

2025 Pan Am Junior Championships Rankings - Men

Rankings as of 10/4/24

	Athlete Name	Body Weight	Total	% of A Standard	Age as of 12/31/25	Competition Total Achieved
1	Zakaria Naas	81	311	100.32%	19	2024 IWF Junior World Championships
2	Kyle Martin Jr.	89	318	97.25%	19	2024 National Championships
3	Ryan McDonald	73	290	96.99%	18	2024 National Championships
4	Logan Lockwood	67	265	96.36%	19	2024 National Championships
5	Christopher Cruz	67	260	94.55%	19	2024 National Championships

A Standard	
55	219
61	257
67	275
73	299
81	310
89	327
96	334
102	340
109	343
109+	369

B Standard (Minimum)	
55	207
61	243
67	260
73	282
81	292
89	309
96	315
102	321
109	324
109+	349