

Poomsae Report Times, Saturday 5/11/24

Ring	Report Time	Division
Ring 4	7:30 AM	Male Black: Under 40
	7:30 AM	Female Black: Under 40
	8:15 AM	Female Teams: Over 30
		Male Teams: Over 30
		Male Teams: Under 30
	8:45 AM	Male Cadet: Blue
	9:00 AM	Female Teams: Under 30
	9:15 AM	Male Black: Under 30
	11:30 AM	Male Dragon Breaking: Yellow
		Male Dragon Breaking: Green
		Female Dragon Breaking: Green
	12:00 PM	Male Tiger Breaking: Yellow
		Male Tiger Breaking: Green
		Male Tiger Breaking: Blue
		Female Tiger Breaking: Yellow
		Female Tiger Breaking: Green
		Female Tiger Breaking: Blue
	1:15 PM	Male Cadet Breaking: Yellow
		Male Cadet Breaking: Green
		Male Cadet Breaking: Black
2:00 PM	Female Cadet Breaking: Yellow	
	Female Cadet Breaking: Green	
	Female Cadet Breaking: Blue	
	Female Cadet Breaking: Black	
Ring 5	7:30 AM	Male Teams: Over 50
	7:30 AM	Male Youth: Green
	8:00 AM	Male Youth: Blue
	8:30 AM	Male Youth: Black
	9:00 AM	Female Youth: Black
	10:15 AM	Female Youth: Green
	11:15 AM	Female Youth: Red
	12:30 PM	Male Youth: Red
	12:45 PM	Female Dragon: Yellow
	1:00 PM	Female Dragon: Green
	1:15 PM	Male Dragon: Yellow
	1:45 PM	Male Dragon: Green
	2:00 PM	Female Youth: Blue
	2:15 PM	Female Youth: Yellow
	2:45 PM	Female Cadet: Red
	3:00 PM	Female Cadet: Green
	3:15 PM	Male Cadet: Yellow
	3:30 PM	Female Cadet: Blue

Ring 6	7:30 AM	Freestyle Pairs: Under 17
	7:45 AM	Freestyle Pairs: Over 17
	8:15 AM	Freestyle Pairs: Youth
	8:15 AM	Freestyle Teams: Under 17
	8:30 AM	Freestyle Teams: Over 17
	8:45 AM	Freestyle Teams: Youth
	9:00 AM	Male Cadet: Red
	9:15 AM	Female Junior: Blue
	9:30 AM	Female Junior: Red
	9:45 AM	Male Junior: Blue
	9:45 AM	Male Junior: Red
	10:00 AM	Male Teams: Cadet
	10:15 AM	Male Teams: Junior
	10:45 AM	Female Teams: Youth
	10:45 AM	Female Teams: Cadet
	11:15 AM	Female Teams: Junior
	11:30 AM	Female Cadet: Yellow
	11:45 AM	Male Cadet: Green
	12:30 PM	Female Black: Under 30