

2025 National Team Trials



Where Olympic Journeys Begin

When: January 31 – February 2, 2025

Location: CU Denver Wellness Center
1355 12th Street
Denver, CO 80204

Athlete & Coach Registration:

https://www.tournamentinabox.com/index.php/login?ff_param_tournamentid=565

Registration for this event will close 11:59pm CT Tuesday January 28, 2024

General Schedule:

Friday January 31, 2025		
Credential pick up, athlete weigh-in, spectator tickets	6:00pm-8:00	Springhill Suites Marriott
Referee Briefing	6:00pm	Springhill Suites Marriott
Coach Briefing/Draws	8:00pm	Springhill Suites Marriott
Saturday February 1, 2025		
Staging Room Open		7:30am
Competition Begins		8:00am
Sunday February 2, 2025		
Staging Room Opens		7:30am
Competition Begins		8:00am

Hotel: Springhill Suites Marriott
1190 Auraria Pkwy
Denver, CO 80204

Athlete/Coach/Spectator Block Link:

<https://www.marriott.com/event-reservations/reservation-link.mi?id=1729791112430&key=GRP&guestreslink2=true>

Last day to book with the room block is December 21, 2024

Spectator Tickets: \$20 for adult (ticket is good for both days)
\$10 for children under 12

To purchase tickets online: [GroupRegistration Login \(tournamentinabox.com\)](https://www.tournamentinabox.com)

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Senior Team Kata Category Process for 2025

Open call for 2025 Team Kata Teams! We are making a special call for any 16+ Team Kata Teams interested in trying out for the US Senior National Team that will represent the country at the Senior Pan American Championships in Monterey, Mexico in May of 2025.

Team Kata athletes must register and compete at the 2025 US Sr. Team Trials in Denver, Colorado February 1-2, 2025 to qualify for the US National Team. Registration must be done in advance and all athletes on the team must be USA Karate members.

The Kata Team will be selected using the following process:

- a. Kata teams will register for the Team Trials, by contacting the USA Karate National Office via email at natoffice@usankf.org.
- b. Teams will compete as they would during Nationals and the Gold Medal team will be the US Kata Team for 2025 international competitions.
 - i. Teams will compete in the Senior Team Trials as they would during Nationals.
 - ii. Any ties will be resolved using the most current WKF tie-breaking rules.
- c. Bunkai will be performed in the last round with the number of rounds determined by the number of teams competing.
 - i. If there are 5 or more teams, three rounds will be held. The first round advances the top 4 teams. The second round advances the top 2 teams. The third and final round determines the first and second places.
 - ii. If there are 3-4 teams, two rounds will be held. The first round advances the top 2 teams. The second and final round determines the first and second places.
 - iii. If there are 2 teams, one round will be held to determine the first and second places.

If you are interested in representing the USA in Team Kata or would like more information about this competition, please contact the National Office at natoffice@usankf.org