



2026

**KICK OFF THE NEW
YEAR WITH USATKD**



ARE YOU READY?

WWW.USATKD.ORG



2026... KICK OFF THE YEAR WITH USATKD

- 01 2026 U.S. NATIONAL TKD TEAM TRIALS

- 02 2026-27 WORLD-CLASS PATHWAYS

- 03 2026-27 ASPIRING PATHWAYS

- 04 2027 POOMSAE TEAM PATHWAYS

- 05 2026 U.S. OPEN CHAMPIONSHIPS

- 06 2026 AMERICAN OPENS

- 07 2026 USATKD STATE EVENTS

- 08 2026 USATKD CAMPS

- 09 USATKD COMPETITION RULES

- 10 RESOURCES & KEY LINKS

2026 U.S. TEAM TRIALS



JAN 30 - FEB 01
TULSA, OKLAHOMA

[DETAILED EVENT INFO](#)

**COMPETITION TO EARN
2026 U.S. NATIONAL TEAM OR
ALTERNATE TEAM SPOT**

**U.S. NATIONAL TEAM MEMBERS GO
ON TO COMPETE INTERNATIONALLY
REPRESENTING THE U.S.**

[VIEW THE 2026 TEAM TRIAL
ATHLETE INVITE LIST](#)

[VIEW THE 2025 USATKD
DOMINANT ATHLETES](#)

KEY INFO – 2026 U.S. TEAM TRIALS



01

KNOW BEFORE YOU GO

[INFO PACKET](#)

[SCHEDULE](#)

[SPECTATOR SEASON PASS](#)

-LAST DAY TO PURCHASE 2/1

[BOOK YOUR HOTEL](#)

02

EARLY BIRD REGISTRATION

THRU 12/31/25 11:59PM MST

[REGISTER NOW](#)

REGULAR REG BEGINS 1/1/26

REGISTRATION CLOSES 1/8/26

03

U.S. NATIONAL TEAM MEDIA

MEETING AFTER COMPETITION



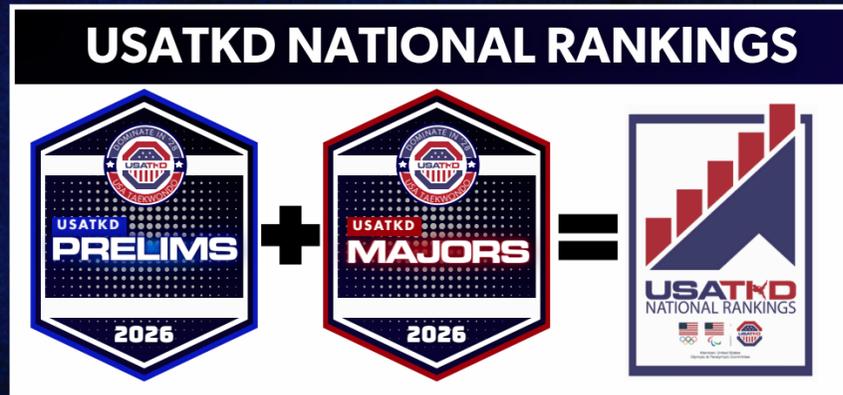
USA TAEKWONDO

WORLD-CLASS ATHLETES

2026 COMPETITION SEASON EVENTS &
2027 U.S.TEAM TRIAL QUALIFICATIONS



2026 USATKD EVENTS



USATKD PRELIMS

US2.0
USATKD
SANCTIONED EVENT

AREA CLUB EVENTS

US6.0
USATKD
SANCTIONED EVENT

INTRASTATE EVENTS

US10.0
USATKD
SANCTIONED EVENT

REGIONAL EVENTS

US12.0
USATKD
SANCTIONED EVENT

NCTA COLLEGIATES

US12.0
USATKD
SANCTIONED EVENT

USATKD STATE CHAMPIONSHIPS

ALL PRELIM EVENTS ARE OPEN
PRELIM EVENTS: 250 POINT MAX
APPLIED TO USATKD RANK

USATKD MAJORS



MAR 05-08
LAS VEGAS, NV

OPEN EVENT FOR BLACK BELTS
WORLD TAEKWONDO GAL REQUIRED



MAY 29-31 - EAST
OAKS, PA
JUNE 12-14 - WEST
TUCSON, AZ

OPEN EVENT FOR ALL BELTS



JULY 01-05
CHARLOTTE, NC

PARTICIPATE AT AN AMERICAN OPEN -OR- MEDAL AT A USATKD STATE CHAMPIONSHIP



SEPT 11-13
LITTLE ROCK, AR

TOP 20 USATKD RANKED ATHLETES



OCT 22-25
DAYTONA BEACH, FL

WORLD TAEKWONDO G1 EVENT FOR BLACK BELTS
WORLD TAEKWONDO GAL REQUIRED
OPEN EVENT FOR COLOR BELTS



[CLICK HERE TO ACCESS THE USA TAEKWONDO NATIONAL SPARRING AND POOMSE SYSTEM RANKING RULES](#)



2027 U.S. NATIONAL TEAM TRIAL QUALIFICATION

WORLD-CLASS BLACK BELT ATHLETES

USATKD NATIONAL RANKINGS



CADET QUALIFICATION

TO QUALIFY FOR THE 2027 U.S. TEAM TRIAL ATHLETES MUST MEET ONE OF THE BELOW REQUIREMENTS:

- **TOP 16 USATKD CADET RANKED ATHLETES (DECEMBER 1, 2026)**
- **2026 USATKD CADET NATIONAL TEAM MEMBERS**
- **YOUTH AGING UP - USATKD RANKED #1 & #2 YOUTH ATHLETES (DECEMBER 2026)**

ALL ATHLETES MUST PARTICIPATE & COMPETE AT THE 2026 U.S. NATIONAL TAEKWONDO CHAMPIONSHIPS

JUNIOR QUALIFICATION

TO QUALIFY FOR THE 2027 U.S. TEAM TRIAL ATHLETES MUST MEET THE REQUIREMENTS IN ONE OF THE PATHWAYS BELOW:

NATIONAL PATHWAY

ATHLETES MUST MEET ONE OF THE BELOW REQUIREMENTS:

- **TOP 12 USATKD JUNIOR RANKED ATHLETES (DECEMBER 1, 2026)**
- **2026 USATKD JUNIOR NATIONAL TEAM MEMBER**
- **CADETS AGING UP - USATKD RANKED #1 - #4 CADET ATHLETES (DECEMBER 2026)**

ALL ATHLETES MUST PARTICIPATE & COMPETE AT THE 2026 U.S. NATIONAL TAEKWONDO CHAMPIONSHIPS

INTERNATIONAL PATHWAY

ATHLETES MUST MEET THE BELOW REQUIREMENT:

- **WIN ANY 2 MEDALS AT A WORLD TAEKWONDO G-RATED EVENT**

A WORLD TAEKWONDO BRACKET MUST HAVE AT LEAST 4 ATHLETES FROM 4 DIFFERENT COUNTRIES FOR THE MEDAL TO COUNT TOWARD THE U.S. INTERNATIONAL PATHWAY.

COMPLETED RESULTS/BRACKETS MUST BE EMAILED TO KATIE CLEVELAND AT KCLEVELAND@USATKD.ORG

ALL ATHLETES MUST PARTICIPATE & COMPETE AT THE 2026 U.S. NATIONAL TAEKWONDO CHAMPIONSHIPS

SENIOR QUALIFICATION

TO QUALIFY FOR THE 2027 U.S. TEAM TRIAL ATHLETES MUST MEET THE REQUIREMENTS IN ONE OF THE PATHWAYS BELOW:

NATIONAL PATHWAY

ATHLETES MUST MEET ONE OF THE BELOW REQUIREMENTS:

- **TOP 10 USATKD SENIOR RANKED ATHLETES (DECEMBER 1, 2026)**
- **2026 USATKD SENIOR NATIONAL TEAM MEMBER**
- **2026 USATKD U21 NATIONAL TEAM MEMBER**
- **JUNIORS AGING UP - USATKD RANKED #1 - #4 JUNIOR ATHLETES (DECEMBER 2026)**

ALL ATHLETES MUST PARTICIPATE & COMPETE AT THE 2026 U.S. NATIONAL TAEKWONDO CHAMPIONSHIPS EXCEPT THE 2026 USATKD SENIOR NATIONAL TEAM

INTERNATIONAL PATHWAY

ATHLETES MUST MEET ONE OF THE BELOW REQUIREMENTS:

- **WORLD TAEKWONDO TOP 40 WORLD RANKED ATHLETES - MAY 2026 RANKINGS**
- **WORLD TAEKWONDO TOP 40 WORLD RANKED ATHLETES - JANUARY 2027**

ALL ATHLETES QUALIFYING VIA THIS INTERNATIONAL PATHWAY ARE NOT REQUIRED TO COMPETE AT THE 2026 U.S. NATIONAL TAEKWONDO CHAMPIONSHIPS.

SENIOR SELECTION PROCEDURES

DETAILED 2027 U.S. SENIOR WORLD CHAMPIONSHIPS AND PAN AMERICAN GAMES SELECTION PROCEDURES COMING SOON.



2026 WT U21 PROCEDURES

ATHLETES MUST BE TURNING 17 THROUGH 21 IN 2026 (PER WORLD TAEKWONDO 2025 GUIDELINES)

ATHLETES MUST PARTICIPATE AND COMPETE IN A U21 DIVISION AT EITHER 2026 AMERICAN OPEN EVENT (EAST OR WEST)

- **COMPETING IN A U21 DIVISION AT AN AMERICAN OPEN WILL EARN USATKD RANKING POINTS**

U21 TEAM TRIAL:

- **U21 TEAM TRIAL WILL BE HELD AT THE 2026 U.S. NATIONAL TAEKWONDO CHAMPIONSHIP**
- **2025 U21 TEAM MEMBERS THAT MEET AGE REQUIREMENTS AUTO-QUALIFY TO COMPETE AT THE 2026 U21 TEAM TRIAL**
- **NO RANKING POINTS ARE AWARDED AT THE U21 TEAM TRIAL**
- **U21 WINNERS (GOLD MEDALIST) QUALIFY FOR THE 2027 U.S. NATIONAL TAEKWONDO TEAM TRIALS**



USA TAEKWONDO

ASPIRING ATHLETES

2026 COMPETITION SEASON EVENTS



2026 USATKD EVENTS



USATKD PRELIMS

-  **AREA CLUB EVENTS**
-  **INTRASTATE EVENTS**
-  **REGIONAL EVENTS**
-  **NCTA COLLEGIATES**
-  **USATKD STATE CHAMPIONSHIPS**

ALL PRELIM EVENTS ARE OPEN

USATKD MAJORS



MAR 05-08
LAS VEGAS, NV

OPEN EVENT FOR
BLACK BELTS
WORLD TAEKWONDO
GAL REQUIRED



MAY 29-31 - EAST
OAKS, PA
JUNE 12-14 - WEST
TUCSON, AZ

OPEN EVENT
FOR ALL BELTS



JULY 01-05
CHARLOTTE, NC

PARTICIPATE AT AN
AMERICAN OPEN
-OR-
MEDAL AT A USATKD
STATE CHAMPIONSHIP



SEPT 11-13
LITTLE ROCK, AR

OPEN FOR
ASPIRING
ATHLETES



OCT 22-25
DAYTONA BEACH, FL

OPEN EVENT FOR COLOR BELTS
OPEN EVENT FOR BLACK BELTS
AND WORLD TAEKWONDO
GAL REQUIRED
WORLD TAEKWONDO
G1 EVENT FOR BLACK BELTS

[CLICK HERE TO ACCESS THE USA TAEKWONDO
NATIONAL SPARRING AND POOMSE SYSTEM RANKING RULES](#)



2026 ASPIRING DOMINANT ATHLETE

USATKD NATIONAL RANKINGS



USATKD National Rankings are calculated by adding the total number of points earned through competition at 2026 USATKD PRELIM Events PLUS 2026 USATKD MAJOR Events.

[CLICK HERE TO REFER TO THE U.S. NATIONAL SPARRING & POOMSAE RANKING RULE DOCUMENTS FOR ALL USATKD NATIONAL RANKING RULES. WWW.USATKD.ORG](#)

2026 USATKD ASPIRING DOMINANT ATHLETE

2026 USATKD ASPIRING DOMINANT ATHLETES ARE THOSE WHO EARN ALL 3:



#1 USATKD NATIONAL RANKED ATHLETE (AS OF DECEMBER 1, 2026)



EARN A MEDAL AT THE 2026 U.S. NATIONAL TAEKWONDO CHAMPIONSHIPS



EARN A MEDAL AT THE 2026 SEASON FINAL/SPORTS FESTIVAL)

2026 USATKD ASPIRING DOMINANT ATHLETE

ALL 2026 USATKD ASPIRING DOMINANT ATHLETES WILL:

- ★ BE RECOGNIZED AT THE END OF THE 2026 USATKD COMPETITION SEASON
- ★ BE INVITED TO ATTEND A TRAINING CAMP
- ★ RECEIVE A USATKD SWAG BAG



USA TAEKWONDO

2027 USA TAEKWONDO NATIONAL POOMSAE TEAM PATHWAY

[CLICK HERE TO ACCESS THE
2027 USATKD NATIONAL POOMSAE PATHWAYS](#)

2026 U.S. OPEN CHAMPIONSHIPS



MARCH 05-08, 2026
LAS VEGAS, NEVADA

[DETAILED EVENT INFO](#)

EVENT FOR BLACK BELTS ONLY
KYORUGI, POOMSAE, PARA-KYORUGI
& PARA-POOMSAE



**WORLD TAEKWONDO
G2 EVENT**



**USATKD MAJOR EVENT
& US70.0 RANKING
POINT EVENT**



**EARN A WILD CARD TO THE
PAN AMERICAN CHAMPIONSHIPS**
CADET, JUNIOR, SENIOR WINNERS (GOLD MEDALISTS)

TO COACH AT THE U.S. OPEN

Coaches must be at least a Level 1 Coach for Kyorugi and Level 1 Coach for Poomsae. The course is valid for 2 years.

[To Complete a Refresher Course: Click Here](#)

GET PREPARED... One Step At A Time



01

READ THE EVENT INFO DOCS
[KYORUGI](#)
[POOMSAE](#)
[PARA-KYORUGI](#)
[PARA-POOMSAE](#)

02

EARLY BIRD REGISTRATION
THRU 1/28/26
[REGISTER NOW](#)

PLAN YOUR TRAVEL
[BOOK YOUR HOTEL STAY](#)

03

GET A RESERVED SEAT
WITH THE [PURCHASE A
SPECTATOR SEASON PASS](#)

LAST DAY TO PURCHASE
SEASON PASS: FEB 1, 2026

2026 AMERICAN OPENS



EAST

MAY 29-31 | OAKS, PA
[DETAILED EVENT INFO](#)

WEST

JUNE 12-14 | TUCSON, AZ
[DETAILED EVENT INFO](#)



**USATKD MAJOR
EVENT & US30.0
RANKING
POINT EVENT**



**OPEN EVENT FOR
U.S. & INTERNATIONAL
TAEKWONDO ATHLETES**

**U.S. ATHLETE PARTICIPATION
QUALIFIES FOR 2026 U.S.
NATIONAL TKD
CHAMPIONSHIPS**

**PARTICIPATION IN U21 DIVISIONS
REQUIRED TO COMPETE AT THE
U21 U.S. TEAM TRIAL.
[REFERENCE U21 PATHWAYS FOR
FURTHER DETAILS](#)**

GET READY IN 3 EASY STEPS...



01

READ THE EVENT INFO DOCS
[EAST AMERICAN OPEN](#)
[WEST AMERICAN OPEN](#)

CHECK THE EVENT SCHEDULE
[EAST SCHEDULE](#)
[WEST SCHEDULE](#)

02

EARLY BIRD REGISTRATION
THRU 12/31/25 11:59PM MST
[REGISTER NOW](#)

PLAN YOUR TRAVEL
[BOOK YOUR HOTEL STAY](#)

03

RESERVE A SEAT WHEN
YOU [PURCHASE A](#)
[SPECTATOR SEASON PASS](#)

LAST DAY TO PURCHASE
SEASON PASS: FEB 1, 2026



2026

USATKD

STATE CHAMPIONSHIP

[USATKD EVENT CALENDAR](#)

**OPEN EVENTS FOR
COLOR & BLACK BELTS**

**OPEN EVENTS FOR U.S.
& INTERNATIONAL
ATHLETES**



**USATKD PRELIM EVENT
& US12.0 RANKING
POINT EVENT**



**MEDAL & EARN AN INVITE TO THE 2026
U.S. NATIONAL TAEKWONDO
CHAMPIONSHIPS (U.S. ATHLETES ONLY)**

USATKD CAMPS

SPARRING • POOMSAE • PARA-SPARRING • PARA-POOMSAE

CA

JANUARY 9-10
REFEREE CAMP
LOS ANGELES, CALIFORNIA

FL

JANUARY 24-25
PARA-POOMSAE CAMP
MIAMI, FLORIDA

NC

JANUARY 17-18
ASPIRING DOMINANT ATHLETE
SPARRING CAMP
CHARLOTTE, NORTH CAROLINA

CO

JANUARY 10-11
LEVEL UP CAMP WITH COACH
GARETH BROWN
AURORA, COLORADO

AK

FEBRUARY 21
LEVEL UP CAMP WITH S&C
COACH TIM THACKREY
EAGLE RIVER, ALASKA

[MORE CAMPS WILL BE ADDED SOON!](#)
[CHECK THE USATKD CALENDAR FOR](#)
[THE LATEST CAMP INFO.](#)





**COMPETITION RULES &
INTERPRETATION**

**NEW WEIGHT DIVISIONS
FOR COLOR BELTS**

POOMSAE



[POOMSAE RULES & INTERPRETATION](#)



[TRADITIONAL POOMSAE RULES](#)

KYORUGI (SPARRING)



[KYORUGI RULES & INTERPRETATION](#)



[KYORUGI RULES UPDATE](#)



[WATCH TOWNHALL - KYORUGI RULE UPDATES](#)

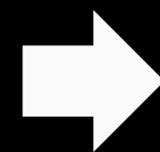


[NEW WEIGHT DIVISIONS - COLOR BELTS](#)

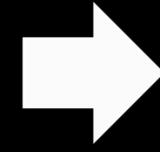
[USATKD COMPETITION RULES WEBPAGE](#)

RULES EFFECTIVE JAN 1, 2026

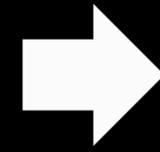
RESOURCES & KEY LINKS



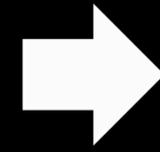
[BECOME A USATKD MEMBER](#)



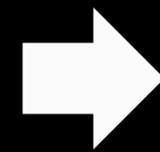
[USATKD EVENT/CAMP CALENDAR](#)



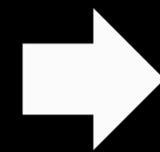
[COACH SEASON PASS](#)



[SPECTATOR SEASON PASS](#)



[REGISTER FOR AN EVENT/CAMP](#)



[SAFESPORT INFORMATION](#)



MORE INFO COMING SOON

2026 U.S.
NATIONAL TKD
CHAMPIONSHIPS

MORE USATKD
LEVEL UP CAMPS

USATKD HOSTS
WORLD TKD GI
OCTOBER 22-25

2026 U.S SEASON
FINAL

EDUCATION
& TRAINING

[USATKD.ORG](https://usatkd.org)