

2024 USA Diving Region 4 Championships | Dallas, TX April 19th-21st

Friday, April 19th

Flighted Warm Ups	7:00am-9:00am
Event 1 & 2 Warm Up	9:00am-9:30am
Group D Boys + Girls 3 Meter & Group C Boys + Girls Platform	9:30am-10:00am
Event 3 Warm Up	10:00am-10:30am
Group B Girls 1 Meter & Group B Boys 3 Meter	10:30am-11:40am
Event 4 Warm Up	11:40am-12:25pm
Group A Girls 1 Meter & Group A Boys 3 Meter	12:25pm-3:00pm

Saturday, April 20th

Flighted Warm Ups	7:00am-9:00am
Event 5 & 6 Warm Up	9:00am-9:30am
Group D Boys + Girls Platform & Group C Boys 1 Meter & Group B Boys Platform	9:30am-9:45am
Event 7 Warm Up	9:45am-10:30am
Group A Girls 3 Meter & Group C Girls 1 Meter	10:30am-12:45pm
Event 8 Warm Up	12:45pm-1:30pm
Group B Girls 3 Meter & Group A Boys Platform	1:30pm-2:40pm

Sunday, April 21st

Flighted Warm Ups	7:00am-9:00am
Event 9 & 10 Warm Up	9:00am-9:30am
Group D Boys + Girls 1 Meter & Group C Boys + Girls 3 Meter	9:30am-10:40am
Event 11 Warm Up	10:40am-11:10am
Group B Girls Platform & Group B Boys 1 Meter	11:10am-11:55am
Event 12 Warm Up	11:55am-12:40pm
Group A Girls Platform & Group A Boys 1 Meter	12:40pm-2:20pm