INFORMATION BULLETIN

2023 USA Diving Junior High Diving National Championships

8 July 2023

Welcome to the first ever USA Diving Junior High Diving Championships, hosted at the Fort Lauderdale Aquatic Center. This event will act as the first ever National Championship event for junior athletes, and will serve as a qualifier if a Junior International High Dive Event is added to the schedule for 2023.

Meet Director	Venue	
Olivia Rosendahl	Fort Lauderdale Aquatic Center	
oliviar@usadiving.org	501 Seabreeze Boulevard	
323-620-8067	Fort Lauderdale, FL 33316	

Practice Day: 7 July 2023

Open Practice 7:30am-3pm

Pool Opens at 7am

*Additional Practice days are available by request. Please contact Steven LoBue (<u>ftlhighdiving@gmail.com</u>).

Competition Day: 8 July 2023

Open Practice 7-9:15am

Event Warm Up 9:15-9:55am

10am – Group C/B/A (4 dives)

*This schedule is tentative and subject to change based on registration and inclement weather. Approximate end time is 11am.

Registration

All coach, athlete, staff, and official memberships must be renewed through the USA Diving Membership Portal. In order to participate in an event, you must be a "Competition Athlete" in good standing with USA Diving. All FINA 18 athletes (even those aged 17 who will turn 18 by December 31st) MUST complete their Safe Sport training and Background Screening prior to earning "eligible" membership status and the ability to register through <u>DiveMeets</u>. Be aware of the Late Fee in Effect dates. Athletes may still register until 3 hours prior to their event start time after the Late Fee goes into effect.

Registration Fee: \$65 Entry Fee + \$50 Insurance Surcharge = **\$115 Event Registration Fee**

<u>Coaches:</u> Coach Registration is REQUIRED at the 2023 Junior High Diving National Championships. A coach member must be registered through Divemeets; any coach member who fails to register by the online registration deadline may still participate in the competition by registering on site and paying a \$20 late fee. Please be sure to have proof of current USA Diving membership. If not yet current, coaches should make an effort to become current by completing all membership requirements or reaching out to USA Diving, but <u>no ineligible or pending</u> <u>current USA Diving membership is provided</u>.

<u>Athletes</u>: All athlete registration – including late registration – is now run online. Athletes MUST register online at DiveMeets.com. The DiveMeets system will verify USA Diving Athlete Membership. Only those who hold a current USA Diving Competition Athlete membership will be allowed to register for the 2023 Junior High Diving National Championship event. If an athlete does not have the appropriate membership type ("Competition Athlete"), they will need to go to the USA Diving website and follow membership instructions to upgrade their membership from "Athlete" to "Competition Athlete." For any membership questions, please reach out to Taylor Payne (<u>taylor.payne@usadiving.org</u>).

<u>Support/Medical Staff (Non-Athletes/Non-Coaches)</u>: Non-athlete and Non-coach participants in this event (including approved athletic trainers, outside meet directors, and any other support staff who have clear authority and contact with minors) must be approved by USA Diving with a USA Diving current membership. If you intend to attend this meet in this capacity, you MUST reach out to <u>oliviar@usadiving.org</u>.

Check-In

All athletes, coaches, and participants will be required to check-in upon arrival in order to receive access to the pool.

Spectators and Ticketing

Spectators are welcome at the 2023 USA Diving Junior High Diving National Championships.

Free entry and viewing will be available on 7 July 2023 for all spectators.

Tickets will be sold on 8 July 2023 for \$15 per person for an all-day pass. Purchase your tickets online <u>HERE</u>, or pay cash at the door the day of! Children under 5 are free of cost.

Competition Rule

Group C athletes will perform four dives from the 10-meter platform. Group B and Group A athletes may perform four dives from either the 10-meter or 15-meter platform, but only Group A athletes who compete all four dives from 15-meter will be eligible for qualification to international events.

*Please note: If an international junior high diving event takes place later in 2023, Group B will dive from the 12-meter platform only at that event. Only Group B and Group A are eligible for international competition. Selection Procedures for Group B and Group A will be published following an official announcement for an added international junior high dive event for 2023. Results at the 2023 Junior High Diving National Championships will determine selection to any added international events. On registering through DiveMeets, athletes should be sure to name the coach that will accompany them to any international event as their Coach of Record.

JUNIOR HIGH DIVING RULES AND REGULATIONS		
Group A	Group B	Group C
17-18-19 years old by 31	14-15-16 years old by 31	12-13 years old by 31 Dec
Dec 2023	Dec 2023	2023
10m or 15m	10m or 15m	10m
4	4	4
3	2	2
-at least one (1) dive	-at least one (1) dive	-at least one (1) dive
-at least one (1) dive must	-at least one (1) dive must	including a Barani -at least one (1) dive must
have an unnatural entry (back or reverse rotation entries with no twist)	have an unnatural entry (back or reverse rotation entries with no twist)	have an unnatural entry (back or reverse rotation entries with no twist)
-two (2) dives each with an assigned degree of difficulty of 2.5	-two (2) dives each with an assigned degree of difficulty of 2.4	-two (2) dives each with an assigned degree of difficulty of 2.4
-two (2) dives without limit of degree of difficulty	-two (2) dives without limit of degree of difficulty	-two (2) dives without limit of degree of difficulty
In the fourth and final round, divers will start in the reverse order of their ranking after the third	In the fourth and final round, divers will start in the reverse order of their ranking after the third	In the fourth and final round, divers will start in the reverse order of their ranking after the third round.
	Group A 17-18-19 years old by 31 Dec 2023 10m or 15m 4 3 -at least one (1) dive including a Barani -at least one (1) dive must have an unnatural entry (back or reverse rotation entries with no twist) -two (2) dives each with an assigned degree of difficulty of 2.5 -two (2) dives without limit of degree of difficulty In the fourth and final round, divers will start in the reverse order of their	Group AGroup B17-18-19 years old by 31 Dec 202314-15-16 years old by 31 Dec 202310m or 15m10m or 15m4432-at least one (1) dive including a Barani -at least one (1) dive must have an unnatural entry (back or reverse rotation entries with no twist)-at least one (1) dive must have an unnatural entry (back or reverse rotation entries with no twist)-two (2) dives each with an assigned degree of difficulty of 2.5-two (2) dives without limit of degree of difficultyIn the fourth and final round, divers will start in the reverse order of their ranking after the thirdIn the fourth and final round, divers will start in the reverse order of their ranking after the third

Please see the following Competition Rule and Format for specific event regulations:

Safety

All athletes must be deemed "Safe to Compete" prior to registration for this National Championships. Athletes can meet this requirement in one of two ways:

- 1. Prior participation in a Junior High Dive event (i.e., 2022 Junior World Championships, 2022 USA High Dive Challenge, etc.).
- 2. Video Submission to <u>oliviar@usadiving.org</u> for approval by the High Diving Committee. <u>Videos</u> <u>must be submitted by 5 July 2023</u>.

**PLEASE NOTE: Access to the 15m is granted on a case-by-case basis and can be rescinded at any point if safety concerns arise. USA Diving and the Fort Lauderdale Aquatic Center reserve the right to permit or deny access to participants, even if an athlete has been deemed "Safe to Compete."

The Fort Lauderdale Aquatic Center is equipped with standard safety measures with regards to the higher platforms. Lifeguards will be on deck at all times that divers are in the water, and EMS is on call two minutes from the facility. In the event of an emergency, facility procedure will be followed. Please respect the guards and facility directors to ensure the safety of all.