

### 2026 Senior World Championships Rankings - Women

Rankings as of 5/17/2026

|    | Athlete Name        | Body Weight | Total | % of A Standard | Competition Total Achieved             |
|----|---------------------|-------------|-------|-----------------|--|
| 1  | Olivia Reeves       | 77          | 279   | 117.23%         | 2026 Virus Series 1                    |
| *  | Olivia Reeves       | 69          | 262   | 112.45%         | 2026 Pan American Championships        |
| 2  | Miranda Ulrey       | 53          | 216   | 108.54%         | 2026 Pan American Championships        |
| 3  | Mattie Rogers       | 77          | 256   | 107.56%         | 2026 Virus Series 1                    |
| 4  | Sophia Shaft        | 63          | 240   | 106.67%         | 2026 Virus Series 1                    |
| 5  | Ella Nicholson      | 86          | 256   | 105.79%         | 2026 British Championships             |
| 6  | Mary Theisen-Lappen | 86+         | 271   | 103.04%         | 2026 Pan American Championships        |
| *  | Ella Nicholson      | 77          | 245   | 102.94%         | 2025 Virus Weightlifting Finals        |
| 7  | Katie Witte         | 86          | 245   | 101.24%         | 2025 Virus Weightlifting Finals        |
| *  | Miranda Ulrey       | 58          | 215   | 100.00%         | 2025 IWF World Championships           |
| *  | Anna McElderry      | 86          | 240   | 99.17%          | 2025 Virus Weightlifting Finals        |
| 8  | Katie Estep         | 63          | 223   | 99.11%          | 2025 IWF World Championships           |
| 9  | Abigail Cooper      | 69          | 226   | 97.00%          | 2026 Virus Series 1                    |
| *  | Ava Biesterfeld     | 77          | 227   | 95.38%          | 2026 Virus Series 1                    |
| 10 | Chealsea Enemor     | 86+         | 250   | 95.06%          | 2026 National University Championships |
| *  | Victoria Jefferson  | 86          | 230   | 95.04%          | 2025 Virus Weightlifting Finals        |
| *  | Sarah Barnett       | 86          | 230   | 95.04%          | 2025 Virus Weightlifting Finals        |

| A Standard |     |
|------------|-----|
| 48         | 181 |
| 53         | 199 |
| 58         | 215 |
| 63         | 225 |
| 69         | 233 |
| 77         | 238 |
| 86         | 242 |
| 86+        | 263 |

| B Standard - Minimum |     |
|----------------------|-----|
| 48                   | 172 |
| 53                   | 189 |
| 58                   | 204 |
| 63                   | 214 |
| 69                   | 221 |
| 77                   | 226 |
| 86                   | 230 |
| 86+                  | 250 |