nicole.Deal@usopc.org
   or 719-373-7041. If you report directly to Maggie or Nicole,
   they will talk through the various options for reporting and will help to ensure that you
   satisfy your reporting obligations.
  - Onthing precludes you from reporting emotional or physical misconduct or MAAPP violations to the Center. While the Center has the exclusive jurisdiction for response & resolution of allegations of sexual misconduct, they can also assume discretionary jurisdiction over other forms of misconduct. If they do not assume jurisdiction, they have a process to route the allegation to the appropriate entity (e.g. NGB or USOPC) for response & resolution.

\*NOTE: If you learn of information or reasonably suspect that a child (under the age of 18) has suffered an incident of child abuse to include sexual abuse, you must follow the reporting requirements to law enforcement outlined in the Sexual Misconduct, Child Abuse, and Retaliation section above.

# USOPC Minor Athlete Abuse Prevention Policies: MAAPP AT-A-GLANCE

All <u>one-on-one interactions</u> between an Adult Participant and Minor Athlete must be **observable** and **interruptible**. The one-on-one interactions policy must be followed for **all in-program contact** meaning any contact including communications, interactions, or activities between an Adult Participant and any Minor Athlete(s) **related to participation in sport**.

If one of the following exceptions exists, the one-on-one interactions policy *does not* apply:

- An Emergency occurs
- A **Dual Relationship** exists (written consent required)
- The Close-in-Age exception applies (written consent required for lodging)
- The Minor Athlete needs an **Adult Personal Care Assistant** (written consent required)

\*written consent in this document refers to written consent from the parent/guardian of the Minor Athlete.

#### **Meetings and Training Sessions**

- Must follow the one-on-one interactions policy
- Individual Training Sessions require annual written consent, and parents/guardians are allowed to observe
- Closed door meetings with licensed providers are permissible if the door is unlocked, another adult is present at the facility and notified, the USOPC is notified, and the provider obtains consent
- Virtual meetings with **licensed providers** are permissible if an Adult Participant and USOPC are notified, and the provider obtains consent

# Therapeutic and Recovery Modalities and Manual Therapy

- Must be **observable** and **interruptible**
- A second Adult Participant must be physically present
- **Annual written consent** is required, and parent/guardian must be allowed to observe except where credentialing is limited
- Can **only be administered** by licensed or otherwise certified providers (excluding coaches)
- Private areas of the minor **must** always be covered
- **No exceptions** to this policy

# **Locker Rooms and Changing Areas**

- Must follow the one-on-one interactions policy
- No photography or recording
- When changing, Adult Participants **cannot** intentionally expose their private areas to Minor Athletes
- Cannot shower with Minor Athletes unless a Close-in-Age exception exists, or for pre-or post-activity rinse while wearing swimwear
- For events or facilities under USOPC jurisdiction, locker room monitoring **must** occur and changing areas **must** be provided for Minor Athletes

# **Electronic Communications**

- Includes **but is not limited to** phone calls, videoconferencing, video coaching, texts, email, and social media
- Must be open and transparent
- The Minor Athlete's parent/guardian, another adult family member, or another Adult Participant **must be copied**
- Another Adult Participant or all the Minor Athletes' parents/guardians must be copied on all team communications
- All communication must be **professional**

#### **Transportation**

- Must follow the one-on-one interactions policy
- Meets the requirements if an Adult Participant is accompanied by another Adult Participant or at least two minors
- One-on-one transportation is permitted if advance, written consent is obtained
- Annual written consent is required for all transportation sanctioned by the USOPC

#### Lodging

- Must follow the one-on-one interactions policy
- Cannot share a hotel room/sleep in the same room with a Minor Athlete(s) unless a close inage, dual relationship, or PCA exception exists, and written consent is obtained
- Annual written consent is required for all in-program lodging
- Written consent required for all shared housing arrangements that include Minor Athlete(s) and Adult Participant(s), even if the minor has their own separate bedroom (e.g., Airbnb)

- Adult Participants traveling overnight with Minor Athlete(s) **must agree to** the lodging policy annually and comply with the Education & Training Policy
- Two adults **must be present** for room checks