

# 2026 USA Diving Region 1 Championship

## Event Schedule

Greenwich, CT

**Friday, April 24<sup>th</sup>**

**Open Training**

12:30 - 4:30 PM

**SESSION 1**

Group C & D Girls 1-Meter

Group C & D Boys 3-Meter

Group C & D Girls 3-Meter

Group C & D Boys 1-Meter

**Saturday, April 25<sup>th</sup>**

**Open Training**

6:00 - 8:30 AM

**SESSION 2**

Group B Girls 3-Meter

Group B Boys 1-Meter

Group A Girls 3-Meter

Group A Boys 1-Meter

**Sunday, April 26<sup>th</sup>**

**Open Training**

6:00 - 8:30 AM

**SESSION 3**

Group B Girls 1-Meter

Group B Boys 3-Meter

Group A Girls 1-Meter

Group A Boys 3-Meter

**Open Training**

**End of Last Event - 3:00 PM**

\*Final event warm-up and start times will be determined following confirmation of the number of entrants.