

USA ROLLER SPORTS 2024-2025 COMPETITIVE FIGURE AND DANCE REQUIREMENTS FOR REGIONAL AND NATIONAL CHAMPIONSHIPS



Updated 4/3/2025



Domestic Youth Events - Dance & Figures

EVENT NAMES	FIGURES		LOOPS		SOLO DANCE		TEAM DANCE	
	Reg Elim Nat Final	Reg Final Nat Elim	Reg Elim Nat Final	Reg Final Nat Elim	Regional Eliminations National Finals	Regional Finals National Eliminations	Regional Eliminations National Finals	Regional Finals National Eliminations
Primary A	1	1 B	14 B	14 A	City Blues (88) Denver Shuffle (100)	Double Cross Waltz (138) Skaters March (100 6/8)		
	2 B	2	130 A	130 B				
	7 A	7 B						
Juvenile B	3	5 A	14 A	14 B				
	7 A	9 B	130 B	130 A				
Juvenile A Figures/Loops/Solo Juvenile Team	3 B	3 A	14 A	14 B	Skaters March (100 6/8) Swing Waltz (120) Siesta Tango (100)	Denver Shuffle (100) Rhythm Blues (88) Chasse' Waltz (108)	Academy Blues (88) Skaters March (100 6/8)	Swing Waltz (120) Denver Shuffle (100)
	7 A	9 B	30 B	30 A				
	11 B	27 A						
Elementary B Figures/Loops Juv/Elem B Solo	5 B	3	14 A	14 B	Denver Shuffle (100) Chasse' Waltz (108)	Rhythm Blues (88) Siesta Tango (100)		
	9 A	11 B	30 A	30 A				
Elementary A Figures/Loops/Solo Elementary Team	8 B	4	14 B	14 A	Bounce Boogie (100) Luna Blues (88) Fiesta Tango modified (100)	La Vista Cha Cha (100) Pilgrim Waltz (138) Marylee Foxtrot (92)	La Vista Cha Cha (100) Chase Waltz (108)	Bounce Boogie (100) Fiesta Tango Modified (100)
	19 A	10 B	15 A	15 B				
	26 B	22 A	30 B	30 A				
Freshman/Sophomore B	11 A	8 B	14 A	14 B	Carey Foxtrot (92) Fiesta Tango modified (100)	Bounce Boogie (100) Southland Swing (88)	Mason March (100 6/8) Chase Waltz (108)	Bounce Boogie (100) Fiesta Tango Modified (100)
	26 B	27 A	30 B	30 A				
Fresh/Soph A Men Figures/Loops Fresh/Soph A Team	13	19 B	15 A	14 B			Delicado (100) Mirror Waltz (108) 14 Step (100 6/8)	Border Blues (88) California Swing (138) Viva Cha Cha (100)
	23 B	21 A	16 B	16 A				
	32 A	28 B	30 A	30 B				
Freshman A Girls Figures/Loops Freshman A Solo	19 A	13	15 B	14 A	Border Blues (88) California Swing (138) Metropolitan Tango 32 beat (100)	Joann Foxtrot (92) Association Waltz (120) Mandi Lynn Tango (100)		
	21 B	18 A	16 A	16 B				
	28 A	23 B	30 B	30 A				
Sophomore A Women Figures/Loops Sophomore A Solo	12 B	13	15 B	14 A	Border Blues (88) Willow Waltz (138) Princeton Polka Men's Steps (100)	Fascination Foxtrot (92) Flirtation Waltz (108) Viva Cha Cha (100)		
	20 A	23 B	16 A	16 B				
	33 B	32 A	30 B	30 A				
Advanced Figures/Loops Advanced Domestic Solo	20 B	29 A	16 B	17 A	Dench Blues Border (88) Keats Foxtrot (92) Harris Tango (100)	Fondu Foxtrot (104) Continental Waltz Men's Steps (168) Kilian (100 2/4)		
	33 A	32 B	31 A	31 B				
	36 B	44 A	38 B	38 A				
Juv/Elem International Compulsory Solo					La Vista Cha Cha WS version (108) Tudor Waltz original pattern (144)			
Fresh/Soph International Compulsory Solo					Manhattan Blues (92) Kent Tango (100)			
Open C	1	1 B	114 B	115 A	Glide Waltz (108) Balanciaga (100)	City Blues (88) Progressive Tango (100)	City Blues (88) Progressive Tango (100)	Glide Waltz (108) Balanciaga (100)
	2B	112 B	130 A	130 B				

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Adult Events - Dance & Figures

EVENT NAMES	FIGURES		LOOPS		SOLO DANCE		TEAM DANCE	
	Reg Elim Nat Final	Reg Final Nat Elim	Reg Elim Nat Final	Reg Final Nat Elim	Regional Eliminations National Finals	Regional Finals National Eliminations	Regional Eliminations National Finals	Regional Finals National Eliminations
Bronze Division 1, 2, & 3	2 B	1 A	114 A	115 B	Rhythm Blues (88)	Double Cross Waltz (138)	Double Cross Waltz (138)	Rhythm Blues (88)
Bronze Loops	111 A	112 B	130 B	130 A	Swing Schottische (100)	Denver Shuffle (100)	Denver Shuffle (100)	Swing Schottische (100)
Silver Division 1, 2, & 3	1B	1	114 B	114 A	Tara Tango (100)	La Vista Cha Cha (100)	La Vista Cha Cha (100)	Tara Tango (100)
Silver Loops	2	2B	115 A	115 B	Joyce Lee Waltz (138)	Carey Foxtrot (92)	Carey Foxtrot (92)	Joyce Lee Waltz (138)
	5B	5A	130 B	130 A	Honey Rumba (100)	Parade March (100)	Parade March (100)	Honey Rumba (100)
Gold Division 1	3 B	8 A	114 B	115 A	Samba Caliente (100)	Mandi Lynn Tango (100)	Samba Caliente (100)	California Swing (138))
Gold Loops	9 A	11 B	130 A	130 B	Joann Foxtrot (92)	California Swing (138)	Southland Swing (88)	Joann Foxtrot (92)
	26 B	27 A	138 B	138 A	Casino March (100 6/8)	Viva Cha Cha (100)	Viva Cha Cha (100)	Delicado (100)
Gold Div 2 & 3	1 A	2			City Samba (100)	Milonga Tango (100)	Milonga Tango (100)	City Samba (100)
	5 B	5 A			Century Blues (88)	Golden Skaters Waltz (138)	Golden Skaters Waltz (138)	Century Blues (88)
	105 A	105 B			Quickstep Boogie (100)	Mason March (100 6/8)	Mason March (100 6/8)	Quickstep Boogie (100)
Classic Gold	13 A	12 B	14 A	14 B	Metropolitan Tango (100) 32 Beat	Barsalona Bossa Nova (104)	Pacifica Foxtrot (100)	Dench Blues Dbl Pattern (88)
	18 B	19 A	15 B	15 A	Dench Blues Dbl Pattern (88)	Demi Waltz (155)	Continental Waltz (168)	Iceland Tango Border (100)
	23 A	21 B	30 A	30 B	Ten Fox (100)	Paso Doble Men's steps (100)	Paso Doble (100)	Carroll Swing (100)
Classic International Solo					Dynasty Blues (88)		Dynasty Blues (88)	
Classic International Team					Samba Royale (100)		Samba Royale (100)	
Classic Gold International Solo					Cruzin Blues (92)			
					Viennesse Waltz Men's Steps (138)			
Original Compulsory Dance	Waltz, Tango, Boogie				Classic (forward Dances only)		Classic (forward Dances only)	
Classic/Classic Gold	Max time: 2:30				Classic Gold (forward/backward Dances)		Classic Gold (forward/backward Dances)	

Youth and Elite WS Events - Dance & Figures

	Group 1	Group 2	Group 3	Group 4	SOLO DANCE	TEAM DANCE
	Tot Solo					Compulsory Dance - And Foxtrot Free Dance - 2:00 +/- 10
Mini Solo & Team					Compulsory Dances - Carlos Tango & G-Reggae Free Dance - 2:30 +/- 10	Compulsory Dances - Carlos Tango & G-Reggae Free Dance - 2:45 +/- 10
Espoir Solo & Team					Compulsory Dances - Little Waltz & Cumbia Free Dance - 2:30 +/- 10	Compulsory Dances - Little Waltz & Cumbia Free Dance - 3:00 +/- 10
Cadet (highlighted is Regional draw)	13 19 A/B 15 20 A/B	18 A/B 21 A/B 30 A/B 28 A/B	19 B 22 A 16 28 B	13 18 A/B 30 A/B 23 A/B	Style Dance - 3:00 +/- 10 Federation Foxtrot - Musical/Operetta Free Dance - 3:30 +/- 10	Style Dance - 3:00 +/- 10 - 14 Step - Modern Medley Free Dance - 3:30 +/- 10
Youth (highlighted is Regional draw)	20 A 33 B 16 36 A	21 A/B 32 A/B 17 29 A/B	22 A/B 33 A/B 17 36 A/B	23 A/B 32 A/B 30 A/B 29 A/B	Style Dance - 3:00 +/- 10 - Imperial Tango - Spanish Medley Free Dance - 3:30 +/- 10	Style Dance - 3:00 +/- 10 - Imperial Tango - Spanish Medley Free Dance - 3:30 +/- 10
Junior (highlighted is Regional draw)	42 A/B 38 A/B 36 A/B	43 A/B 31 A/B 40 A/B	44 A/B 38 A/B 40 A/B	45 A 31 B 37 A	Style Dance - 3:00 +/- 10 - Dench Blues Double Pattern - Traditional Folk Free Dance - 3:30 +/- 10	Style Dance - 3:00 +/- 10 - Golden Samba Steps 1-24 (Section 1) - Latin Medley Free Dance - 3:50 +/- 10
Senior (highlighted is Regional draw)	46 B 39 A 47 B	48 A/B 38 A/B 49 A/B	50 A/B 39 A/B 51 A/B	52 A/B 38 A/B 53 A/B	Style Dance - 3:00 +/- 10 - Midnight Blues Steps 14-39 (Section 2) - Rock Medley Free Dance - 3:30 +/- 10	Style Dance - 3:00 +/- 10 - Italian Foxtrot Steps 5-31 (Section 2) - Swing Medley Free Dance - 3:50 +/- 10

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Freeskating/Pairs			Show Events		
EVENT NAMES	Time	Notes	EVENT NAMES	Time and Requirements	Notes
Juv B Boys/Girls	2:15 +/- 10	See pages 7 & 8 (below) for requirements	Juvenile A Creative Solo	(ages 10 & under) - Max 2:15	See pages 5 & 6 (below) for requirements
Elem B Boys/Girls	2:45 +/- 10		Elementary A Creative Solo	(ages 12 & under) - Max 2:15	
Fresh/Soph B Men/Women	3:00 +/- 10		Open A Creative Solo	(ages 13 & up) - Max 2:30	
Advanced Men/Women	Max 3:30		Open B Creative Solo	(open division) - Max 2:15	
Open C	Max 2:00		Classic Creative Solo	(ages 18 & up) - Max 2:30	
Open Youth Inline (17-) Freeskating	Max 3:00				
Classic Inline (18+) Freeskating	Max 3:00				
Classic Men/Women	Max 3:00				
			Elementary Creative Duet	(ages 12 & under) - Max 2:30	
			Open Creative Duet	(ages 13 & up) - Max 2:30	
Juvenile Pairs	Max 2:30	Straight line (long axis) footwork	Elementary Quartet	(ages 12 & under) - Max 3:00	See pages 5 & 6 (below) for requirements
Elementary Pairs	Max 3:00		Open Quartet	(ages 13 & up) - Max 3:00	
Fresh/Soph Pairs	Max 3:30		Junior Quartet	(ages 12-17) - 3:15 +/- 10	
			Quartet (Senior)	(ages 12 & up) - 3:15 +/- 10	
	Short	Long			
Tot Boys/Girls		2:30 +/- 10	Open Show	(open division) - Max 4:00	
Mini Boys/Girls		2:45 +/- 10	Small Show	(12 & Up) - 4:30 - 5:00 +/- 10	
Espoir Boys/Girls	2:00 +/- 5	3:15 +/- 10	Large Show	(12 & Up) - 4:30 - 5:00 +/- 10	
Cadet Boys/Girls	2:30 +/- 5	3:30 +/- 10			
Youth Men/Women	2:30 +/- 5	4:00 +/- 10	Precision 15 & under	(ages 15 & under) - Max 4:00	
Junior Men/Women	2:45 +/- 5	4:00 +/- 10	Precision 12 & up	(ages 12 & up) - Max 4:00	
Senior Men/Women	2:45 +/- 5	4:00 +/- 10	Junior Precision	(12-17) 4:30 +/- 10	
Junior/Senior Men Inline	2:45 +/- 5	4:00 - 4:30	Senior Precision	(12 & Up) -4:30 +/- 10	
Junior/Senior Women Inline	2:45 +/- 5	4:00 +/- 10			
	Short	Long			
Mini Pairs		2:30 +/- 10	<i>See Rulebooks (USA Roller Sports and World Skate) for complete rules and requirements.</i>		
Espoir Pairs	2:15 +/- 5	3:00 +/- 10			
Cadet Pairs	2:30 +/- 5	3:45 +/- 10			
Youth Pairs	2:30 +/- 5	4:00 +/- 10			
Junior Pairs	3:00 +/- 5	4:30 +/- 10			
Senior Pairs	3:00 +/- 5	4:30 +/- 10			

Championship Draw – The championship draw for all figure, team and solo dance events will be posted to the USARS website on April 1st. Junior and Senior National figure draw will take place on the practice day at the National Championships. This can be adjusted by the ASC if needed. The requirements will be reversed from the Regional Championships to the National Championships.

- (a) *If an event holds an elimination round and a final round, the "elimination listings" will be skated for the elimination round and "final listings" for final round.*
- (b) *If an event is skated as "final only" the "elimination listings" will be skated for the final round.*
- (c) *Adult dance draw will be opposite groups for Solo and Team Dance and will not skate the same dances at Regionals or Nationals*

NOTE: Solo Dances will be skated with women's steps when applicable or if otherwise specified as men's steps.

Updates will be posted on the USA Roller Sports website (www.usarollersports.org).

FIGURE/LOOP DESCRIPTIONS FOR 2024/2025



FIGURES	
1	- ROF-LOF Circle Eight
1 A/B	- OIF-OIF Change Eight
2	- RIF-LIF Circle
2 A/B	- IOF-IOF Change Eight
3 A/B	- OB-OB Circle Eight
4	- IB-IB Circle Eight
5 A/B	- OIF-IOF Serpentine
7 A/B	- OF-OF Three
8 A/B	- OF-IB Three
9 A/B	- IF-OB Three
10 A/B	- OF-OF Double Three
11 A/B	- IF-IF Double Three
12 A/B	- OB-OB Double Three
13 A/B	- IB-IB Double Three
18 A/B	- OF-IB Bracket
19 A/B	- IF-OB Bracket
20 A/B	- OF-OB Rocker
21 A/B	- IF-IB Rocker
22 A/B	- OF-OB Counter
23 A/B	- IF-IB Counter
26 A/B	- OIF-OIB Serpentine Three
27 A/B	- IOF-IOB Serpentine Three
28 A/B	- OIF-IOF Serpentine Double Three
29 A/B	- OIB-IOB Serpentine Double Three
32 A/B	- OIF-OIB Serpentine Bracket
33 A/B	- IOF-IOB Serpentine Bracket
36 A/B	- OF-IF Paragraph Double Three
37 A/B	- OB-IB Paragraph Dbl Three
40 A/B	- OF-IF Paragraph Bracket
42 A/B	- OF Counter Bracket IF Counter
43 A/B	- OF Rocker O Double Three
44 A/B	- IF Rocker I Dbl Three
45 A/B	- OB Counter OF Brkt LBI Counter
46 A/B	- OF Dbl 3 O Rocker and OB Dbl 3
47 A/B	- OF Brkt - IB Ctr - IF Brkt Paragraph
48 A/B	- OB Dbl 3 - OB Rocker OF Dbl 3
49 A/B	- OB Br - IF Ctr - IB Brkt Paragraph
50 A/B	- OF Dbl 3 O Ctr OB Dbl 3
51 A/B	- OF Br - IB Rocker - IF Brkt Paragraph
52 A/B	- OB Dbl 3 - OB Ctr - OF Dbl 3
53 A/B	- OB Br - IF Rocker - IB Brkt Paragraph
105 A/B	- OIOF-IOIF Double Change Serp.
111 A/B	- OF-OF Serpentine Eight
112 A/B	- IF-IF Serpentine Eight

LOOPS	
14 A/B	- OF-OF Loops
15 A/B	- IF-IF Loops
16 A/B	- OB-OB Loops
17 A/B	- IB-IB Loops
30 A/B	- OIF-IOF Serpentine
31 A/B	- OIB-IOB Serpentine
38 A/B	- OF-IF Paragraph Loop
39 A/B	- OB-IB Paragraph Loop
114 A/B	- OF-OF Circle Loops
115 A/B	- IF-IF Circle Loops
116 A/B	- OB-OB Circle Loops
130 A/B	- OIF-IOF Serpentine
131 A/B	- OIB-IOB Serpentine
138 A/B	- OF-IF Paragraph Circle

Youth Divisions - Figures, Solo/Team Dance, Freeskating, Pairs

Primary & Tot	ages 8 & under
Juvenile & Mini	ages 10 & under
Elementary & Espoir	ages 12 & under
Freshman & Cadet	ages 14 & under
Fresh/Soph	ages 13 & over
Sophomore & Youth	ages 15 & over *except Youth
Advanced	ages 13 & over
Juvenile/Elementary	ages 12 & under

** please do not use the World Skate Rule Book for age determinations, other than Jr./Sr. and Cadet/Youth Figures*

Adult Divisions - Figures, Solo/Team Dance, Freeskating

Bronze Division 1	ages 18 - 44
Bronze Division 2	ages 45 - 64
Bronze Division 3	ages 65 & over
Silver Division 1	ages 18 - 44
Silver Division 2	ages 45 - 64
Silver Division 3	ages 65 & over
Gold Division 1	ages 18 & over
Gold Division 2	ages 18 - 54
Gold Division 3	ages 55 & over
Classic & Classic Gold	ages 18 & over
Classic International	ages 18 & over

Adult Divisions - Loops

Bronze Division	ages 18 & over
Silver Division	ages 18 & over
Gold Division	ages 18 & over

(loop and figure events must be the same, to be considered for Combined Events)

Example: Bronze 1, 2, OR 3 Figures & Bronze Loops can enter Bronze Combined

2024-2025 Creative Solo & Creative Duet Show Requirements

Creative Solo & Duet Elements:

- Each season, THREE (3) elements from the below grid will be chosen for each creative solo and duet category.

Element	Description
Balance Maneuver	<ul style="list-style-type: none"> Skaters will choose two (2) or more positions to present one after the other. Both positions must be clearly different and on one (1) foot. Each position must be held three (3) or more seconds once desired position is attained. Maximum three (3) steps may be used in between each position. No minimum number of steps in between positions required. Skaters must change direction in some way (forward to backward and/or clockwise to anticlockwise direction of travel, or vice versa) from the first position to the second position. For duet: Must maintain some form of contact throughout and skaters may be in different positions.
Stationary Dancing Element	<ul style="list-style-type: none"> This element is performed in place (dancing within an approximate three-foot radius). Skaters should dance and move in place to the music for eight to twelve (8-12) seconds. Skaters may sit, kneel, or lie on the floor during this element. For duet: Can be in contact and/or not in contact throughout but must stay within the radius.
Footwork sequence	<ul style="list-style-type: none"> Skaters will skate any steps of their choice on the selected baseline for the season. Potential baselines include: <ul style="list-style-type: none"> Diagonal Long axis Serpentine V For duet: Can be in contact and/or not in contact but must be within twelve (12) feet of each other throughout.
Character Sequence	<ul style="list-style-type: none"> Element must start from a stop or stop-and-go position. Skaters must cover as much floor as possible while in character to the music/theme. Should take no longer than thirty (30) seconds to complete. Skaters must attempt four (4) or more of the skating elements listed below. The four (4) chosen skating elements must each come from a different subgroup a-k: <ol style="list-style-type: none"> Leap (stag jump, split jump, butterfly, fly camel, etc.) Spin (on toe stop or wheels) two (2) revolutions or more Full revolution jump (does not have to be a standard freestyle jump) Spread eagle OR spread eagle variation (Ina Bauer, hackenmond, etc.) Spiral OR spiral variation (Biellman, ring, invert, charlotte, etc.) Illusion Forward to backward choctaw Closed mohawk Change edge Cross front Cross chasse Skaters should use any linking steps, turns, etc. to connect the skating elements and to cover as much floor as possible in the suggested time frame. For duet: Can be in contact and/or not in contact but must be within twelve (12) feet of each other throughout.
Travel Turn Sequence	<ul style="list-style-type: none"> Four to eight (4-8) consecutive three-turns on one (1) foot followed by four to eight (4-8) consecutive three-turns on the other foot AND/OR in the other direction. Maximum three (3) steps may be used in between each set of traveling turns. No minimum number of steps in between sets required. For duet: Must be shadowing throughout and must be within twelve (12) feet of each other.

Limitations:

- Maximum ONE (1) full rotation jump allowed (including any jump used in the above elements).
- Maximum ONE (1) spin allowed (including any spin used in the above elements). In this context, a spin is defined as any attempt at a spotted spin (on toe stop or wheels) of two revolutions or more on one foot or two feet.
- Cartwheels and other acrobatic moves where hands touch the floor are allowed, however do not have a technical value but rather should be used to characterize the music.
- Duet: Maximum ONE (1) "non-overhead lift" of two (2) revolutions or less.

2024-2025 Selected Creative Solo & Duet Requirements

Juvenile A					
Program Length	Balance Maneuver	Stationary Dancing Element	Footwork Sequence	Character Sequence	Travel Turn Sequence
Max 2:15	YES	YES	NO	YES	NO

Elementary A					
Program Length	Balance Maneuver	Stationary Dancing Element	Footwork Sequence	Character Sequence	Travel Turn Sequence
Max 2:15	YES	YES	NO	YES	NO

Open B					
Program Length	Balance Maneuver	Stationary Dancing Element	Footwork Sequence	Character Sequence	Travel Turn Sequence
Max 2:15	YES	YES	NO	YES	NO

Open A					
Program Length	Balance Maneuver	Stationary Dancing Element	Footwork Sequence	Character Sequence	Travel Turn Sequence
Max 2:30	NO	NO	YES (Diagonal)	YES	YES

Classic					
Program Length	Balance Maneuver	Stationary Dancing Element	Footwork Sequence	Character Sequence	Travel Turn Sequence
Max 2:30	YES	NO	YES (Diagonal)	YES	NO

Elementary Duet					
Program Length	Balance Maneuver	Stationary Dancing Element	Footwork Sequence	Character Sequence	Travel Turn Sequence
Max 2:30	YES	YES	YES (Diagonal)	NO	NO

Open Duet					
Program Length	Balance Maneuver	Stationary Dancing Element	Footwork Sequence	Character Sequence	Travel Turn Sequence
Max 2:30	YES	YES	YES (Diagonal)	NO	NO

2024-2025 Domestic Free Skating Requirements

Division	Jumps	Spins	Footwork
All Level C Max 2:00	<ul style="list-style-type: none"> Maximum of eight (8) jumps (including jumps used in combinations), each not to exceed one (1) rotation. Maximum of one (1) jump combination, containing a maximum of three (3) jumps (each of not more than a single rotation). No repeated jumps unless used in the combination. 	<ul style="list-style-type: none"> Maximum of three (3) spins allowed. One (1) may be a combination/change spin (no camel spins, may only use upright and sit positions). No repeated spins unless used in the combination. 	<ul style="list-style-type: none"> One sequence of footwork must be included. Required pattern for 2024-2025: Diagonal
Juvenile B 2:15 +/- 10	<ul style="list-style-type: none"> Maximum ten (10) jumps (including jumps used in combinations), consisting of 1 rotation jumps, waltz jump, and axle. Maximum two (2) jump combinations – One with a maximum of four (4) jumps and one with a maximum of two (2) jumps. Must include a toe loop, either solo or in combination. The same jump cannot be performed more than three (3) times. 	<ul style="list-style-type: none"> Maximum two (2) spins allowed. One must be a combination spin (max 3 positions) and include a sit spin. One must be a solo spin. Camel, upright, and sit positions are allowed (no heel, broken, or inverted). 	One (1) footwork sequence to cover $\frac{3}{4}$ of the skating floor. Should take no longer than thirty (30) seconds to complete. Must start from a stop and include at least 3 of: cross in front, inside three turn, outside three turn, open mohawk, traveling turn.
Elementary B 2:45 +/- 10	<ul style="list-style-type: none"> Maximum twelve (12) jumps (including jumps used in combinations), consisting of 1 rotation jumps, waltz jump, axel, double toe loop, and double salchow. Maximum two (2) jump combinations – maximum four (4) jumps each. Must include an axel or waltz jump, either solo or in combination. Must include a toe loop (single or double), either solo or in combination. Axel and doubles cannot be performed more than twice. If performed twice, one must be in combination. The same 1 rotation jump cannot be performed more than three (3) times. 	<ul style="list-style-type: none"> Maximum three (3) spins allowed. One must be a combination spin (max 4 positions) and include a sit spin. One must be a solo spin. If a third spin is presented, it may be a solo spin or a combination spin (maximum three (3) positions). Camel, upright, and sit positions are allowed (no heel, broken, or inverted). 	One (1) footwork sequence to cover $\frac{3}{4}$ of the skating floor. Should take no longer than thirty (30) seconds to complete. Must start from a stop and include at least 4 of: three turn, mohawk, traveling turn, spiral, bracket, rocker, counter, and Choctaw.
Freshman/ Sophomore B 3:00 +/- 10	<ul style="list-style-type: none"> Maximum twelve (12) jumps (including jumps used in combinations), consisting of 1 rotation jumps, axel, double toe loop, and double salchow. Maximum two (2) jump combinations – maximum four (4) jumps each. Must include an axel, either solo or in combination. Must include a toe loop (single or double), either solo or in combination. Axel and doubles cannot be performed more than twice. If performed twice, one must be in combination. The same 1 rotation jump cannot be performed more than three (3) times. 	<ul style="list-style-type: none"> Maximum three (3) spins allowed. One must be a combination spin (max 4 positions) and include a sit spin. One must be a solo spin. If a third spin is presented, it may be a solo spin or a combination spin (maximum three (3) positions). Camel, upright, and sit positions are allowed (no heel, broken, or inverted). 	One (1) footwork sequence to cover $\frac{3}{4}$ of the skating floor. Should take no longer than thirty (30) seconds to complete. Must start from a stop and include at least 4 of: three turn, mohawk, traveling turn, spiral, bracket, rocker, counter, and Choctaw.

Division	Jumps	Spins	Footwork
Advanced Max 3:30	<ul style="list-style-type: none"> Maximum twelve (12) jumps (including jumps used in combinations), consisting of 1 rotation jumps, axel, double toe loop, and double salchow, double flip, double loop, and double lutz. Maximum two (2) jump combinations – maximum four (4) jumps each. Axel and doubles cannot be performed more than twice. If performed twice, one must be in combination. The same 1 rotation jump cannot be performed more than three (3) times. 	<ul style="list-style-type: none"> Maximum three (3) spins allowed. One must be a combination spin (max 4 positions) and include a sit spin. One must be a solo spin. If a third spin is presented, it may be a solo spin or a combination spin (maximum three (3) positions). Camel, upright, and sit positions are allowed. 	One (1) footwork sequence to cover $\frac{3}{4}$ of the skating floor. Should take no longer than thirty (30) seconds to complete. Must start from a stop and include at least 4 of: three turn, mohawk, traveling turn, spiral, bracket, rocker, counter, and Choctaw.
Open Youth Inline (17-) Max 3:00	<ul style="list-style-type: none"> Maximum twelve (12) jumps (including jumps used in combinations), consisting of 1 rotation jumps, axel, double toe loop, and double salchow, double flip, double loop, and double lutz. Maximum two (2) jump combinations – maximum four (4) jumps each. No repeated jumps permitted unless used in combination. 	<ul style="list-style-type: none"> Maximum of three (3) spins, in which two (2) may be a combination/change spin (may use camel or sit positions). No repeated spins permitted unless used in combination. 	<ul style="list-style-type: none"> One sequence of footwork must be included. Required pattern for 2024-2025: Diagonal
Classic Inline (18+) Max 3:00	<ul style="list-style-type: none"> Maximum twelve (12) jumps (including jumps used in combinations), consisting of 1 rotation jumps, axel, double toe loop, and double salchow, double flip, double loop, and double lutz. Maximum two (2) jump combinations – maximum four (4) jumps each. No repeated jumps permitted unless used in combination. 	<ul style="list-style-type: none"> Maximum of three (3) spins, in which two (2) may be a combination/change spin (may use camel or sit positions). No repeated spins permitted unless used in combination. 	<ul style="list-style-type: none"> One sequence of footwork must be included. Required pattern for 2024-2025: Diagonal
Classic Max 3:00	<ul style="list-style-type: none"> Maximum twelve (12) jumps (including jumps used in combinations), consisting of 1 rotation jumps, axel, double toe loop, and double salchow, double flip, double loop, and double lutz. Maximum two (2) jump combinations – maximum four (4) jumps each. No repeated jumps permitted unless used in combination. 	<ul style="list-style-type: none"> Maximum of three (3) spins, in which two (2) may be a combination/change spin (may use camel or sit positions). No repeated spins permitted unless used in combination. 	<ul style="list-style-type: none"> One sequence of footwork must be included. Required pattern for 2024-2025: Diagonal