



DMV
WEIGHTLIFTING

Meeting Minutes

January 14, 2025

Present: Brian Leung, President
Abby Richards
Bianca Macias
Heather Krause
John Weeks
Kelly Nichols
Liz Korchnak
Steve Yanda

Absent: None

Agenda: 1. Competition equipment and budget
2. BIPOC and Women Scholarships
3. WSO Championships Bid Packet
4. Other Business

Order: Meeting was called to order at 8:00 p.m.

Minutes:

1. Competition Equipment and Budget

The Committee discussed and approved buying new competition equipment for this year's WSO Championships and will explore different options, including a new competition platform and plates. The Committee also explored other ways of investing into the region for the upcoming year, including supporting area charity weightlifting events and providing WSO banners for clubs.

2. BIPOC and Women Scholarships

To promote the sport of weightlifting, particularly among underserved populations, the Committee discussed and approved establishing eight new coaching scholarships to be awarded to women and BIPOC individuals in 2025, four of which will be funded out of the WSO's operating budget and the other four to be matched by the larger USAW organization. The Committee established a workflow to create the application to be launched in early February, with a deadline in early March following the Arnold.



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3. WSO Championships

The Committee next began planning for the 2025 WSO Championships after reviewing survey results from the 2024 Championships.

The Committee discussed the process to determine the location for the 2025 Championships, in which the Committee will solicit bids from club owners, encouraging submissions from throughout the entire DC, Delaware, Maryland and Virginia region. The Committee will also proactively seek event venues as an alternative to hosting at a club.

The Committee determined that the 2025 WSO Championships would be held September 20-21 and will sanction the meet in BARS.

4. Other Business

The next meeting of the Committee will be February 18, 2025 at 8:00 p.m. virtually.