



2023 PAN AMERICAN GAMES

MEDIA GUIDE



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PATHWAY TO PARIS

Team: The continental qualification will be decided by whichever country secures the gold medal after aggregating the Free Team, Technical Team and Acrobatic Team scores at the 2023 Pan American Games. If the team fails to qualify for the Games in Santiago, the team can still earn an Olympic spot by finishing in the top-5 teams at the 2024 World Championships in Doha.

Duet: The continental qualification for duet will be decided by whichever country secures the gold medal after aggregating the Free Duet and Technical Duet scores at the 2023 Pan American Games. If the team secures continental qualification at the 2023 Pan American Games or 2024 World Championships, the duet automatically qualifies as well. The highest-ranking NOC in each of the five continental tournaments will obtain a quota place. In the case a duet has already qualified through the team process, eligibility passes to the next highest placed duet. The rest of the Olympic duet slots are filled via the duet competition at 2024 World Championships.

Ten total teams and 18 total duets compete at the 2024 Paris Olympic Games.

- WHAT:** 2023 Pan American Games
- WHERE:** Santiago, Chile
- VENUE:** Aquatic Center in the National Stadium Park
- WHEN:** October 31 - November 3
- MEDIA CONTACT:** Alyssa Jacobs (alyssa@usaartisticsswim.org)

ABOUT ARTISTIC SWIMMING

THE SPORT: Spectators have been awed by the grace and power of artistic swimming since the inception of the sport in the early 1900s. Artistic swimming requires a unique combination of overall body strength and agility, grace, split-second timing, musical interpretation, stamina and dramatic flair. Many have described the sport as a mixture of swimming, dance and gymnastics. The goal of every performance is technical excellence, artistic impression and synchronization with the music and each other. The sport has deep roots in the United States, with the USA largely being viewed as the country that developed the sport in its early years and dominated the early competition scene.

OLYMPIC & PAN AM HISTORY: The inaugural artistic swimming U.S. National Championships were held in 1946, just one year after the Amateur Athletic Union (AAU) first recognized the sport. A few years later, the 1955 Pan American Games included synchronized swimming events, and the World Aquatic Championships soon followed. After almost 40 years of concerted effort, synchronized swimming was at last included in the Olympic Games in 1984, with the United States winning the first solo and duet Olympic gold medals. In the 1996 Olympics, the team event replaced solo and duet competition, which had been a part of the Olympic program since 1984. However, the overwhelming demand for tickets and broad television appeal of the 1996 team event prompted the IOC to reinstate the duet event for 2000. This sport was admitted to the Pan American Games in the second edition at Mexico City 1955. Since then, it has been part of all the Games, except for Chicago 1959 and Winnipeg 1967.

NAME CHANGE: The sport was rebranded at the international level following the 2016 Olympic Games in Rio. The world governing body (World Aquatics) believed that the new name would better illustrate what the sport is about and hopefully lead to greater popularity. The name artistic swimming was developed with the sport's similarities to artistic gymnastics in mind.

NEW SCORING SYSTEM: For 2023, a new scoring system was implemented by World Aquatics, formerly FINA, after years of development to mirror the decreased subjectivity achieved by such sports as gymnastics and figure skating. The new system relies more heavily on difficulty with certain movements, such as hybrids or lifts, being preassigned difficulty values that greatly impact the final score. Competitors can risk attempting difficult routines and being rewarded for their execution or falling to 'basemark' if something is done incorrectly, consequently losing out on critical points in competition. The system is still being refined to capture both difficulty and artistry.

TEAM USA ARTISTIC SWIMMING

PAN AMERICAN GAMES SCHEDULE



TUESDAY, OCTOBER 31 WEDNESDAY, NOVEMBER 1 THURSDAY, NOVEMBER 2 FRIDAY, NOVEMBER 3

1:00 PM
DUET TECHNICAL
QUALIFICATION

9:00 PM
MIXED TEAM
TECHNICAL
QUALIFICATION

PRACTICE
DAY

1:00 PM
DUET FREE
QUALIFICATION

9:00 PM
MIXED TEAM
FREE
QUALIFICATION

2:00 PM
MIXED TEAM
ACROBATIC
QUALIFICATION

ABOUT THE CATEGORIES AND EVENTS



TECHNICAL EVENTS

ATHLETES MUST PERFORM THE REQUIRED ELEMENTS DESCRIBED IN THE WORLD AQUATICS RULEBOOK. THE REQUIRED ELEMENTS ARE SELECTED BY THE TECHNICAL ARTISTIC SWIMMING COMMITTEE EVERY FOUR (4) YEARS.

ELEMENTS TYPICALLY INCLUDE A MIX OF REQUIRED HYBRID MOVEMENTS, FREE HYBRIDS AND/OR PAIR/TEAM ACROBATICS DEPENDING ON THE CATEGORY. ATHLETES AND COACHES CAN SELECT DIFFERENT 'LEVELS' OF THESE ELEMENTS BASED ON THE ABILITY OF THE SWIMMERS AND RECEIVE MORE POINTS THE HIGHER THE DIFFICULTY.

DUETS: 2 MINUTES 20 SECONDS
TEAMS: 2 MINUTES 50 SECONDS

FREE EVENTS

THIS ROUTINE MAY CONSIST OF A PREDETERMINED NUMBER OF FREE HYBRIDS AND/OR ACROBATIC MOVEMENTS, DEPENDING ON THE CATEGORY. COACHES MUST DECLARE THE DIFFICULTY OF THE FREE HYBRIDS AND ACROBATIC MOVEMENTS BEFORE THE EVENT AND THE DIFFICULTY IS CALCULATED BASED OFF OF ANGLES, NUMBER OF MOVEMENTS AND OTHER FACTORS.

DUETS: 2 MINUTES 45 SECONDS
TEAMS: 3 MINUTES 30 SECONDS

ACROBATIC ROUTINES

THIS ROUTINE, PREVIOUSLY CALLED THE HIGHLIGHT ROUTINE, REQUIRES SEVEN ACROBATICS INCLUDING ONE FROM EACH OF THE FOUR LIFT 'FAMILIES' AND THREE FREE ACROBATICS. TRANSITIONS ARE FREE BUT NO DIFFICULTY IS AWARDED. ADDITIONALLY, ANY HYBRID IS ALLOWED BUT DOES NOT COUNT TOWARDS DIFFICULTY.

ACROBATIC ROUTINE: 3 MINUTES 00 SECONDS

ROUTINE TIMES ARE +/- 5 SECONDS



TEAM USA PAN AM GAMES ROSTER

ANITA ALVAREZ
JAIME CZARKOWSKI
MEGUMI FIELD
AUDREY KWON
CALISTA LIU
JACKLYN LUU
BILL (WILLIAM) MAY
DANIELLA RAMIREZ
RUBY REMATI

M/F | Age | Eligible Events | Instagram

F | 26 | Team | @AnitaaAlvarez
F | 19 | Team | @JaimeCzarkowski
F | 18 | Duet, Team | @Megumi.Field
F | 17 | Team | @Audrey_Kwon
F | 17 | Team | @CalistaaLiu
F | 24 | Team | @JackielynLuu
M | 44 | Team | @BillMayartisticswimmer
F | 22 | Team | @DaniellaaRamirezzz
F | 21 | Duet, Team | @_Ruby.Remati_

MEET AND SEASON NOTES

World Aquatics Artistic Swimming World Cup –Markham (CAN)

Technical Duet (Field/Liu).....	5th (188.2375)
Acrobatic.....	3rd (204.9959)
Technical Team	2nd (276.5374)

World Aquatics Artistic Swimming World Cup –Montpellier (FRA)

Technical Duet (Field/Liu).....	4th (254.5458)
Acrobatic.....	2nd (252.0000)
Technical Team	3rd (316.7834)
Male Technical Solo	5th (166.1459)

World Aquatics Championships – Fukuoka (JPN)

Technical Duet (Field/Remati).....	17th (196.0066)
Free Duet (Field/Remati).....	7th (209.5187)
Acrobatic.....	2nd (232.4033)
Technical Team	3rd (273.7396)
Free Team	9th (218.6605)

- USA has not qualified a team to the Olympic Games since 2008. The primary goal for the team this year is to secure continental qualification to return a team to the Games in 2024.
- An early powerhouse in the sport, USA fell off international rankings as they struggled to develop a system that enticed athletes to stay in the national team program full time rather than going to college. That all changed when head coach **Andrea Fuentes** arrived in the country at the same time **Adam Andrasko** took the job as Chief Executive Officer. The two have developed a highly competitive program and a system that athletes want to be a part of as shown by the increased average age of the team and athlete retention rates.
- This is the second season the national team is Los Angeles-based. The program made the move from northern California to UCLA in August 2021.
- The last round of national team trials to add athletes to the team was completed in May. The current squad of athletes are the athletes eligible to represent USA at 2023 World Championships, 2023 Pan American Games and 2024 World Championships.

- **Ruby Remati** and **Bill May** earned the opportunity to rejoin the national team at May trials.
- There are three returners from the last Pan American Games national team (**Alvarez, Ramirez, Remati**)
- Two athletes returned to the program from their collegiate artistic swimming careers (**Luu** - Stanford, **Remati** - Ohio State).
- This season is young star **Megumi Field**'s second season representing USA in the duet category. At only 17 years old, her talent blends well with duet partner and collegiate standout **Ruby Remati**. Their first time competing together as a pair was in Fukuoka at World Championships. They failed to make finals in their first category as they found their footing as a duet, but came back strong to finish seventh for the free portion.
- With so much on the line in the team category this season, two-time Olympian **Anita Alvarez** has not swam duet or solo for the first time in nearly eight years, instead focusing on team with the goal of qualifying the squad for the 2024 Olympic Games.
- The squad is undefeated this season against Canada, the country that has earned continental qualification at the Pan American Games for the past three Olympic cycles.
- The USA team is also undefeated against the other big continental competitor, Mexico. This year's World Championships were the first time the two nations faced, and USA topped the southern rivals in acrobatic team and team technical. Mexico elected not to compete in the free team category.
- The youngest athlete on the team is 17 years old and the eldest athlete 44.
- **Bill May**, artistic swimming legend, returned to the squad, coming out of retirement to pursue his Olympic dreams after the sport's rules were changed and males became eligible to compete in the team category this year. He is a mixed duet World Champion and adds depth and maturity to the team. He competed in the acrobatic category at the World Championships in Fukuoka this year and will be the first male in history to swim for USA at a Pan American Games.
- USA secured its first team World Championship medal in 16 years at this summer's World Championships in Fukuoka





**PAN AM GAMES HISTORY
2019 - 1955**

YEAR	TEAM	DUET
2019	CANADA MEXICO USA	CANADA MEXICO USA
2015	CANADA MEXICO USA	CANADA MEXICO USA
2011	CANADA USA BRAZIL	CANADA USA BRAZIL
2007	USA CANADA BRAZIL	USA CANADA BRAZIL
2003	USA CANADA BRAZIL	USA CANADA BRAZIL

YEAR	TEAM	DUET
1999	CANADA USA MEXICO	CANADA USA BRAZIL
1995	USA CANADA MEXICO	USA CANADA MEXICO
1991	USA CANADA CUBA	USA CANADA MEXICO
1987	USA CANADA MEXICO	USA CANADA MEXICO
1983	CANADA USA MEXICO	USA CANADA MEXICO

YEAR	TEAM	DUET
1979	USA CANADA MEXICO	CANADA USA MEXICO
1975	USA CANADA MEXICO	USA CANADA CUBA
1971	USA CANADA MEXICO	USA CANADA MEXICO
1963	USA MEXICO BRAZIL	USA USA CANADA
1955	USA CANADA MEXICO	USA MEXICO CANADA

The sport was not included at the 1967 or 1959 Pan American Games

COACHING STAFF

ANDREA FUENTES - HEAD COACH



Andrea Fuentes remains the most decorated artistic swimmer in the history of the Spanish national team. She owns four Olympic, 16 World Championship and 16 European Championship medals. Those four Olympic medals also make her the most decorated Spanish female Olympian of all time. Fuentes competed in three Olympic games (2004, 2008, 2012) where she swam in team for all three and duet in 2008 and 2012. She was a part of the Spanish national team from 1999 until her retirement in 2013.

With experience rising from 12th in the world to an Olympic medal in her own country, Fuentes took over the USA national team in 2018 with the same goal for the stars and stripes. Fuentes approaches the team with a fresh perspective. She is motivated to coach with love and genuine care for her athletes and their development while pushing boundaries. Things began to change in 2020 when the USA national team began placing higher in international competitions and topping nations that were previously seen as unreachable. Under her leadership, the national team came just .2 away from qualifying for the Olympic Games for the first time since 2008. Since that milestone, the team has been able to retain athletes for longer periods of time and attract more experienced swimmers to stay involved in the sport. She is known for her iconic and innovative choreography worldwide, including the Robot routine from the last Olympic cycle that owns the most views of any video on World Aquatics' Facebook page.

ANNA VOLOSHYNA - ASSISTANT COACH



Anna Voloshyna, Ukrainian-born artistic swimmer, joined the United States national team program in 2019 when she was hired as the junior national team head coach. In 2020, the national team program restructured its leadership to also add the title of senior team assistant coach to Voloshyna's responsibilities. In 2022, Voloshyna moved to focus her efforts solely with the senior team, working primarily with mixed duets, technical duet, male solo and acrobatic routines.

Voloshyna represented her country at the 2016 Olympics where she swam in both team and duet and earned fourth place finishes in both categories. She owns ten World Championship medals and 15 European Championship medals, including two gold. Her last competition as an athlete came in 2017 when she competed at the FINA World Championships in Budapest and added six medals to her collection. Her coaching background before coming to the United States included Ukrainian 13-15 national team coach, Ukrainian junior assistant coach and Mexican senior national team consultant. Voloshyna helped her country qualify for the Olympics in team for the first time ever in 2016. Voloshyna is known for her exceptional technical expertise and passionate performance quality.

LARA TEIXEIRA - ASSISTANT COACH / HIGH PERFORMANCE MANAGER



Lara Teixeira represented her home country of Brazil in three Olympic Games including duet in 2008 and 2012 and team in 2016. She also competed in five World Championships and three Pan American Games. Of the three Pan American Games appearances, Lara owns four medals. She retired from artistic swimming after serving as team captain of her 2016 Olympic team.

Lara was hired by USA Artistic Swimming in 2019 as a High Performance Manager and junior national team assistant coach. Since her hire, she has taken on more responsibilities due to the coaching restructuring. She now manages her high-performance duties while serving as assistant coach to the senior national team and junior team when needed. Prior to her move to the USA, she coached New Zealand's junior and senior national team where she helped establish a high-performance environment. Through the Brazil National Olympic Committee, Teixeira obtained a Business Administration degree and a postgraduate degree in Sport Management.

Hiea Yoon Kang - Assistant Coach

Dr. Selina Shah - Physician

Matt Nichols - Strength & Cond.

Victor Cano - Acrobatics Coach

Kenny Kane - Strength & Cond.

SELECTION PROCEDURES



The national team is selected through a multi-phase trial process that evaluates each individual on land and strength skills, routine swims, flexibility and an interview. The highly decorated judges, national team coaches and the high performance manager evaluate each athlete and help in determining which athletes earn placements in the national talent program. The process is overseen by the VP of Olympic International and the Athlete Advisory Council representative.

The national team is comprised of athletes in full time training in Los Angeles. Athletes cannot compete at collegiate institutions or clubs and still be eligible to participate in international competitions representing USA Artistic Swimming due to the requirement to be in full time training as a squad.

From the final rankings, a specified number of athletes are selected to be invited to join the team based on the current number of full-time athletes training in Los Angeles. Athletes who are junior-aged may hold dual-team positions, swimming for both the junior and senior squads when needed and if the ability level allows.

From the athletes that are members of the full-time training squad, inter-squad trials are held to nominate who will represent the USA in mixed duet, duet and competition team rosters. These squad nominations also determine USOPC direct athlete support funding for athletes.

For the Pan American Games, only nine athletes can be utilized across the three team categories. While only eight swim in each routine, different combinations of athletes are permitted for each of the three disciplines. Of the 12 currently on the squad, the nine that will travel to Santiago were selected in September. The duet is also selected through a trial process finalized in September.

ATHLETE PAGES

ANITA ALVAREZ



DOB: 12/2/1996 (26)
Birthplace: Buffalo, N.Y.
Hometown: Buffalo, N.Y.
High School: U.S. High Performance Academy
Club: Town of Tonawanda Aquettes
Olympic Experience: 2016 Olympic Games (Rio) - 9th (Duet), 2020 Olympic Games (Tokyo) - 13th (Duet)
Senior World Championship Experience: 2015 (10th - Technical Team, 12th - Free Team, 12th - Technical Duet, 11th - Free Duet), 2017 (12th - Free Team, 12th - Technical Duet, 11th - Free Duet), 2019 (12th - Free Solo, 12th - Technical and Free Duet, 11th - Free Team), 2022 (6th - Technical Solo, 7th - Free Solo, 7th - Technical Duet), 2023 (2nd - Acrobatic, 3rd - Technical Team, 9th - Free Team)
Pan American Games Experience: 2019 (3rd - Duet, 3rd - Team), 2015 (3rd - Duet, 3rd - Team)
Career Accolades: 4x USA Artistic Swimming Athlete of the Year, USA's primary soloist since 2020, 2014 Junior World Championships (7th - Duet, 10th - Duet), Qualified for 2012 Olympic team trials at 14 years old

JAIME CZARKOWSKI



DOB: 12/5/2003 (19)
Birthplace: Calgary, Canada
Hometown: Calgary, Canada
High School: Western Canada High School
Club: Calgary Aquabelles
Senior World Championship Experience: 2022 (6th - Technical Team, 9th - Free Team, 5th - Highlight), 2023 (2nd - Acrobatic, 3rd - Technical Team, 9th - Free Team)
Personal: Her dad played professional baseball and was drafted by the Seattle Mariners in 1989

MEGUMI FIELD



DOB: 10/15/2005 (18)
Birthplace: Wilmington, Del.
Hometown: Cerritos, Calif.
High School: Laurel Springs High School
Club: La Mirada Aquabelles
Senior World Championship Experience: 2022 (7th - Technical Duet, 9th - Free Duet, 6th - Technical Team, 9th - Free Team), 2023 (3rd - Technical Team, 9th - Free Team, 17th - Technical Duet, 7th - Free Duet)
Career Accolades: 2021 Junior Pan American Games (2nd - Team, 2nd - Highlight, 2nd - Duet)
Personal: She is half Japanese... She moved from coast to coast (Delaware to California) with her family to pursue her artistic swimming dreams... 2023 USA Artistic Swimming Athlete of the Year

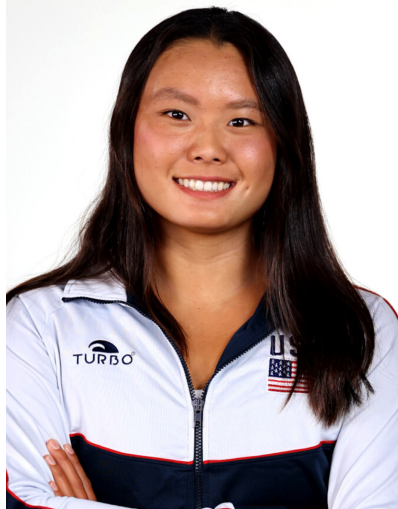
AUDREY KWON



DOB: 6/16/2006 (17)
Birthplace: Seattle, Wash.
Hometown: Seattle, Wash.
High School: Laurel Springs High School
Club: La Mirada Aquabelles
Senior World Championship Experience: 2023 (3rd - Technical Team, 9th - Free Team, 2nd - Acrobatic)
Career Accolades: 2022 Junior World Championships (7th - Technical Duet, 6th - Technical Team)
Personal: Audrey moved to America when she was two years old and started the sport when she was eight

ATHLETE PAGES

CALISTA LIU



DOB: 12/18/2005 (17)
Birthplace: Fullerton, Calif.
Hometown: Fullerton, Calif.
High School: Connection Academy CA
Club: La Mirada Aquabelles
Senior World Championship Experience: 2023 (9th - Free Team, 2nd - Acrobatic)
Career Accolades: 2022 Junior World Championships (6th - Technical Team, 7th - Technical Duet)
Personal: Started artistic swimming when she was nine years old... Enjoys reading and watching TV in her free time... Has a cat named Lulu

JACKLYN LUU



DOB: 4/20/1999 (24)
Birthplace: Milpitas, Calif.
Hometown: Milpitas, Calif.
High School: Valley Christian High School
College: Stanford University
Club: Santa Clara Aquamaids
Senior World Championship Experience: 2017 (11th - Technical Team, 12th - Free Team), 2023 (3rd - Technical Team, 9th - Free Team)
Career Accolades: U.S. Collegiate Solo, Duet and Team Champion, 2021 U.S. Collegiate Athlete of the Year, 5x All-American, U.S. Collegiate High Point Athlete, 2016 Junior World Championships (9th - Team, 11th - Duet)
Personal: Is a second generation Vietnamese-American...Has a Bachelors degree in Psychology and Masters degree in Bioinformatics from Stanford University... Can play the piano and ukelele...Plans to work at the intersection of health and technology

BILL (WILLIAM) MAY



DOB: 1/17/1979 (44)
Birthplace: Syracuse, N.Y.
Hometown: Syracuse, N.Y.
High School: Santa Clara High School
Club: Santa Clara Aquamaids
Senior World Championship Experience: 2015 (1st - Mixed Duet Technical, 2nd - Mixed Duet Free), 2017 (3rd - Mixed Duet Free and Technical), 2019 (4th - Mixed Duet Free and Technical), 2023 (2nd - Acrobatic)
Personal: Worked at Cirque Du Soleil's "O" in Las Vegas...Started in synchro in 1989....Favorite food is ice cream...Coaches and manages his home club and one of the most successful club teams in the country - the Santa Clara Aquamaids

DANIELLA RAMIREZ



DOB: 10/6/2001 (22)
Birthplace: Indianapolis, IN
Hometown: Miami, Fla.
High School: Florida Virtual School
College: University of California - Los Angeles
Club: Unaffiliated
Senior World Championship Experience: 2019 (11th - Technical Team), 2022 (6th - Technical Team, 9th - Free Team, 5th - Highlight), 2023 (3rd - Technical Team, 9th - Free Team, 2nd - Acrobatic)
Pan American Games Experience: 2019 (3rd - Team)
Personal: She is a third-generation artistic swimmer behind her grandmother, mother and sister... Her father and brother were both swimmers and divers... She is attending UCLA while training as a member of the national team... One of the first Team USA athletes to be able to receive in-state tuition at UCLA through the California Assembly Bill 2747

ATHLETE PAGES

RUBY REMATI



DOB: 8/14/2002 (21)

Birthplace: Andover, Mass.

Hometown: Andover, Mass.

High School: Laurel Springs School

College: The Ohio State University

Club: ANA YMCA Synchro

Senior World Championship Experience: 2019 (12th - Free and Technical Duet, 11th - Technical and Free Team), 2023 (3rd - Technical Team, 9th - Free Team, 17th - Technical Duet, 7th - Free Duet)

Pan American Games Experience: 2019 (3rd - Duet, 3rd - Team)

Career Accolades: U.S. Collegiate Duet (2023), Team (2022 and 2023) and Figure (2023) Champion, 2023 U.S. Collegiate High Point Athlete, 2020 Olympic duet reserve

Personal: Completed two years of college before returning to national team to pursue her Olympic dreams... Born in Sydney, Australia and is a dual citizen... Stepped in for Anita Alvarez to help USA qualify a duet for the Tokyo Olympic Games in 2021