

2025
IBU REGIONAL NORTH AMERICA
CONTINENTAL CUP



31 JANUARY - 2 FEBRUARY



www.Fortkentoc.org

Fort Kent Outdoor Center

Fort Kent, Maine, USA

-Updated January 21, 2025-



LOGISTICS OFFICE

Contact Pat Theriault at theriault.pat@gmail.com or [207-436-1298](tel:207-436-1298)

Or Laura Audibert at la4568@roadrunner.com or [207-231-0048](tel:207-231-0048)

Technical questions: Contact Carl Theriault at carlther17@gmail.com

RULES

The Current IBU event and competition rules will be in effect for the event. Any modifications to the rules will be discussed at the Team Captain's Meeting.

ELIGIBILITY

Any member of USBA or Biathlon Canada in good standing may participate in this event. Please have current registration card or number at registration on zone4.ca.

ENTRY

Fees: U17 and under USD **\$30**; All other classes USD **\$40**

Deadline: All entries must be received by **1900 EST on Wednesday, January 29, 2025***

***Late Registration fee of USD \$30 will be charged on January 25-January 29. No same day registrations will be accepted.**

RESULTS

Start lists and Results will be found on: fkocresults.com

RELEASE OF LIABILITY

The organizer shall not be held liable for any accidents and/or damages caused to persons or materials/equipment. By submitting the entry form the competitor confirms that they are medically fit to compete and possess sufficient health, accident, and liability insurance (in accordance with paragraph 1.5.1.2 of IBU Event and Competition Rules).

REGISTRATION

***Online Registration link: fkocresults.com or QR code:**



***Mandatory IBU Registration**

Due to updated IBU rules, athletes competing in IBU categories also need to be registered in the IBU system. All Youth, Junior and Senior athletes who have not previously competed in any IBU events (IBU Cup, World Cup, Junior Cup, YJWCH, etc.) must upload a photo or scan of their passport or ID card to this USBA-managed Dropbox folder: <https://www.dropbox.com/request/7Uj3PaC65qGVLHC6wH09>. Please upload at time of registration. Any questions can be directed to sara@usbiathlon.org.

TRAIL PASSES



Trail passes are required for unofficial training outside of the competition schedule for \$15 per day.

WAX ROOMS

Wax Rooms are available for \$75 per day. To reserve a Wax Room, please select a room during your registration.

COMPETITION SCHEDULE

Competition timing and schedule are subject to change based on registration numbers in different classes. A detailed program will be provided at the Team Captain’s Meeting

DATE	TIME	EVENT
Friday, January 31	1200-1600	Official Training
	1630	Team Captain’s meeting at Lodge / Zoom link for registered coaches
Saturday, February 1 Short Individual Race	0800	Competition Office open for bib pick-up
	0800-0850	Equipment check
	0900-0950	Zero
	1000	Race start-Short Individual
	1200	Awards
Sunday, February 2	0800	Competition Office open for bib pick-up
	0800-0850	Equipment check
	0900-0950	Zero
	1000	Race start-Mass Start
	1200	Awards



COMPETITION CLASSES

	RACE				RACE				
	TYPE				TYPE				
IBU CLASS	SHORT INDIVIDUAL	COURSE	SHOOT-ING	PENALTY	MASS START	COURSE	SHOOT-ING	PENALTY	RIFLE
MEN	15 km	3 km	PSPS	45 sec	12.5 km	2.5 km	PPSS	150 M	CARRY
WOMEN	12.5 km	2.5 km	PSPS	45 sec	10 km	2 km	PPSS	150 M	CARRY
JR MEN	12.5 km	2.5 km	PSPS	45 sec	10 km	2 km	PPSS	150 M	CARRY
JR WOMEN	10 km	2 km	PSPS	45 sec	7.5 km	1.5 km	PPSS	150 M	CARRY
YOUTH MEN	10 km	2 km	PSPS	45 sec	7.5 km	1.5 km	PPSS	150 M	CARRY
YOUTH WOMEN	7.5 km	1.5 km	PSPS	45 sec	5 km	1 km	PPSS	150 M	CARRY
MASTER MEN	10 km	2 km	PSPS	45 sec	7.5 km	1.5 km	PPSS	150 M	CARRY
MASTER WOMEN	10 km	2 km	PSPS	45 sec	7.5 km	1.5 km	PPSS	150 M	CARRY
U17 B/G	7.5 km	1.5 km	PSPS	45 sec	5 km	1 km	PPSS	75 M	RACK TO RACK
*U13/15 NO SUPPORT	5 km	1.0 km	PPPP	30 sec	5 km	1 km	PPPP	75 M	RACK TO RACK
*U13/15 BLOCK	5 km	1.0 km	PPPP	30 sec	5 km	1 km	PPPP	75 M	ON MAT

*U13/15 Classes - All will be shooting from prone position:
2 targets will be set to prone AND 2 targets will be set to standing



TEAM COMMUNICATION

Please provide cellphone at registration so any late event schedule changes can be provided in real time. Team Captain's meeting will be conducted in the main lodge and a Zoom link will be emailed to all coaches to attend meeting virtually.

TRAIL MAP

