

December Board Meeting

15 December 2022 7:30PM / Virtual

ATTENDEES

- Jackie Black, Jaquelin Ong, Jake Stern, Chris Carter, Lola Pollack, Tony Ober(absent), Emily Sturdy, Lacey Gonzalas(absent)

AGENDA

New Business

- WSO Championships hosted at a Chapel Hills Mall Colorado Springs venue
- WSO Championships promotion

NOTES

- WSO Championships hosted by Mountain North WSO venue will be hosted at Chapel Hills Mall in Colorado Springs.
 - Snappy Patchy as possible photographer for WSO Championships on 5-7 May?
 - T-shirt size upon registration?
 - Registration cost \$140
 - Each local weightlifting club volunteers 2 total sets of weights preferred for a total of 8 training platforms and 1 competition platform
 - Free venue for 2023
 - Extra large venue, bathrooms, staff room, lots of public parking, access to food court, and mall public restrooms.
 - platforms provided by WSO will pay for warm up platforms

- ONG WEIGHTLIFTING would love to donate event STAFF T-Shirts

ACTION ITEMS

1. **All Board Members** - Headshots and biography
2. **Jackie/ lola** - Upcoming Mountain North WSO Championships registration in bars with USAW
3. **Lola** - social media

NEXT MONTH'S AGENDA

- Curriculum for future seminars
- WSO Championships
- Community Outreach - next email from WSO to Mt. N. WSO athletes to promote competition. Nationals Qualifier