

Iowa 16U Boys Freestyle Roster

First Name	Last Name	Weight Class
Kai	McDonald	88
Levi	Charles	88
Ryder	Uhlenhake	88
Rylan	Halverson	88
Johnathan	Thompson	94
Macklin	Doyle	94
Landon	Wheelan	94
Case	Freeman	94
Cyrus	Millage	100
Lincoln	Pochinski	100
Shay	Lundvall	100
Esaias	Koethe	106
Easton	Landas	106
Amir	Newman-Winfrey	106
Knox	Ayala	106
Ashur	Whitmer	113
Lincoln	Whitcome	113
Tyler	Gerhold	113
Anderson	Osgood	113
Diego	Robertty	113
Luke	Walsh	113
Ace	Cochrane	113
Riker	Dewitt	120
Kaleb	Brown	120
Abe	Heysinger	120
Beckett	Loughren	120
Kaden	Sergio	120
Hugo	Hughes	126
Adam	Carey	126
Bode	McIlravy	126
Bo	Link	126
Joseph	Leick	132
Bo	Hake	132
Cain	Crosson	132
Garrett	Bills	132
Oliver	Lange	132
Eli	Edfors	138
Kash	Koopmans	138
Deshawn	Parrow	138

Jett	Kramer	144
Noah	Kauffman	144
Riley	Watts	144
Braxton	Wade	150
Owin	Koethe	150
Grayson	Bowman	150
Rex	Edmonds	150
Jaimon	Mogard	157
Ricky	Titus	157
Lincoln	Linden	157
Matthew	Crimmins	157
Jace	Kinzenbaw	157
Colton	Kueter	165
Owen	Thomas	165
Brooxton	Lundgren	165
Croix	Gudenkauf	165
Tyde	Nelsen	175
Emmett	Shedek	175
Colin	Sesker	175
Dawson	Gray	190
Payton	Kimmerle	190
Kaden	Mitchell	190
Meric	Hagarty	215
Cash	Frey	215
Carter	Eddy	215
Brady	Grier	215
Ryne	Dobson	215
Keegan	Gillmore	285
Vincent	Lumetta	285
Beckett	Curran	285

Iowa 16U Boys Greco-Roman Roster

First Name	Last Name	Weight Class
Kameron	Cushman	88
Levi	Charles	88
Landon	Wheelan	94
Axton	Wittenburg	94
Shay	Lundvall	100
Cyrus	Millage	100
Gable	Helmrich	100
Cade	Stutzman	106
Esaias	Koethe	106
Amir	Newman-Winfrey	106
Diego	Robertty	113
Anderson	Osgood	113
Troy	Davis	113
Ashur	Whitmer	113
Reed	Rider	113
Lincoln	Whitcome	113
Dylan	Hutt	113
Aiden	Harris	120
Beckett	Loughren	120
Abe	Heysinger	120
Riker	Dewitt	120
Hugo	Hughes	126
Bo	Link	126
Garrett	Bills	132
Zane	Gillespie	132
Bo	Hake	132
Noah	Garcia	132
Deshawn	Parrow	138
Ryker	Eberhart	138
Jaxson	Butcher	144
Riley	Watts	144
Jett	Kramer	144
Owin	Koethe	150
Rex	Edmonds	150
Jimmy	Milder	150
Jaimon	Mogard	157
Rylen	Hanson	157
Grant	Stanford	157
Trent	Keller	157

Jackson	Murray	165
Owen	Thomas	165
Jacob	Napier	165
Max	Shanno	165
Emmett	Shedek	175
Tyde	Nelsen	175
Colin	Sesker	175
Payton	Kimmerle	190
Carter	Eddy	215
Brady	Grier	215
Keegan	Gillmore	285
Vincent	Lumetta	285
Owen	Miller	285

Iowa 16U Girls Freestyle Roster

First Name	Last Name	Weight Class
Brylie	Bakken	95
Piper	Phillips	95
Jlynn	Vasquez	100
Goldie	Davis	100
Abigail	Peterson	100
Lyla	Stiefel	100
Elli	Casey	105
Scarlett	Reiter	105
Avery	Headrick	105
Brystol	Wiley	110
Aubrey	Hoveland	110
Sage	Skidmore	110
Gianna	Halsted	110
Kielly	Kasal	110
Amya	Bass	110
Giavonna	Prothero	115
Lily	Kolbet	115
Etta	Winders	115
Ali	Robbins	115
Olivia	Sheffield	120
Kate	Eggleston	120
Aviea	Holden	120
Sariyah	Wolf	125
Natalie	Frye	125
Anita	Gant	125
Ruby	Roof	125
Georgia	Smith	130
Danica	Van Baale	130
Caroline	Pohlman	130
Addison	Bodeker	130
Berkley	Lynch	135
Addyson	Bowers	135
Kaelynn	Boston	135
Haley	Togba	135
Josie	Dean	140
Kayda	Freeman	140
Lynde	Cole	140
Mia	Luck	145
Juliana	Burds	145

Trista	Pike	145
Faith	Johnson	145
Leiah	Thomas	155
Paytn	Haack	155
Kiersyn	Duncombe	155
Madelynn	Mead	170
Regan	Jensen	170
Aurora	Lloyd	170
Joyce	Kat	170
Emma	Damjanovic	190
Avery	Pattee	190
Reagan	Zoller	190

Iowa Junior Boys Freestyle Roster

First Name	Last Name	Weight Class
Jaxsen	Vestal	100
Hudson	Cox	100
Ty	Martin	100
Caleb	Schaetzle	106
Damacio	McGowan	106
Jack	Litton	106
Cruz	Gannon	113
Joshua	Bratten	113
Jack	Gogel	113
Damien	Yeoman	113
Jack	Wallukait	120
Chase	Watkinson	120
Kaiden	Belinsky	120
Urijah	Courter	120
Karson	Wuebker	120
Carew	Christensen	120
Kipton	Lewis	126
Mathew	Prine	126
Cale	Vandermark	126
Alexander	Pierce	126
Jon	Gonzalez	126
Coy	Mehlert	126
Ethan	Humphrey	126
Benjamin	Walsh	126
Elijah	Hyet	132
Eddie	Woody, Jr.	132
Cooper	Hinz	132
Mason	Shirk	132
Jake	Knight	132
Hendrix	Schwab	132
Max	Millage	132
Dawson	Youngblut	138
Easton	Enyeart	138
Gage	Spurgeon	138
Kayden	Eller	138
Kyler	Simons	144
Cody	Trevino	144
Nico	DeSalvo	144
Drew	Anderson	144

Gavin	Landers	144
Nicholas	Wise	144
Hayden	Hutt	150
Elijah	Blewitt	150
Camron	Bennett	150
Cash	Hatfield	157
Lane	Gudenkauf	157
Braxton	Winkey	157
Calvin	Rathjen	165
Boden	White	165
Mac	Crosson	165
Parker	Casey	165
Shannon	Hughes	165
Jacob	McGargill	175
Brayden	Koester	175
William	Fullhart	175
Noah	Howk-Erwin	175
Macklin	Penner	175
Maximus	Dhabolt	175
Jaxon	Miller	175
Andy	Franke	190
Waylon	Cressell	190
Broedy	Hendricks	190
Braylen	Bieber	190
Kellen	Wegner	190
Keaton	Moeller	190
Ethan	Miller	215
Victor	Esparza	215
Mason	Koehler	215
Gavin	Muller	215
Lincoln	Jipp	215
Treyton	Feist	215
Joe	Constable	285
Ashton	Honnold	285
JT	Kelso	285
Kaden	Stitt	285
Ignacio	Macias	285
Carter	Wright	285
Jareth	Navarro	285
Gable	Eddy	285

Iowa Junior Boys Greco-Roman Roster

First Name	Last Name	Weight Class
Jack	Litton	106
Damien	Yeoman	113
Gunner	Fry	113
Izic	Zarate	113
Urijah	Courter	120
Kline	Kiburz	120
Hudson	Fleming	120
Cael	Stricker	120
Ethan	Humphrey	126
Paxton	Redenius	126
Benjamin	Anderson	126
Trace	Rial	126
Alexander	Pierce	126
Mason	Shirk	132
Elijah	Hyet	132
Max	Millage	132
Coy	Mehlert	132
Mathew	Prine	132
Slater	Thomas	132
Cody	Trevino	138
Malachi	Clement	138
Kayden	Eller	138
Nicholas	Wise	144
Ryan	Fletcher	144
Jasper	Sonberg	144
Camron	Bennett	150
Brady	Patterson	150
Danny	Peters	157
Cash	Hatfield	157
Braxton	Winkey	157
Aydan	Groom	165
Parker	Casey	165
Shannon	Hughes	165
Ryan P.	Groom	175
Kristoff	Plettenberg	175
Jaxon	Miller	175
Noah	Howk-Erwin	175
Macklin	Penner	175
Brayden	Koester	175

Broedy	Hendricks	190
Eli	Forcier	190
Alexander	Graeve	190
Andy	Franke	190
Kellen	Wegner	190
Braylen	Bieber	190
Jarod	Anderson	215
Brendan	Lamfers	215
Gavin	Muller	215
JT	Kelso	285
Carter	Dietz	285
Gable	Eddy	285
Kaden	Stitt	285
Jayden	Dunn	285
Ashton	Honnold	285

Iowa Junior Girls Freestyle Roster

First Name	Last Name	Weight Class
Livia	Smith	95
Mya	Van Beek	95
Brooke	Walrath	95
Abigail	Peterson	100
Cassidy	McCallister	100
Nora	Ohnemus	100
Kennedy	Bachman	100
Kaylin	Goodwin	100
Georgia	Edwards	100
Ainsley	McLaren	105
Kylie	Dwyer	105
Sloane	Foss	105
Siera	Becker	110
Katie	Biscoglia	110
kate	martin	110
Serenity	Turner	110
Addison	McGinness	115
Lauren	Whitt	115
Lauren	Watson	115
Violet	Diaz	115
Chloe	Adamson	120
Erica	Irvine	120
Clara	Ball	120
Kate	Krause	120
Tegan	Robertson	120
Avah	Blakeman	125
Karlie	Kruse	125
Olivia	Magruder	125
Camille	Schult	125
Avaeh	Smith	130
Kaitlyn	Raue	130
Lilli	Cooper	130
Nesa	Selmani	130
Keylee	Holloway	135
Ryha	Wellington	135
Lana	Schafer	135
Brielle	Parke	135
Isabella	Miller	135
Mariah	Benedict	135

Lily	Weinreich	140
Sophie	Glaser	140
Jammie	Krah	140
Lauryn	Metcalf	145
Chloe	Sanders	145
Anna	O'Rear	145
Greta	Brus	145
Tayla	Stiefel	145
Hayden	Bratland	145
Taya	Hollingsworth	155
Lauren	Luzum	155
Skylar	Slade	155
Gracie	Pinckney	170
Ava	Pfab	170
Autumn	Elsbury	170
Anastasia	Simon	170
Amalia	Djoumessi	170
Stella	Beattie	190
Kennedy	Burk	190
Karise	Benson	190
Kaylie	Staples	207
Emelia	Reyes	207
Haley	Armstrong	235
Aniyah	Smith	235