

<b>2024 USA Diving Zone F Championships</b>		
June 27th-June 30th, 2024		
Mission Viejo, California		
<b>Tuesday, June 25th, 2024</b>		
Pool Opens 3:30PM		
Open Warmup 4-8pm		
<b>Wednesday, June 26th, 2024</b>		
Pool Opens 7:30AM		
Region 11 Flighted Warmups- 8-10am & 1-3pm		
Region 12 Flighted Warmups- 10am-12pm & 3-5pm		
Technical Meeting 5pm-6pm		
Open Warmups 12-1pm & 6-8pm		

<b>Thursday, June 27th, 2024</b>		
Pool Opens 6:30am		
Region 12 7-8am		
Region 11 8-9am		
45 minute Event 1 Warmup		
Event 1 10am-11:40am		
1M	3M	PL
GROUP C GIRLS		GROUP D GIRLS & BOYS
60 Minute Event 2 Warmup		
Event 2 12:45 pm- 2pm		
1M	3M	PL
GROUP B BOYS	GROUP C BOYS	

**Open Warmup 2-5PM**

**Friday, June 28th, 2024**

**Pool Opens 6:30am**

**Region 11 7-8am**

**Region 12 8-9am**

**45 minute Event 3 Warmup**

**Event 3 10am-11:25pm**

<b>1M</b>	<b>3M</b>	<b>PL</b>
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<b>GROUP D BOYS</b>	<b>GROUP C GIRLS</b>	<b>GROUP B BOYS</b>
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**60 Minute Event 4 Warmup**

**Event 4 12:30pm- 1:45pm**

<b>1M</b>	<b>3M</b>	<b>PL</b>
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<b>GROUP B GIRLS</b>	<b>GROUP D GIRLS</b>	<b>GROUP C BOYS</b>
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**60 Minute Event 5 Warmup**

**Event 5 2:50 pm- 4:15pm**

<b>1M</b>	<b>3M</b>	<b>PL</b>
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<b>GROUP A GIRLS</b>	<b>GROUP A BOYS</b>	
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**Open Warmup 4:15-6pm**

**Saturday, June 29th, 2024**

**Pool Opens 6:30am**

**Region 12 7-8am**

**Region 11 8-9am**

**45 minute Event 6 Warmup**

**Event 6 10am- 11:30am**

<b>1M</b>	<b>3M</b>	<b>PL</b>
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<b>GROUP D GIRLS</b>	<b>GROUP D BOYS</b>	<b>GROUP C GIRLS</b>
<b>60 Minute Event 7 Warmup</b>		
<b>Event 7 12:35pm- 2:05pm</b>		
<b>1M</b>	<b>3M</b>	<b>PL</b>
<b>GROUP C BOYS</b>	<b>GROUP B BOYS</b>	<b>GROUP B GIRLS</b>
<b>60 Minute Event 8 Warmup</b>		
<b>Event 8 3:10pm-4:35pm</b>		
<b>1M</b>	<b>3M</b>	<b>PL</b>
<b>GROUP A BOYS</b>	<b>GROUP A GIRLS</b>	
<b>Open Warmup 4:35-6pm</b>		

<b>Sunday, June 30th, 2024</b>		
<b>Pool Opens 6:30am</b>		
<b>Region 11 7-8am</b>		
<b>Region 12 8-9am</b>		
<b>45 minute Event 9 Warmup 9am-9:45am</b>		
<b>Event 9 10am- 11:30am</b>		
<b>1M</b>	<b>3M</b>	<b>PL</b>
	<b>GROUP B GIRLS</b>	<b>GROUP A GIRLS</b>
<b>60 Minute Event 10 Warmup</b>		
<b>Event 10 12:35pm- 2pm</b>		
<b>1M</b>	<b>3M</b>	<b>PL</b>
		<b>GROUP A BOYS</b>