

The Neutral Corner

Quarterly Newsletter of USA Boxing
February 2024



Letter from Leadership



With the new year, I would like to start out by **thanking all the coaches, officials, LBC leaders, board members, our staff in Colorado Springs, our Foundation, and most importantly, our boxers** for making 2023 another successful year.

I feel like I'm beginning to sound like a broken record, but **we are again coming off our best year in history from both financial and membership standpoints.** This success is a testament to the dedication of everyone mentioned above and is just the momentum we need heading into this summer's Olympic Games in Paris.

We have also been instrumental as an organization in assisting in an alternative to our former International Federation, which was removed from the Olympic family, by working to create World Boxing, a new pathway designed to keep boxing in the Olympic movement. Now, the future of Amateur Olympic-style boxing looks as bright as ever!

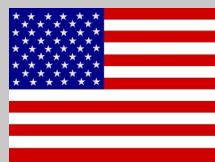
Looking forward to meeting you at our National events this year.

Thank you again for all you do to make USA Boxing a top National Governing Body.

I wish you the best in 2024,

Tyson Lee

USA Boxing Board Chairperson



National Open Tournament

Pee Wee - Elite Boxers

March 9-16

Albuquerque, New Mexico

Register at

<https://bit.ly/24USABNationalOpen>



April 16 - 20 · International Invitational · Pueblo, Colorado

June 22 - 29 · National Junior Olympics & Summer Festival · Wichita, KS

July 26 - August 11 · Olympic Games - Boxing · Paris, France

August 13 - 20 · Women's Championships · Lafayette, Louisiana

December 14 - 21 · National Championships · Richmond, Virginia

Membership Services, Inc

**New + Retention
= Growth!**

Did you know that the USA Boxing Membership Department has received 4,458 calls since the beginning of the year? With only three staff of the M Squad (as Mike McAtee refers to the Membership Dept.) answering the phone, that is an average of 135 calls each per day!

We want to give a “shout out” to Claudia, Rhona, and Rhonda for their diligence in answering members’ questions. Please be kind and patient when calling in; they are truly working hard for our members.

Also, please note they are also working as quickly as possible to get birthdate and annual physical documents uploaded, verified, and updated in Webpoint. We are very encouraged that so many LBCs require the uploads before issuing passbooks and will continue to devise ways to make the entire process more efficient.

We’d also like to send a warm welcome to all LBC leaders (both new and returning) who took office on January 1, 2024, after the conclusion of LBC elections. It is always so encouraging to see the multitude of people who step up to run for office in an effort to help young people across the nation. The volunteer spirit in USA Boxing would surprise many because of the generosity and caring displayed by our members. USA Boxing staff are very proud of where we work, and our volunteer members are a top reason why!

Thank you to all who joined the USA Boxing Alumni Association when you renewed your membership this year!

This year’s gift is a lunchbox to fill with the contents of your choice and will be sent out in early March (and quarterly throughout the year).

Please confirm your address in Webpoint by February 29 to ensure proper delivery.

It’s not too late to join the Alumni Association for 2024. The organization not only hosts Alumni events but also provides support to High Performance and grassroots boxers.

To join, simply click the Alumni box in Webpoint and pay the \$40 membership fee.

The Alumni Association currently has over 700 members!



**U. S. CENTER FOR
SAFESPORT™**

SafeSport Training for Youth Athletes, Parents & Guardians

The US Center for SafeSport offers online age-appropriate educational courses for children and youth aged pre-school through high school as well as training for parents and guardians. USA Boxing encourages the parents and guardians of youth athletes to review the information and choose the online course that best fits their child’s age or developmental age.

The website to access the courses is <https://uscenterforsafesport.org/training-and-education/safesport-courses-for-all/>.

DON'T FORGET

**To Renew Your Membership
For 2024**

**All Boxers, Coaches & Officials
Must be Current to Participate
in ANY Boxing Event.**

USA Boxing Guiding Principles "The Gold Standards"

From the USA Boxing Strategic Plan

We commit to the following values and philosophy as our Gold Standards to guide decisions and behaviors:

Accountability. We hold ourselves responsible for individual and team performance; we "own" our decisions and actions; we honor commitments and strive to achieve excellence in everything we do.

Transparency. We share information to the maximum extent possible while honoring confidentiality; we encourage each other to communicate honestly and candidly.

Integrity. We employ the highest ethical standards, demonstrating honesty and fairness in every action that we take. We do not tolerate favoritism, discrimination, or cheating.

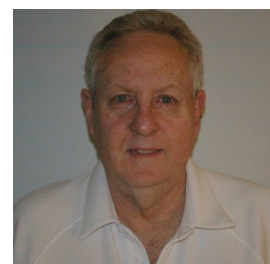
Respect. We champion an inclusive and supportive culture in and out of the ring by honoring the rights, views, and inherent value of others, treating all with dignity and courtesy; we encourage open dialogue, seek to understand, and assume goodwill and best intentions.

Character. We will be considerate and thoughtful contributing members of our community. We will act in accordance with being dedicated stewards of our sport and ambassadors of Team USA. We aim to create better people not just better boxers.

Will to Win. We strive to do our personal best every day in a relentless quest for excellence. We thirst for the podium; we hunger for the gold, all the while exhibiting the highest standards of good sportsmanship.

Volunteer Spotlight

Tom Miller Lake Erie LBC Treasurer for 30 Years



Many LBCs have a special person who is dedicated to the sport of boxing. **We'd like to recognize one who has filled the difficult position of LBC Treasurer for 30 years!**

Tom Miller started boxing in 1980 at age 20 and fought mostly at the college level in the Eastern states. In 1991, he helped a local boxing gym as an assistant trainer and became an amateur judge in 1992. From 1993-2013, he was a professional judge but **continued judging amateurs and last year hit his 5,000th bout for USA Boxing.** Currently, he is an assistant inspector, judge, referee, timekeeper, and even an announcer for USA Boxing.

Miller became the Lake Erie LBC Treasurer in 1994 and has been an asset to the LBC ever since. He feels that sharing his experience of an accounting degree and working in banking for 15 years has hopefully helped his boxing community. He really enjoys crunching numbers and likes the challenge of meeting the various LBC budgets that have been submitted. **He feels that Lake Erie has one of the best board of directors** because they get receipts/information to him ASAP when he needs a cost or expense. **Tom completes monthly, quarterly, and annual reports to keep the Lake Erie LBC on track financially. This, in turn, gives the boxers the means to succeed.**

Ensuring that the LBC has funds helps fulfill his motto of "we do it for the kids," as he feels that there is nothing better than seeing two 8-year-olds boxing for the first time.



Tom takes his dedication to a new level with a USA Boxing tattoo on his lower left leg. He had a local tattoo artist copy the logo patch in 1995, and even the kids today think it is pretty cool.

USA Boxing would like to thank Tom for his volunteer time "in and out of the ring," as it is indeed volunteers like Tom that bring success to our organization.

If you know of a volunteer who should be recognized in a future newsletter, please email sarredondo@usaboxing.org, highlighting what makes them special.

Bon Appetit with Billy & Sou Chef Mike was a Success!

Thank you to all who donated to support the Foundation's fundraising campaign. **Over \$45,000 has been raised, which will help finance our Olympians' "Friends & Family" cheer on their boxer at the Olympic Games in Paris.**

In December, an elegant French dinner was served to donors at the U.S. Olympic Training Center Rotunda. It was attended by many of the those who donated to the fundraiser, as well as boxers from our 2023 High Performance team and staff members. Pictured right is Head Coach Billy Walsh serving appetizers to event guests.



It is not too late to donate as the goal is to reach \$60,000! For more information, please go to the Foundation's website at <https://usaboxingfoundation.org/>.



NATIONAL RULE BOOK



Effective January 1, 2022

**Revisions to the
USA Boxing
Rule Book
went into effect
on January 1.**

**To reference all the
updates, please visit:**

**[https://
www.usaboxing.org/
usa-boxing-rulebook](https://www.usaboxing.org/usa-boxing-rulebook)**



TOP 10 GYMS

WOW! These Gyms Had the Most Members in 2023!

<u>GYM</u>	<u>LBC</u>	<u># of BOXERS</u>
Garland Police 9th Street Gym	Southwestern	199
Fullmer Brothers Boxing Club	Utah	174
Barry's Boxing	Nevada	153
Gleason's Athletic Club	New York Metro	145
Iowa State University Boxing Club	NCBA	142
Kings Gym	Northern California	138
Circle of Discipline Inc.	Minnesota	125
Headbangers	Potomac Valley	123
NYC Cops & Kids	New York Metro	112
Denver Police Brotherhood Youth Boxing	Colorado	112

NCBA Elections Call for Candidates Happening Now!

Although other LBC elections happened this past Fall, the National Collegiate Boxing Association's (NCBA) process is underway now, with candidate applications due March 1 and elections happening the first week of April.

ANY NCBA MEMBER MAY SUBMIT AN APPLICATION FOR THEMSELF FOR A POSITION. (In other words, you don't need to be nominated by someone else.) If you are an NCBA member interested in serving, USA Boxing seeks candidates for all positions.

President, Vice President, Secretary, Treasurer, Chief of Officials, and 3 Athlete Representatives will be elected following the LBC bylaws. (The Registration Chair is also elected, but not in the same way as the other positions. The new Board of Directors will elect the Registration Chair once that body is in place.)

If you are interested in running for office, please complete the online application by March 1 at 5:00 pm MST at <https://forms.office.com/r/AQ2rr8sV88>

Please see <https://www.usaboxing.org/lbc-election> for all the details!

Coaching You Up Program Receives Award in Washington DC

On January 24, 2024, on behalf of USA Boxing, Executive Director Mike McAtee accepted the **Health Equity Heroes: Advocates Making a Difference Award** in Washington DC. Sanofi hosted the special event to celebrate advocacy groups doing great work to advance health equity.

Sanofi recognized USA Boxing's Coaching You Up program and its efforts in promoting health care for underserved communities.



Coaching You Up Grant Campaign Still in Action

Last May, USA Boxing and the American Society of Consultant Pharmacists (ASCP) launched **Coaching You Up**, a community-driven campaign to promote health living and provide access to vaccines and vaccine education. During 2023, **Coaching You Up** materials and information were distributed for a total of 117 days among 67 sanctioned events. Local pharmacists conducted 41 health clinics in partnership with our LBCs who diligently applied for a microgrant and the opportunity to host a vaccination event. These qualified healthcare professionals answered questions, interacted with our boxers, coaches, officials, families and local communities. More events are scheduled in 2024 with a goal of 140 events sponsored by USA Boxing.

The campaign started in June 2023 and is scheduled to end in April 2024. The LBCs leading the pack are Illinois and New York Metro, followed by North Carolina, New Jersey and Southern California. So far, over \$102,750 has been dispersed to sanction holders and LBCs from the **Coaching You Up** grant.

In addition, USA Curling, USA Fencing, USA Judo and the National Association of Hispanic Nurses have joined the **Coaching You Up** campaign.

Please watch for a **Coaching You Up** survey, which will go out later this week or visit the website (www.coachingyouup.org/#survey) to get yourself and your loved ones immunized against Flu/COVID as well as counted in the program.

Access to comprehensive and quality health care is important. **Coaching You Up** takes great pride in co-leading this effort, supported by USAging and the Administration for Community Living. By providing information and education that will help our communities prevent and manage seasonal diseases like Flu and COVID, we aim to decrease health disparities and achieve health equity for all.



Education & Access to Vaccines with **ASCP** at **USA Boxing** sanctioned events

USA Boxing Olympic Trials & National Championship By the Numbers

December 2 - 9, 2023
at the Cajundome in Lafayette, Louisiana

7 Days of Competition - 11 Sessions in 4 Boxing Rings

1203 Boxers Registered – Ages 10-39
952 Coaches Registered – Ages 19-84
123 Officials Registered – Ages 29-76
2778 TOTAL PARTICIPANTS

871 Boxers Competed
105 Champions Crowned
15 Bronze Coaches Certified
5 Silver Coaches Certified

773 Bouts Contested
135 Olympic Trials Bouts
167 Female Bouts (22%)
30 Walkovers

(25 Boxer No Shows, 4 Boxers Unopposed & 1 Matched Bout)

558 Decided by Decision – 58% Unanimous, 42% Split
35 Bouts Stopped

27 Bout Results of RSC/RSC-I – Referee Stopped Contest
5 Bout Results of KO – Knockout
6 Total Boxer Restrictions Issued
0.5% Incidence of Injury Rate

Olympic Trials Bouts

70% Unanimous Decisions
2 Bout Results of RSC/RSC-I – 0 by DQ



**U.S. OLYMPIC
TEAM TRIALS**
BOXING



Congrats to our 2024 U.S. Olympic Team Trials for Boxing Outstanding Boxer Winners

Our Male and Female Outstanding Boxer of the Tournament winners were announced at the beginning of January. **Terry Washington** (San Bernardino, CA) and **Shera Mae Patricio** (Waianae, HI) were awarded the honors following their impressive Olympic Trials runs.



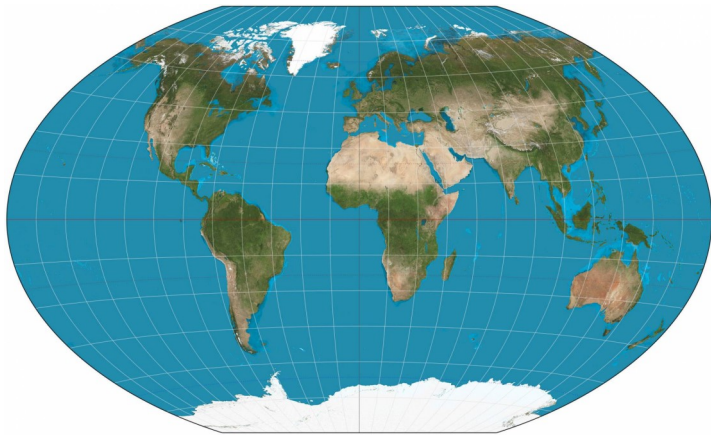
Most Outstanding Junior Male Boxer – Carlos Morales, Southern California LBC
Most Outstanding Junior Female Boxer – Kaylee Aguilar, Gulf LBC
Most Outstanding Youth Male Boxer – Marcus Luther, Potomac Valley LBC
Most Outstanding Youth Female Boxer – Mercedes Castanon, South Texas LBC
Most Outstanding Referee – Duane Edwards, Southeastern LBC
Most Outstanding Judge – Brent Bovell, Potomac Valley LBC
Most Outstanding Administrator – Scott Dexter, Michigan LBC
Suazo Humanitarian Award – Marshall Cunningham, South Atlantic LBC



USA Boxing and the Referee & Judges Committee wish to say Thank You to the following Officials, that attended Five or more National Events in 2023:

First Name	Last Name	LBC Name	City	State
Andy	Murrieta	Central California	Los Banos	CA
Marshall	Cunningham	Middle Atlantic	Smyrna	DE
Bill	Wells	South Texas	Taylor	TX
Kevin	Hope	New England	New Braintree	MA
Brent	Bovell	Potomac Valley	Suitland	MD
Jamil	Ali	Middle Atlantic	Philadelphia	PA
Nakia	Riley	USIBA	Sanford	FL
Charles	Connors	Ozark	St Louis	MO
Alejandro	Leon	Gulf	Kingwood	TX
Delilah	Ponce-Rico	Southern California	Pico Rivera	CA
Lamont	Ingram	Southeastern	Jackson	TN
Jamaal	Brown	South Atlantic	West River	MD
Tom	Clark	New England	Bradford	MA
Latasha	Washington	Potomac Valley	Washington	DC
Shari-Sha	Crockett	Ohio	Toledo	OH
Diana	Leon	Gulf	Kingwood	TX
Kathy	Rivera	Metropolitan	Brooklyn	NY
Ken	Tate	Northern California	Sacramento	CA
Rachel	Harris	Ohio	Cincinnati	OH
Chris	Brantley	USIBA	Newton	AL
James	Carver	Southeastern	Franklin	KY
Shanees	Ellis	Middle Atlantic	Philadelphia	PA

To you, and to all of our **VOLUNTEER** Officials — Your commitment and dedication to Olympic-style boxing is the driving force that ensures boxers and coaches receive the best results for their hard work!



Where in the World is the High Performance TEAM?

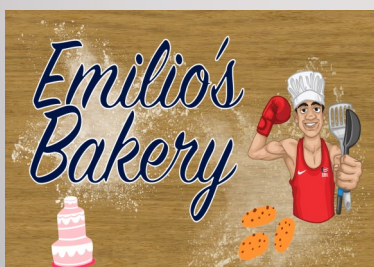
It is a big year for our Elite High Performance Team members, as this summer, the world will come together for the 2024 Olympic Games in **Paris, France** July 26 – August 11.

The 13 elite team members will participate in a training camp alongside other nations in **Assisi, Italy**, until February 29th. The eight remaining boxers who must punch their ticket to Paris will head to **Busto Arsizio, Italy** to compete in the first World Qualifying Tournament, March 3-12.

Following the Italy tournament, USA Boxing will host a multi-nation camp and the second edition of the USA Boxing International Invitational in **Pueblo, Colorado** where all 13 high performance members, as well as other Team USA alternate and squad boxers will compete, April 16-20.

We will also hold our Youth High Performance Selection Camp in **Chula Vista, California** April 28- May 12, where our Youth High Performance Team will be finalized!

The year is already off to a busy start, and does not look to slow down, so be sure to follow USA Boxing on social media for closer looks inside our training camps.



Have you tuned in to Emilio's Bakery?

Be sure to watch on Instagram as one of our boxers hosts coaches, staff, other boxers, etc. in fun baking segments. It's a great way to get to know everyone on a personal level!

Join us in celebrating the 2024 Paris Olympic Team!



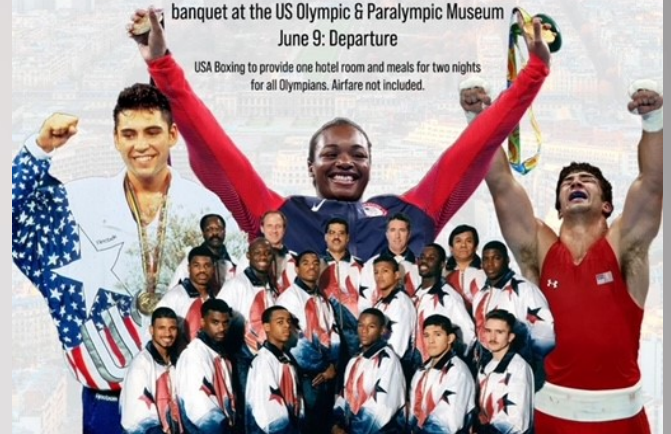
All USA Boxing Olympians are invited to attend the
Colorado Springs, CO. celebration, June 7-9.

June 7: Arrival and Mixer

June 8: Watch a training session, participate in a closed session
between Paris Olympians and Olympic Alumni, and enjoy a dinner
banquet at the US Olympic & Paralympic Museum

June 9: Departure

USA Boxing to provide one hotel room and meals for two nights
for all Olympians. Airfare not included.



Congratulations to the 2024 Elite High Performance Team

50 kg:	Jennifer Lozano*	Laredo, Texas
51 kg:	Roscoe Hill	Spring, Texas
54 kg:	Shera Mae Patricio	Waianae, Hawaii
57 kg:	Alyssa Mendoza	Caldwell, Idaho
57 kg:	Jahmal Harvey*	Oxon Hill, Maryland
60 kg:	Jajaira Gonzalez*	Glendora, California
63.5 kg:	Emilio Garcia	Laredo, Texas
66 kg:	Morelle McCane*	Cleveland, Ohio
71 kg:	Omari Jones	Orlando, Florida
75 kg:	Naomi Graham	Fayetteville, NC
80 kg:	Robby Gonzales	Las Vegas, Nevada
92 kg:	Jamar Talley	Camden, New Jersey
92+ kg:	Joshua Edwards*	Houston, Texas

*Qualified for Paris 2024 Olympics



Coaching Education Update

Bronze Coaching Clinic in Albuquerque is still open!

Registration for our bronze level coaching certification at the National Open in Albuquerque, NM is now open. The clinics will take place Saturday and Sunday (March 9 & 10) from 8:00 am - 5:00 pm each day. Please go to https://usaboxing.webpoint.us/wp15/Events2/Events.wp?evt_CategoryID=59 to register.

Upcoming Courses: Spots are still available for our next two clinics. A bronze clinic will take place on March 9-10 at the University of Colorado, Colorado Springs. And there will be a bronze clinic in Stamford, CT on April 27-28. Please go to https://usaboxing.webpoint.us/wp15/Events2/Events.wp?evt_CategoryID=59 to register for either clinic.

Hosting a Clinic: Don't see a clinic in your area? Interested in having one? Host a bronze or silver level clinic in your area during 2024. For information on hosting a clinic at your gym and to find the form, please visit <https://www.usaboxing.org/coach>.

Nutrition Course:

Part 1 of our nutrition certification course is now live! Please go to usaboxingeducation.org or the USA Boxing Education app to take the course and receive a certified USA Boxing nutrition certification!

For questions, please contact Kammara Penick, Coaching Education Coordinator at kpenick@usaboxing.org



Golden Gloves Virtual Reality Hosts First Ever E-Boxing Tournament

The first-ever virtual reality event took place in January alongside real-world amateur bouts in Tulsa, Oklahoma! The **Worlds Collide - Boxing Reimagined** event crowned three champions! Huge congrats to these winners and everyone who participated in this historic event.

Be sure to follow @goldenglovesvr on Instagram to stay updated on new and future events!

Worlds Collide - Boxing Reimagined Champions

Drake Lemasters (11 years old)
Michael Drywater (16 years old)
Wayne Swindell (32 years old)



Start off the Olympic Year right with these foundational supplements. THORNE supplements can help fill the nutritional gaps found in an athletes or active individuals whose training and participation in sports and life place added demands on energy and recovery needs. All products are NSF Certified for Sport.



Scan to learn more about the products and shop USA Boxing's Dispensary!

Create an account with USA Boxing's Dispensary on THORNE at <https://www.thorne.com/u/PR690928> between now and March 15 to receive a 20% discount on all THORNE supplement orders.

Basic Nutrients 2 Day Multivitamin/ Multimineral



A daily multi with key nutrients that keep your body healthy and thriving. Basic Nutrients 2/Day is a comprehensive daily supplement designed for individuals looking for nutritional support.

How to use: Take 2 capsules daily with food or as recommended by your healthcare provider.

Super EPA: Fish Oil

Super EPA provides essential omega-3 fatty acids that support a healthy heart and brain, help maintain a healthy inflammatory response in muscles and joints, enhance mood, and promote healthy skin.



How to use: Take 1 gelcap 2 to 3 times daily or as recommended by your healthcare provider.

Whey Protein Isolate

Great tasting, high-quality whey protein designed for athletes, aging individuals, and anyone requiring additional support for muscle repair.

How to use: Mix 1 scoop with at least 8 oz. of water, juice, milk, or preferred beverage daily or as recommended by your healthcare provider. Blend it into your smoothie or stir it into your oatmeal for a high fiber protein rich breakfast.



D-5000: Vitamin D

D-5000 supports healthy teeth, bones, and muscles, as well as cardiovascular and immune function. Vitamin D, in its D3 form, is more potent and better absorbed form than its D2 form. How to use: Take one capsule daily with food or as recommended by your healthcare provider.



Collagen Fit

Unflavored collagen for supporting the strength and health of joints, tendons, bones, and ligaments – with nicotinamide riboside for healthy aging. Collagen fit also supports cellular energy production, training, recovery, and healthy aging.

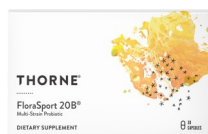
How to use: Mix 1 scoop with at least 8-12 oz. of water or preferred beverage daily or as recommended by your healthcare provider. Take in the morning to energize your day or after a workout for recovery.



FloraSport 20B: Probiotic

A stable, high-potency probiotic blend of clinically studied bacterial strains that support gut health, immune function, and exercise recovery in children and adults, including athletes.

How to use: Take 1 capsule daily with a meal or as recommended by your healthcare provider.



Special Thanks to Our Sponsors!

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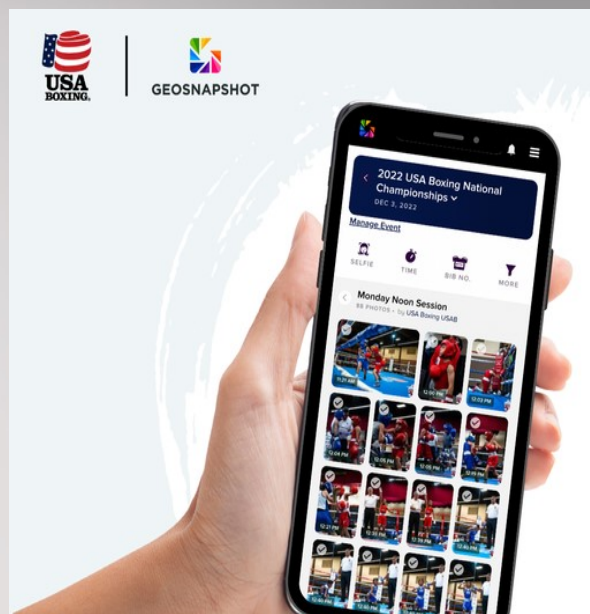
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JAKE 8-1 | 5 KOs 17-2 | 6 KOs **RYAN**
PAUL vs BOURLAND

SERRANO vs MEINKE
UNIFIED FEATHERWEIGHT CHAMPIONSHIP

SATURDAY, MARCH 2

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Check out the latest releases from Athlete Performance Solutions in the Nike HyperKO 2! Step into the ring with confidence and style.

Knockout your opponents, knockout your look with the new HyperKO 2 colorways!

Visit the link to shop

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