Mountain South WSO Board Meeting Minutes 8/21/25 8pm PT on Google Meet

Present: Jodi Stumbo, Joaquin Chavez, Leanda Bevans, Ethan Baggaley, Eric Bramwell, Jesse Vezina, Natalie Vezina, Amanda Cook

Not Present: Morgan Huppenthal, Leanda Bevans

Agenda:

- 1. 2025 WSO Championships
- 2. 2026 WSO Championships
- 3. New Business
- 4. Next Meeting

Meeting started at 8:00pm PT

Minutes:

- 1. 2025 WSO Championships
 - Amanda updated everyone that medals and Best Lifter awards had been ordered on 8/18/25 and will be shipped to Jodi's home once completed.
 - Discussion with Joaquin on any items needed from the committee to help ensure a successful meet. Discussed possibility of obtaining sponsorships and/or donations to increase prize pot for winners. Jesse, Natalie and Amanda will attempt to obtain donations for the champs.
 - Jesse brought of possibility of holding special session with top 20 WSO
 athletes invited to participate. Jodi to reach out to other WSO to see how
 they handled special session and report info back to committee. Question if
 this would be feasible for champs this year due to being about 2 months out
 from competition
- 2. 2026 WSO Championships
 - Masters and University Nationals being held in Salt Lake City, UT in 2026.
 - WSO has been offered opportunity to combine with this event to hold championships.
 - Group discussed what this would look like for WSO.
 - Vote to be sent out via Survey Monkey by Amanda this weekend.
- 3. New Business
 - Discussion on need to beginning combing WSO resources into central location so it can be easily passed to next committee in coming years.

- Everyone advised to transition any pertinent materials from personal drives to Google Drive with WSO email so that it can be easily accessed by everyone.
- All committee members already have access to WSO Google Drive

4. Next Meeting

• Next meeting scheduled for September 25, 2025 at 8:00pm PT

Meeting concluded at 8:26pm PT.