

SUPER SPRINT TRIATHLON TIME TRIAL (Non-Draft)

Thursday
June 5, 2025

SWIM COURSE
200m

PRESENTED BY
synergy

BIKE COURSE
5k

RUN COURSE
1k

KEY

- SWIM COURSE
- - - SWIM IN
- BIKE COURSE
- - - BIKE IN/OUT
- RUN COURSE
- - - RUN OUT
- ★ RACE FINISH
- D BIKE DISMOUNT
- M BIKE MOUNT
- G ENDURANCE AID-STATION
- ! PENALTY BOX

BIKE ELEVATION



*Minimal elevation change

