

2025 USA Diving Junior Nationals Daily Events Schedule

Day 0 - July 24	Entries	Dives	Minutes	Duration	Start Time	End Time	Boards
Group 1 C/D Only				1h 15	8:00AM	9:15AM	All
Group 2 C/D Only				1h 15	9:15AM	10:30AM	All
Group 3 C/D Only				1h 15	10:30AM	11:45AM	All
A & B Only				1h 15	11:45AM	1:00PM	All
Coaches Meeting					1:00PM	2:00PM	CLOSED
Group 1 C/D Only				1h 15	2:00PM	3:15PM	All
Group 2 C/D Only				1h 15	3:15PM	4:30PM	All
Group 3 C/D Only				1h 15	4:30PM	5:45PM	All
A & B Only				1h 15	5:45PM	7:00PM	All
Pool Closed							

	= auxillary boards (open at all times an event is not being contested)
	= concrete boards
	= platform
	= training

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Day 5 - July 29	Entries	Dives	Minutes	Duration	Start Time	End Time	Boards
Open	*days events only			1h	6:30 AM	7:30 AM	All
Group 3				1h 30	7:30 AM	9:00 AM	All
Group 1				1h 30	9:00 AM	10:30 AM	All
Group 2				1h 30	10:30 AM	12:00 PM	All
Event Warm Up							
A Girls 1m				55 min	12:00 PM	12:55 PM	
B Boys 3m				55 min	12:00 PM	12:55 PM	
Open				55 min	12:00 PM	12:55 PM	
National Anthem				5 min	12:55 PM	12:58 PM	NONE
A Girls 1m Prelims	22/22	9	99	1h 40	1:00 PM	2:45 PM	
B Boys 3m Prelims	21/21	9	95	1h 35			
Event Warm Up				55 min	2:50 PM	3:45 PM	
B Girls Plat Prelims	24	7	101	1h 40	3:50 PM	5:40 PM	
A Boys 1m Prelims	21/21	10	105	1h 45			
Training							
Group 3				45 min	5:45 PM	6:30 PM	All
Group 1				45 min	6:33 PM	7:08 PM	All
Group 2				45 min	7:10 PM	7:55 PM	All
Pool Closed							

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