



7th LIONS CUP

SUNDAY, NOVEMBER 15

2026

FORMS AND SPARRING



Equipment information:

- All sparring divisions will use Daedo Gen 3 hogus
- Divisions that allow head contact will use a Daedo Gen 3 Helmets
- All Divisions will have video replay
- We will have Rings that will be dedicated to Poomsae and Sparring.
- We will get right into the competition with no time wasting.

**CASH PRIZE FOR:
BEST MALE AND FEMALE
POOMSAE & SPARRING ATHLETE**



- WORLD CLASS BLACK BELT ONLY sparring and poomsae divisions.
- Best Male and Female Athlete Awards
- Experienced referees.

**NEW VENUE
THE FELIX EVENT CENTER
FREE PARKING!**

Sanctioned with 10.0 ranking by:



**REGISTRATION WILL BE
AT SPORT 80**

For more information
please call: (818) 994-9439
email: Lionscup@lionstkdacademy.com



Imagine
SPECIAL EVENTS

**AZUSA PACIFIC UNIVERSITY
701 E. FOOTHILL BLVD, AZUSA, CA**



| 7TH LIONS CUP INTERNATIONAL 2026

Sunday, November 15, 2026

Felix Event Center – 701 E. Foothill Blvd., Azusa, CA 91702

WELCOME MESSAGE

Hello Masters, Coaches, Athletes and Fans!

Welcome to the 7th Lions Cup International – and thank you for being part of our growing tradition of excellence! We are incredibly grateful to everyone who made last year's tournament a huge success, and we are excited to bring you an even more dynamic and inspiring experience this year.

Our goal remains the same: to provide a top-notch tournament experience to showcase the skills of the athletes and bring out the best in each one.

With valuable feedback from past tournaments, we have fine-tuned every detail to ensure a smooth, professional, and exciting experience for all participants, coaches, and spectators. Taking place in the City of Azusa this year, the spacious venue offers both convenience and a vibrant atmosphere that sets the perfect stage for a memorable competition. We will also be using the Daedo Gen 3 system.

Get ready for thrilling matches as athletes from all over come together to compete under the latest WT rules, demonstrating their skills and determination in the spirit of true martial arts excellence.

We are excited to bring back a signature event to elevate the competitive experience: the 7th Lion's Cup, exclusively for Black Belts. After seeing the success and positive feedback from last year, we are continuing this format to give high-level athletes a focused and rewarding opportunity to compete.

We cannot wait to witness your skills and spirit at the 7th Lion's Cup – let us make it our best one yet!

Respectfully,

Master Edward Warzhapetian
President / Lions Taekwondo Academy





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GENERAL INFORMATION

TOURNAMENT RANKING	This event will be USATKD sanctioned - 10.0 Ranking
EVENT DATE	Sunday, November 15, 2026
TOURNAMENT VENUE & PARKING INFO	Felix Event Center within Azusa Pacific University 701 E. Foothill Blvd., Azusa, CA 91702 FREE Parking
TOURNAMENT HOTEL INFORMATION	Home2 Suites by Hilton 229 S. Azusa Ave, Azusa, CA 91702 (866) 994-9976. \$159 per night https://group.home2suites.com/ulxmfw

REGISTRATION

ATHLETE REGISTRATION	All athletes must register at https://usataekwondo.sport80.com All payments are final and non-refundable.		
REGISTRATION DEADLINES	Early Bird Registration Deadline 8/15/2026	Regular Registration Deadline 9/15/2026	Late Registration Deadline 11/03/2026
ATHLETE REGISTRATION Black Belts	WORLD CLASS POOMSAE WORLD CLASS SPARRING 1 EVENT: \$170 2 EVENTS: +\$50	WORLD CLASS POOMSAE WORLD CLASS SPARRING 1 EVENT: \$180 2 EVENTS: +\$55	WORLD CLASS POOMSAE WORLD CLASS SPARRING 1 EVENT: \$195 2 EVENTS: +\$60
No on-site registration			
WEIGH-IN SATURDAY, NOVEMBER 14, 2026	In person weigh in will take place at Felix Event Center. Weigh-ins will be conducted in a private room with same gender staff. Please bring a valid photo ID.		
SEEDING	All brackets and seeding will be done by ranking. ALL BRACKETS ARE FINAL AND WILL NOT BE CHANGED. After weigh-ins are complete, brackets will be processed and posted on our Facebook page.		
AWARDS	Medals will be awarded to the top four (4) athletes in each division: 1 st Place, 2 nd Place, 3 rd Place and 3 rd Place.		
COMPETITION RULES	Current WT and PATU competition rules apply to this event.		
COACHING	Coaches Pass: \$80 (access into tournament floor) Coach attire will be enforced: no jeans, no shorts, no hats, no sandals/slippers		
UPDATES/CHANGES	All updates will be posted on the USATKD event page and/or the Lions Cup International Facebook page.		

SPECTATOR ADMISSION

	1-Day Pass	2-Day Pass
Early Bird Special: 9/01/2026-10/31/2026	\$30	\$50
Regular: 11/01/2026-11/15/2026	\$35	\$60
Children ages 5 and under are FREE		



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SCHEDULE OF EVENTS

SATURDAY, NOVEMBER 14, 2026

TIME		DESCRIPTION OF EVENT	LOCATION
2:00PM	4:00PM	IN PERSON WEIGH IN – WORLD CLASS BLACK BELTS	Felix Event Center
12:00 AM	12:00 AM	VIRTUAL CHECK IN - POOMSAE	Email: lionscup@lionstkdacademy.com

SUNDAY, NOVEMBER 15, 2026

TIME		DESCRIPTION OF EVENT	LOCATION
8:30 AM		Doors Open	
9:00 AM		Competition Begins with Poomsae Sparring to follow	Staging Area
12:00-1:00 PM		Lunch Break	
1:00 PM		Competition Continues	Staging Area

If an athlete competes on Sunday, but would like to enter the event venue on Saturday, you must come to check-in to pick up your credentials during the published check-in times.

ATHLETE REGISTRATION

Registration for all athletes will be done through USATKD Sport80. All registrations must be completed by the registration deadline. There will be no onsite registration for athletes.

7th Lion's Cup International Registration Deadline: November 4, 2026, 11:59:00 PM, PST

THERE WILL BE NO LATE REGISTRATION.

USATKD HAS A NO REFUND POLICY.

If you are having trouble registering, please email Jakob Allison at jakob.allison@usopc.org for assistance.

ATHLETE REGISTRATION

Early Registration 7/01/2026-8/15/2026	One Event: \$170	Each Additional Event: \$50
Regular Registration 8/16/2026-9/15/2026	One Event: \$180	Each Additional Event: \$55
Late Registration 9/16/2026-11/04/2026	One Event: \$195	Each Additional Event: \$60

Event Committee: 6265 Sepulveda Blvd, Unit 1, Van Nuys, California 91411 | Tel: 818-994-9439

Email: lionscup@lionstkdacademy.com | Facebook: Lions Cup International



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COACH REGISTRATION

Registration for all coaches will be done through USATKD Sport80. All registrations must be completed by the registration deadline. There will not be any onsite registration for coaches.

7th Lion's Cup International Registration Deadline: November 4, 2026, 11:59 PM, PST

All coaches must follow rules and regulations, keep in Martial Arts conduct, and abide by USATKD/PATU/WT rules and regulations. Must comply with all USATKD Coach Rules. **OUR NUMBER ONE PRIORITY IS THE SAFETY OF ALL OUR ATHLETES.**

If you are having trouble registering, please email **Jakob Allison** at jakob.allison@usopc.org for assistance.

COACH REGISTRATION	
Early Registration 7/01/2026-8/15/2026	\$80
Regular Registration 8/16/2016-9/15/2026	\$100
Late Registration 9/16/2026-11/04/2026	\$120

CHECK-IN AND WEIGH IN

LOCATION: Felix Event Center – 701 E. Foothill Blvd. Azusa, CA 91702

ALL COMPETITORS must check-in and weigh in at the event venue for credential pick up the day before, **Saturday, November 14, 2026**. A valid photo ID is required to pick up credentials and check-in. Weigh-ins will be conducted separately in a private room with the same gender staff.

- Competitors are required to show a valid form of ID to weigh-in. A valid form of photo ID includes: A valid Driver's License or Government Issued ID, GAL, U.S. Birth Certificate, Passport Book or Card, School ID, or Military ID.
- All sparring competitors are required to weigh in at the weight division they registered for on **Saturday, November 14, 2026** at the event venue. A maximum of two (2) official weigh-ins are allowed per athlete. The 2nd weigh-in must occur before registration is officially closed. If an athlete is unable to make their weight division, they must change their division **PRIOR** to their 2nd official weigh-in. **If an athlete DOES NOT make weight, then they will be disqualified and will not be allowed to compete.**
- Any irregular action by the competitor or coach during the weigh-in may result in disqualification from event participation.

****NOTE:** Weigh-ins for both males and females, shall be done in athletic clothing. Athletes of all ages will be given a 0.2 kg allowance from the weight on the scale. Under NO circumstance may a competitor weigh-in in the nude in the U.S. No sport bras or crop tops for females, and males must wear a T-shirt.



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SPARRING DIVISIONS

We will use USATKD rules and regulations, best 2 of 3 rounds will be criteria used for sparring. World-Class weight divisions will be used. World-Class Cadet, Junior, and Senior divisions will have full head contact.

WORLD CLASS BLACK BELT DIVISIONS

Male	Youth (10-11)	Female
-30kg	Fin	-30kg
-35kg	Light	-35kg
-40kg	Middle	-40kg
+40kg	Heavy	+40kg

Male	Juniors (15-17)	Female
-45kg	Fin	-42kg
-48kg	Fly	-44kg
-51kg	Bantam	-46kg
-55kg	Feather	-49kg
-59kg	Light	-52kg
-63kg	Welter	-55kg
-68kg	Light Middle	-59kg
-73kg	Middle	-63kg
-78kg	Light Heavy	-68kg
78+kg	Heavy	68+kg

Male	Cadet (12-14)	Female
-33kg	Fin	-29kg
-37kg	Fly	-33kg
-41kg	Bantam	-37kg
-45kg	Feather	-41kg
-49kg	Light	-44kg
-53kg	Welter	-47kg
-57kg	Light Middle	-51kg
-61kg	Middle	-55kg
-65kg	Light Heavy	-59kg

Male	Seniors (18-32)	Female
-54kg	Fin	-46kg
-58kg	Fly	-49kg
-63kg	Bantam	-53kg
-68kg	Feather	-57kg
-74kg	Light	-62kg
-80kg	Welter	-67kg
-87kg	Middle	-73kg
87+kg	Heavy	73+kg

POOMSAE DIVISIONS

Youth and older black belt divisions shall be side-by-side with the random poomsae drawn in the competition area. Youth and older black belt individual divisions shall have 2 poomsae drawn for Round of 16, Quarter-final, Semi-final and Final rounds. Pair divisions shall have 2 poomsae drawn for Quarter-final, Semi-final, and Final rounds. All other rounds shall have 1 poomsae drawn. The computer operator shall publish the random designated poomsae draw.



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COMPETITION RULES AND CHANGES

The current WT and PATU competition rules will be used in this event. <http://www.worldtaekwondo.org/rules-wt/rules.html>

☞ **Daedo Gen 3 PSS** will be used for **all** sparring divisions.

☞ Valid turning kicks are awarded double points:

- Turning kick to the trunk protector = 2 x 2 or four (4) points.
- Turning kick to the head = 3 x 2 or six (6) points

☞ When using Daedo Gen 3 PSS and sensing gloves are used, the power of the punch is determined by the PSS and will need to be validated manually by the judge(s) to be scored.

☞ When head PSS, body PSS, and sensing gloves are used, the match may be operated with one judge.

☞ When only one judge is used, superiority is determined by the center referee, review jury and the judge.

COMPETITION EQUIPMENT

OFFICIAL SPARRING (KYUROGI) UNIFORM (DOBOK)

- All competitors must wear a white Taekwondo V-neck PATU/WT uniform (dobok) in good condition.
- Black belts must wear a black-collared uniforms.
- Poom rank (14 and under black belts) may wear poom uniforms with black and red collars.
- No tape will be allowed on any part of the uniform.

OFFICIAL POOMSAE UNIFORM (DOBOK)

- All competitors must wear a white Taekwondo V-Neck PATU/WT approved uniform or WT approved Poomsae competition uniform in good condition, and appropriate to the competitor's division. **Competitors may also wear black taekwondo pants for any division (NEW as of 2024).**
- Only black belt athletes 14 and under may wear a poom belt. If an athlete wears a poom collared uniform, they must wear a poom belt.

PROTECTIVE EQUIPMENT FOR KYORUGI (SPARRING)

All sparring competitors shall wear the following mandatory equipment:

Head Protector -- Electronic Daedo Gen 3 helmets will be used. This will be provided.

Mouthguard -- Clear or White mouthguards ONLY unless prescribed by an orthodontist. All other mouthguards will not be allowed. Athletes with braces must wear special dentist-prescribed mouthguards for braces, that cover both upper and lower teeth, along with a note for clearance-to-compete from their orthodontist.

Chest Guards (Hogu) -- Electronic Deado Gen 3 will be used for all sparring divisions. This will be provided.

Forearm and Shin Protectors -- All competitors are required to wear their own forearm protectors. Any color will be allowed.



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Groin Guard (Male and Female) -- All competitors, male and female, are required to wear a groin guard under their competition uniform. If it is worn on top, competitor will be required to put it on properly.

Gloves -- When PSS punching is in use, PSS sensing gloves must be worn. This must be provided by the athlete.

Daedo Gen 3 Socks -- All competitors are required to provide and wear their own Daedo Gen 3 sensing socks only.

