



# US NATIONAL TEAM PATHWAY

## CADET

2023-2024





# CADET

EVENT PATHWAY TO USATKD TEAM MEMBER

## DOMINANT ATHLETE

### DOMESTIC PATH

Win 3 of 4 of these USATKD Majors and become the Domestic Dominant Athlete



16.0



20.0



20.0



### USATKD MAJOR EVENTS



12.0

14.0

### QUALIFYING EVENTS



## 2024 USATKD TEAM TRIALS

2023 event results determine the athletes who will be invited to compete at the 2024 USATKD Team Trials.

The winner of the 2024 USATKD Team Trials becomes the USA Taekwondo National Team Member.





# CADET

## EVENT PATHWAY TO USATKD TEAM MEMBER

### TO QUALIFY FOR THE 2023 US NATIONAL CHAMPIONSHIP

Win 1st place (gold medal) at one (1) - 2023 USATKD Sanctioned State Championship

-OR-

Participate at ANY one (1) - 2023 US Grand Prix Regional Event (East, West, or Central)

### TO QUALIFY FOR THE 2023 US GRAND PRIX FINAL EVENT

Win any medal at any 2023 US Grand Prix Regional Event (East, West, or Central)

-OR-

Win any medal at the 2023 US Taekwondo National Championship

### TO QUALIFY FOR THE 2024 USATKD TEAM TRIALS\*

All Athletes who medal at any of the following events:

- 2023 US Open
- 2023 US National Taekwondo Championship
- 2023 US Grand Prix Final

#1 USA Taekwondo Ranked Athlete  
(as of 12/31/23)

All 2023 USATKD Cadet National Team Members

### Aging Up Cadet Athletes

14 year old cadet athletes aging up qualify to compete as a junior at the 2024 US Team Trial if one of the following has been earned in 2023.

- 2023 Domestic Dominant Athlete Status
- 2023 US Grand Prix Final Gold Medalist
- \* -2023 US National Team Member

Please see further details in pathway information packet.





# CADET

## EVENT PATHWAY TO US NATIONAL TEAM MEMBER



### 2024 USATKD TEAM TRIALS

#### 2024 USATKD NATIONAL TEAM MEMBER\*

The 2024 USATKD National Team Member will represent the United States while competing at international event/s in 2024

The 2024 USATKD National Team Member will have the opportunity to train with the US Coaches.

\*Please see further details in pathway information packet.

#### 2024 USATKD ALTERNATE NATIONAL TEAM MEMBER\*

The 2024 Alternate USATKD National Team Member will be called upon to fill the position of the 2024 USATKD Team Member if circumstances are applicable.

The 2024 Alternate USATKD National Team Member may be given training and/or competition opportunities with the US coaches and/or Regional Coaches.

### TEAM TRIAL COMPETITION FORMAT

The 2024 USATKD Team Trial competition format will consist of 2 rounds. The first round - the Elimination Round and the 2nd round - the FINAL round.\*

#### THE ELIMINATION ROUND

The Elimination Round (first round) will include athletes who have earned a Silver or Bronze Medal at any one (1) of the USATKD Major Events.

- 2023 US Taekwondo National Championship
- 2023 US Grand Prix Final
- 2023 US Open
- 2023 US aged up National Team Member

#### THE FINAL ROUND

The Final Round (second round) will include the following athletes:

- All Gold Medal winners from all USATKD Major Event
- #1 USATKD Ranked Athlete (as of 12/31/23)
- 2023 National Team Member
- All Dominant Athletes (Domestic)

\*Athletes may enter the fight off in the division they qualifed in or athletes may move up one weight division from the division they qualifed in. Any athlete that moves up one weight division will enter the fight off in the Elimination Round.





# CADET

## 2024 US TEAM TRIAL INFORMATION

### Elimination Round

Athletes will be seeded based off their USATKD ranking on 12/31/23

### Final Round Seeding: IF there is NO Dominant Athlete

Seed 1: 2023 US National Team Member

Seed 2: 2023 US Open Gold Medalist

Seed 3: 2023 US Grand Prix Final Gold Medalist

Seed 4: 2023 US Taekwondo National Champion

Seed 5: #1 USATKD Ranked Athlete

Seed 6: 2024 US Team Trial Elimination Round Winner

### Final Round Seeding: IF there is a Dominant Athlete (Domestic)

Seed 1: 2023 Domestic Dominant Athlete

Seed 2: 2023 National Team Member

Seed 3: 2023 US Open Gold Medalist

Seed 4: 2023 US Grand Prix Final Gold Medalist

Seed 5: 2023 US Taekwondo National Champion

Seed 6: #1 Ranked USATKD Athlete (based on rankings 12/31/23)

Seed 7: 2024 US Team Trial Elimination Round Winner