PA/WV WSO Board Meeting

Date: January 15, 2025

Attendees:
- Scott González
- Alfred Rizk
- Tom Duer
- Kristen Erickson
- Regis Becker
- Fred Dorman

Absent:
- Abbie Cooper
- Michelle Picking
- Jim Rutter

Minutes

WSO Championships

- Pittsburgh Barbell won the bid to host.
- Proposed date: April 12-13
- Scott will provide tables, laptops, Blue Owl kit, PA system, livestream
- Medals
  - Which provider? A-1 Awards, Hasty Awards?
    - A-1 Awards
  - If we don't put a date on them, we can order in bulk to save money for future championships.
    - How many should we order?
    - Should we get lanyards with dates?
      - General agreement on this
  - Tom to propose size, style, and quantity
- T-shirts?
  - Option to purchase a shirt.
    - Possibly first X to register get free shirt
  - Should incorporate Pittsburgh in the design.
  - Best lifter shirts
    - Youth, junior, open, masters
  - Fred to contact vendor.
- Signage

- - Tom to contact SignsRX
- Photographer
  - Marty
- Sponsors?
  - Virus
  - Onyx
  - Earth Fed Muscle
  - Dick's
  - Hook Grip
  - Weightlifting House
- Who needs lodging?
  - Probably just 1-3 rooms for anyone who needs to travel to help with setup.
- Food budget
  - Regis to check on food options.
  - Cases of water
- Questions for Pittsburgh Barbell
  - How many chairs do you have on-site?
  - Recommended hotels?
  - Do you have 5kg bar, 10kg bar, 2.5kg technique plates, 5kg technique plates?
  - Recommended food?
    - For spectators and athletes to purchase.
    - For volunteers
  - What time can we start setting up on Friday?
  - What's the maximum parking time and cost in the metered lot?
  - Do you have a PA system that we can hook into?
    - Does it cover the warm up area and competition area?
- Action Items
  - Sanction the meet

Website

- Find out what USAW can provide in terms of hosting.

Action Items

- ☐ Tom to propose medals.
- ☐ Fred to propose t-shirt option.
- ☐ Tom to contact SignsRX.
- ☐ Regis to check on food options.