

Mountain South WSO Board Meeting Minutes 8/21/25 8pm PT on Google Meet

Present: Jodi Stumbo, Joaquin Chavez, Leanda Bevans, Ethan Baggaley, Eric Bramwell, Jesse Vezina, Natalie Vezina, Amanda Cook

Not Present: none

Agenda:

1. 2025 WSO Championships
2. Open Positions
3. 2026 WSO Championships
4. New Business
5. Next Meeting

Meeting started at 8:00pm PT

Minutes:

1. 2025 WSO Championships
 - Joaquin provided update on status of event – registration increasing, estimating about 75 athletes.
 - Board has decided to add adaptive divisions as well. Registration is live on BARS, need to put out social media post. Natalie confirmed that she would be able to do this by end of weekend.
 - Jodi confirmed receipt of medals and awards that were shipped. Discussed that with late addition of adaptive divisions there is a chance that we will not have enough medals. Plan to order more if needed at completion of event
 - Jesse confirmed Onxy as event sponsorship, providing gift cards to best over male/female lifter and will provide keychains for discount. Board voted 7-0 to order 100 keychains for each registered athlete for participation. Jesse reports waiting to hear back from LMNT about possible sponsorship of event as well.
2. Open Positions
 - Since August meeting, both Morgan and Leanda resigned their athlete rep positions.
 - Amanda confirmed that USAW will hold 2 vacancy elections starting with nominations in November.
3. 2026 WSO Championships

- Reviewed email from Pedro with requests of USAW to WSO to help with WSO Championships.
 - Will look at options for assisting with set-up/tear-down, TOs, and loaders as time grows closer
4. New Business
- Discussion on deactivating Facebook page due to little interaction on that page and difficulty with monitoring multiple social media pages
 - It was decided not to deactivate page to allow maximum reach. Will continue to cross post all info from Instagram to Facebook with limited monitoring of Facebook page.
5. Next Meeting
- Next meeting scheduled for October 23, 2025 at 8:00pm PT

Meeting concluded at 8:28pm PT.