



**Minutes**

**California South Meeting**

**via Video Conference**

**8/28/2022**

A meeting of the **California South** Committee of USA Weightlifting (“USAW”) took place on **8/28/2022** via **Video Conference** following notice duly given pursuant to the USAW Bylaws. Present (except as noted below) were Emmy Vargas (WSO board member), Chris Francisco (WSO board member), Christine Na (WSO Athlete Rep), Maria Barnabe (WSO board member), Sarah Amenta (WSO board member), Chris Amenta (President). Attending Committee members constituted a quorum of the Committee under USAW Bylaws. The minutes were recorded by Chris Amenta (WSO President).

**8/28/2022**

**1. Call to Order**

Emmy Vargas, Chris Francisco, Christine Na, Maria Barnabe, Sarah Amenta, Chris Amenta

Absent: Wes Cravy, Kylie Westbrook, Jordyn Cooley

The President called the meeting to order at 3:00pm PST

**2. Meeting Agenda**

WSO Championships

[WSO SUBCOMMITTEE UPDATE](#)

registrations: 154 (72 hours until closed)

Sponsors: C&K, Onyx WL co, Mavrik Barbell, LMNT, Sentanta College, Meals on the Fly, 1kilo

Logistics:

Set up @ 6pm Saturday night

Banners will arrive to SoCal on Wednesday Sept. 7th.

Awards area

- Step & Repeat (this banner is just the logo repeated for the entire backdrop)
- 10x8

Backdrops

- 8x8 Located at the bottom of the document

Awards

AV

Equipment: American Barbell will not be involved. Equipment will be supplied by SoCal Weightlifting, Long Beach Weightlifting & Barbarian Barbell.





## WSO (Weightlifting State Organization)

Need to coordinate with Emmy, Chris & Toph on getting the equipment to the venue.

Volunteers: email sent out, need to get volunteers. [LINK FOR VOLUNTEER LIST](#)

### 3. End of Meeting:

#### Actions:

Chris: Email Bobby Sirkis about Electronics system used for Texas State Championships, Check Pipe & Drape.

Emmy: Check Pipe & Drape sizing

Maria:

- email Chris Amenta on sending emails out through bars.
- Meeting with AV coordinator at hotel
- Send out C&K promo email this week

Sarah:

- Parking, Session structure to allocate up to 180 lifters with midday break.
- Order awards, banners and step & repeat
- connect with USAW on pulling registrants info to organize into sessions

Jorydn: Scale update & other sponsors (virus, Pope's Nutrition)

Wes: Order wood & rubber for wawrmup platforms. Create inventory list of what he need for power tools & screws for building platforms.

WSO Subcommittee:

- emails that need to go out to athletes, volunteers & coaches regarding location, time, start lists, parking, food, sponsors, etc.
- finalize storage of equipment after event.

Everyone:

- Get any last minute signups to register
- share the volunteer list with your team and encourage them to volunteer

At 4:00pm PST, the President has concluded the meeting.

**WSO (Weightlifting State Organization)**

