WSO PA-WV MEETING

August 17, 2022

Meeting called to order by: Jim Rutter, President at 7:35pm

Attendees:

Jim Rutter, Kyle Fields, Fred Dorman, Tom Duer, Alfred Rizk, Kristen Erickson, Michelle Picking

AGENDA ITEMS: STATE CHAMPIONSHIPS

Rotating the WSO championship location

(#5 From Agenda distributed by email)

Several pro's and con's were spoken about, such as how to decide how's eligible, and logistics from a participation standpoint.

Voting will be yes/no on the following provisions:

- 1. Must have a member on the board
- 2. Participation top 3 teams will be selected based on number of lifters for event.

Once this is established, discussion will then proceed to see if there's interest/availability for any of them to hold event the following year

Vote - Yes/No w/recommended amount \$1k/\$1500

Financial gain for event holder – Small fee for organizing and hosting the event itself

Eligibility for Funding

(#3 From Agenda distributed by email)

Vote will be yes/no on the following provisions:

1. In order to be eligible for funding from the WSO, athlete MUST participate in the State Championship

Funding Usage from WSO

(#4 From Agenda Distributed by email)

Multiple ideas and options were discussed about how to distribute funds amongst the athletes. Including, paying entry fees, solely performance based, hardship cases.

Vote will be yes/no based on the following option for 1st year (2022), with additional options to be added in the future after seeing what happens this year.

- 1. 50% of funds for participation/50% of funds for high performance initiatives
- 2. Nationals only this year, with potential for AOF added in next year
- 3. Performance bonuses to be reassessed next year

Additional Business:

What funds are available currently from previous LWC?

- 1. Jim to email Alex to find out the process to access funding in order to purchase items for the meet.
 - a. Medals
 - b. Banners

Medals -

Discussed that it would be top 3 by Sinclair in each gender and age bracket for Youth, Junior, Senior, Masters

Tom to send contact information Kyle to get number of medals required WSO logo on them

Sponsors -

Tom to send out list via email – Kyle, Fred, and Michelle to handle phone calls

Earth Fed Muscle as a possible sponsor

<u>Platforms and Set Up –</u>

Competition Platforms and Sets

- 1. Crossfit KOP has one
- 2. Kilodephia has one
- 3. Set at Kim's

<u>Hotels/Motels List –</u>

Fred to work on getting list/rates/blocks if needed and sent out to be distributed to all clubs

Event host and WSO will split revenue from local sponsors 50/50 for the 1st year. Additional items such as food, T-shirts, etc will be split 70/30 in favor of the event host.

Records -

Records from previous LWC will be finalized in the next 3 weeks

Miscellaneous Items -

Bio's still needed from Tom, Mariah, Fred and Kristen. Please get these to him ASAP so he can use them to help promote the WSO on social media

Jim to email list of clubs to Kyle in order for promotional flyer etc to be distributed.

Jim will also notify all clubs once voting is complete.

Meeting ended at 8:42pm

NEXT MEETING – AUGUST 31ST @ 7:30PM (Kyle will send Zoom link)