

NY WSO Executive Board Meeting – Sunday, October 22nd, 2023

ZOOM Meeting

The meeting was called to order by NY WSO President, James McDermott, at 7:02PM.

Board members present: James McDermott, Joe Rodriguez, Chris Smith, Frank Mintz, and Frank Ford, Jerry Dunne, Erica Caso, and Alyssa Garrison. Sara Soto absent with notice.

Agenda:

- Selling NY WSO Equipment.
- Review of State Championships feedback survey.

Meeting Minutes:

GENERAL ITEMS

- No financial report. Reimbursement and payment request for volunteers and athletes winning cash prizes at the 2023 NYS Championships have been submitted to USA Weightlifting.
- The board was able to stay within budget for the State Championships.
 - **Initial Budget** (see November 2022 e-vote minutes): \$14,907.20 to \$18,307.20.
 - **Expenses:** \$16,864.
 - **Income:** \$16,325.
 - **Difference:** \$539.
- **Discussion:** Board members discussed recent weightlifting bright spots (something positive or pleasant in the sport).
 - **James:** Returning to coaching athletes after time off post State Championships.
 - **Erica:** Starting the Buff City Barbell Club, a new sanctioned club in Western, NY.
 - **Joe:** His training is going well and he's excited for upcoming meets.
 - **Jerry:** Had a good performance at the AO2 qualifying for major upcoming events.
 - **Chris:** Long Island Weightlifting moved into a new facility and the team is growing.
 - **Frank F.:** Welcomed Baby Francesca to his family during State Championships weekend.
 - **Alyssa:** 1st meet in a year was at States, happy with performance and PRs at the event.
 - **Frank M.:** Audio issues during this part of the meeting, no comment.

SELLING NY WSO EQUIPMENT

- **Discussion:** the board continued the discussion on selling select items, acquiring equipment for future State Championships, spending the profits from older equipment sales on new items for the competition platform at States, and ideas on how best to protect equipment provided by volunteers.
- Depreciated pricing determined by James McDermott and Joe Rodriguez based on the current state of the equipment.

- **Selling Process:** James McDermott will reach out to individuals who would potentially be interested in making the purchase. Starting with those in close proximity or currently responsible for the equipment, he'll move on to club to club until a buyer is found. If no one is available in a region, he'll branch out to others. USA Weightlifting will provide STRIPE payment links for buyers to make the purchase and handle management of all funds to be deposited in the NY WSO general account.
- Motion by James McDermott to approve the sale of NY WSO equipment and follow the outlined selling process. Seconded by Alyssa Garrison. 6 in favor, 2 abstained.

Current Location	Equipment	Original Price	Sale Price
Adirondack	Rogue Full Set: 25-20-15-10 kg + Change Plates.	\$1,465	\$735
Adirondack (Previously held in Brooklyn)	25-20-15-10 kg Plate Set.	\$1,035	\$600
Adirondack (Previously held in Brooklyn)	Pair of 20 kg plates.	\$252.50	\$130
Long Island	2 Pairs of 10 kg plates.	\$295.52	\$100
Long Island	RPT Change Plate Set.	\$152.50	\$60
Long Island	10 kg Barbell.	\$195	\$75
Long Island	Rogue Utility Bench	\$208.22	\$100
Central	20 kg Pyrros Bar	\$595	\$300
Central	15 kg Pyrros Bar	\$565.25	\$270
Central	15-10-5-2.5 kg Plates.	\$638.88	\$325
Hudson Valley	5 kg Technique Bar	\$110	\$50
Hudson Valley	Full RPT Plate Set 1	\$544.62	\$300
Hudson Valley	Full RPT Plate Set 2	\$544.62	\$300
Totals		\$6,393.89	\$3,345

REVIEW OF STATE CHAMPIONSHIPS FEEDBACK SURVEY

- A survey was sent to athletes and coaches after the event on October 5th.
- 21 individuals submitted responses.
- **Discussion:** the board reviewed the data provided by multiple choice questions and written responses. Discussion was had addressing equipment issues, non-event staff in the competition area, moving to a two-platform event, the need for more volunteers, incentives for volunteers and teams helping with the meet, better practices by event staff, and much more. The board is at work to make improvements for 2024 and continuing the growth of the event.

The meeting was adjourned by NY WSO President, James McDermott, at 8:24PM.

Next Board Meeting: Sunday, November 19th at 6:00PM.

General Membership Meeting: Sunday, November 19th at 7:00PM.