



**LITTLE FROGS
AT SLAVIA**

**SLAVIA CUP
2026**



24.10.2026

LAFRANCONI INDOOR POOL BRATISLAVA
FINAL ENTRIES 10.10.2026



TJ SLÁVIA STU





General information

ORGANIZER	SLÁVIA STU ARTISTIC SWIMMING
DATE AND PLACE	24.10.2026 Fakulta telesnej výchovy a športu UK Nábřežie arm. Gen. Ludvíka Svobodu 9, 811 02 Bratislava
DEADLINES	Final entries: 10.10.2026 NEW U12 and YOUTH Figure Draw: 3.10.2026 Start lists: 24.10.2026
COMPETITION DIRECTOR	Zuzana Žáková
CHIEF RECORDER	Zuzana Žáková
PRELIMINARY ENTRIES	Please fill out https://forms.gle/n3QzENaZDWePmHKn9 until 30.09.2026
WITHDRAWALS	By e-mail to synchro.slavia@gmail.com until 21.10.2026
ENTRY FEES	Athletes compete at their own expense. The entry fee of 30 € per athlete per each entry needs to be paid in cash at the presentation on the day of the competition.
PRESENTATION	24.10.2026 from 8:00 at the Lafranconi pool. The exact place will be marked by the organizer.
ALL OTHER INFORMATION	synchro.slavia@gmail.com
ACCOMODATION	If you need help with managing accommodation, please e-mail the organizer at synchro.slavia@gmail.com



Technical information

POOL	25 meters, 6 lanes
COMPETITION RULES	The event will adhere to NEW WORLD AQUATICS (2027) rules, the Slovak Swimming Federation rules and rules described in this document.
ENTRY CRITERIA	All competitors from Slovakia must have a valid registration with the Slovak Swimming Federation. Figures Frogs I.: only for athletes who have not yet scored 50 points in Frogs II. / Beginner Level II. Figures Frogs II.: only for athletes who have not yet scored 50 points in Frogs III. / Beginner Level III Athletes, who have competed in AQUA figures, but have not yet scored 50 points are allowed to start in Figures Frogs III.
AGE GROUPS	Frogs I. - 2014 and younger Frogs II. - 2014 and younger Frogs III. - 2011 and younger 12 and under - 2014 and younger 15 and under - 2011 and younger
REFEREE	Júlia Bachárová
JUDGES	Every club or national team must provide 1 judge for every 5 competitors entered. Not meeting this condition will be a subject to a 100 eur fee.
EVENTS	The specific figure group will be announced on October 3rd, 2026. 12 and under: AQUA Figures 15 and under: AQUA Figures – all swimmers will swim the same 2 figures



Technical information

AWARDS

The first 3 places in every event and age group will be awarded with medals and diplomas.

The organizer reserves the right to determine the awards to the athletes in categories Frogs I.-III., on the basis of their year of birth and the number of entries in each category.

THE SLAVIA CUP COMPETITION

The best result from every event in every age group for every club or national team will be added up. A club or a national team with the highest points score will be awarded the Slavia Cup 2026.

SCHEDULE

Final schedule will be distributed after processing of all the final entries.

LEVEL 1

LEVEL 1

BP 1 Back Layout Position

1,0

Body extended with face, chest, thighs, and feet at the surface of the water. Head (ears specifically), hips and ankles in horizontal alignment.



BP 2 Front Layout Position

1,0

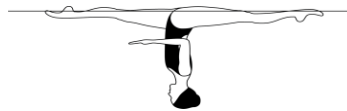
Body extended with head, upper back, buttocks, and heels at the surface of the water. Face is in the water.



BP 16 Surface Split Position

1,0

Legs evenly split forward and back. The legs are parallel to the surface of the water. Lower back arched, with hips, shoulders, and head on a vertical line. 180° angle between the extended legs (flat split), with inside of each leg aligned on opposite sides of a horizontal line, regardless of the height of the hips. Legs are dry at the surface of the water.



Back Layout Position to Tuck Position

1,0

From a **Back Layout Position**, the knees, shins, and toes are drawn along the surface of the water to assume a **Tuck Position**.



LEVEL 2

LEVEL 2

Back Layout Position to Bent Knee Back Layout Position

1,4

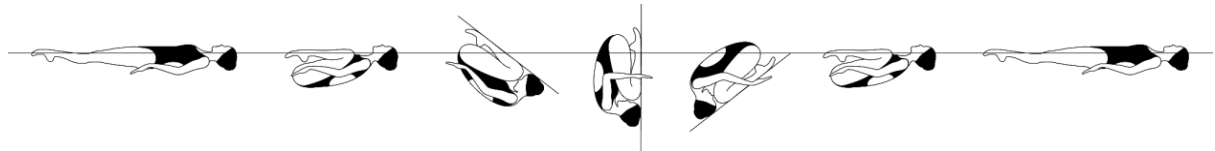
Begin in a **Back Layout Position**. One leg remains at the surface of the water throughout. The foot of the other leg is drawn along the inside of the extended leg to assume a **Bent Knee Back Layout Position**. A rapid exchange of the legs is performed to assume a **Bent Knee Back Layout Position** of the other leg. The toe moves along the inside of the extended leg until a **Back Layout Position** is assumed.



Somersault Back Tuck

1,1

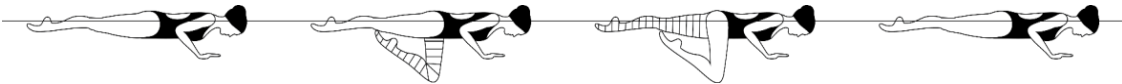
From a **Back Layout Position**, the knees, shins and toes are drawn along the surface of the water to assume a **Tuck Position**. With continuous motion, the tuck becomes more compact as the body somersaults backward around the lateral axis for one complete revolution. A **Back Layout Position** is resumed.



Front Layout Position to Bent Knee Front Layout Position

1,1

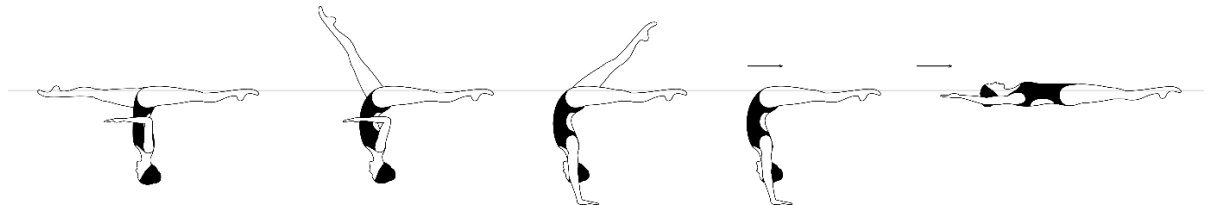
From a **Front Layout Position**, a **Bent Knee Front Layout Position** is assumed. A rapid exchange of the legs is performed to assume a **Bent Knee Front Layout Position** of the other leg. A **Front Layout Position** is assumed. Face is in the water throughout.



BM 6 Walkout Front

1,4

These movements start in a **Surface Split Position**. The front leg is lifted in a 180° arc over the surface of the water to meet the opposite leg in a **Surface Arch Position** and with continuous movement an *Arch to Back Layout Finish Action* is executed.



LEVEL 3

LEVEL 3

101 Ballet Leg Single

1,6

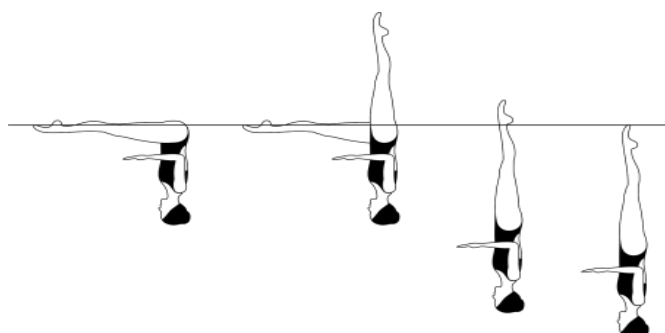
A Ballet Leg is assumed. The Ballet Leg is lowered.



Tower Variant

1,5

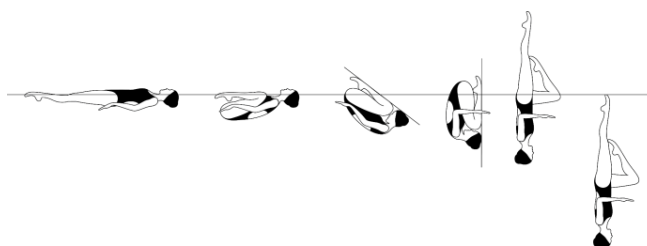
From a **Front Pike Position** one leg is lifted to a **Fishtail Position**. The horizontal leg is lifted to a **Vertical Position** and is completed as the ankles reach the surface of the water. A *Vertical Descent* is executed.



316 Kipnus

1,4

From a **Back Layout Position** the knees, shins and toes are drawn along the surface of the water to assume a **Tuck Position**. With continuous motion the tuck becomes more compact and a partial Somersault Back Tuck is executed until the shins are perpendicular to the surface of the water. The trunk unrolls as the legs are straightened to assume a **Bent Knee Vertical Position** midway between the former vertical line through the hips and the former vertical line through the head and the shins. A *Vertical Descent* is executed in a **Bent Knee Vertical Position**.



Walkout Front Variant

1,7

From a **Front Layout Position**, a *Front Pike Position* is assumed. One foot is moved in a horizontal arc of 180° at the surface to a **Split Position**. A *Walkout Front* is executed.

