USATKD REGIONAL QUALIFIER 2024

WEST

MAY 10-12

The 2024 U.S. Taekwondo Regional Qualifier - West will take place in Albuquerque, New Mexico. Compete at this event and qualify for the upcoming 2024 U.S. National Taekwondo Championships event July 04-07, 2024.



WELCOME TO THE 2024 U.S. REGIONAL TKD QUALIFIER WEST

Welcome to the U.S. Regional TKD Qualifier Series – a revolution in taekwondo events in the United States for 2024. The U.S. Regional TKD Qualifier Series is a high quality, professionally produced series of events, consisting of two Regional Qualifier events, and a Season Final for the medalists in each Regional Qualifier.

The Regional Qualifier Series will serve as the qualifying event for the 2024 U.S. National Taekwondo Championships, to be held in Fort Worth, Texas.

Key Points:

- **All athletes who participate in the U.S. Regional TKD Qualifier Series will be eligible for the U.S. National Taekwondo Championships.**
- **Sparring and Poomsae athletes who medal in the U.S. Regional TKD Qualifier Series will be eligible for the U.S. Season Final (Dates & Location TBA).**

HOST CITY/ACCOMMODATIONS

U.S. Regional TKD Qualifier West

Albuquerque Convention Center Halls 1 & 2

401 2nd St NW

Albuquerque, NM 87102

Hotel Reservations will be through Group Housing

U.S. Regional TKD Qualifier West

GH Group Housing
We make traveling easy

PROMOTER – EVENT RANKING

Promoter & Sanctioned By:
U.S.A. Taekwondo

Ranking:
14.0

Member, United States Olympic & Paralympic Committee

USATKD POINTS OF CONTACT

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Page 13 … General Information: Spectator Tickets + Medical Information + Awards

WEBSITE LINKS

- How-To-Register as an Athlete
- How-To-Register as a Coach
- Method of Competition & Competition Rules
- Dobok & Equipment Standards for 2024 Events
- Sparring Weight Categories
- USATKD Kyorugi Head Contact Rules
- Poomsae Divisions
- Compulsory Poomsae
- Designated Poomsae
- Board Breaking Divisions
- Demo Team Division

SCHEDULE OF EVENTS

Date	Event	Time	Division
April 18	Registration Deadline	11:59 PM MT	All Divisions
May 6	Designated Poomsae	11:59 PM MT	All Divisions
<u>Tickets Sales Online Through Brown Paper Tickets</u>			
May 9	All athletes will be checked in automatically and will receive a virtual credential via email. *(No in person check-in required)	12 PM – 3 PM	<u>Sparring Weigh In Times</u> **12:00 PM – 1:30 PM** Senior Color Belts – Male/Female Cadet World Class Black Belts – Male Only Cadet Grassroots Black Belts – Male/Female Ultra All Belts – Male/Female **1:30 PM – 3:00 PM** Senior World Class Black Belts – Male/Female Junior Color Belts – Male/Female
	Coach Credential Pick Up, Athlete Weigh-in, and Athlete Weight Changes *All Friday athletes must be weighed in by 3 PM		
May 10	Doors Open	7:30 AM	Divisions TBA
	<u>ATHLETES MUST BE IN HOLDING AT THEIR POSTED REPORT TIMES ON THE USATKD WEBSITE (STARTING AT 7:30 AM)</u>		
	Competition Begins	8:00 AM	**Division Order TBA After Registration Closes** <u>Sparring Divisions</u> Senior World Class – Male/Female Senior Color Belts – Male/Female Cadet World Class – **Male Only** Cadet Grassroots Black Belt – Male/Female Junior Color Belts – Male/Female Ultra All Belts – Male/Female <u>Board Breaking</u> Ultra All Belts – Male/Female Senior All Belts – Male/Female Junior All Belts – Male/Female <u>Demo Team</u> <u>Poomsae</u> Under 30 Color Belts – Male/Female Under 40 Color Belts – Male/Female Under 50 All Belts – Male/Female Under 60 All Belts – Male/Female Under 65 All Belts – Male/Female Over 65 All Belts – Male/Female Over 70 All Belts – Male/Female Pairs Black Belt – Under 30, Over 30, Over 50 – Male/Female

<table>
<tr><th>Date</th><th>Event</th><th>Time</th><th>Division</th></tr>
<tr><td rowspan="2">May 10</td><td>All athletes will be checked in automatically and will receive a virtual credential via email. *(No in person check-in required)</td><td rowspan="2">12 PM – 3 PM</td><td rowspan="2"><u>Sparring Weigh In Times</u>
12:00 PM - 3:00 PM
Junior World Class – Male/Female
Cadet World Class – Female Only
Tiger All Belts – Male/Female</td></tr>
<tr><td>Coach Credential Pick Up, Athlete Weigh-in, and Athlete Weight Changes
*All Friday athletes must be weighed in by 3 PM</td></tr>
<tr><td rowspan="5">May 11</td><td>Doors Open</td><td>7:30 AM</td><td>Divisions TBA</td></tr>
<tr><td colspan="3"><u>ATHLETES MUST BE IN HOLDING AT THEIR POSTED REPORT TIMES ON THE USATKD WEBSITE (STARTING AT 7:30 AM)</u></td></tr>
<tr><td>Competition Begins</td><td>8:00 AM</td><td>Division Order TBA After Registration Closes
<u>Sparring</u>
Junior World Class – Male/Female
Cadet World Class – Female Only
Tiger All Belts – Male/Female
<u>Board Breaking</u>
Cadet All Belts – Male/Female
Tiger All Belts – Male/Female
Dragon All Belts – Male/Female
<u>Poomsae</u>
Under 30 Black Belt – Male/Female
Under 40 Black Belt – Male/Female
Dragons All Belts – Male/Female
Youth All Belts – Male/Female
Cadet Color Belts – Male/Female
Junior Color Belts – Male/Female
Recognized Teams Black Belt – Youth, Cadet, Junior, Under 30, Over 30, Over 50 – Male/Female
Freestyle Pairs Black Belt – 8-11, Under 17 & Over 18 – Male/Female
Freestyle Teams Black Belt – 8-11, Under 17 & Over 18 – Male/Female</td></tr>
<tr><td>All athletes will be checked in automatically and will receive a virtual credential via email. *(No in person check-in required)</td><td rowspan="2">12 PM – 3 PM</td><td rowspan="2"><u>Sparring Weigh In Times</u>
12:00 PM – 1:30 PM
Cadet Color Belts – Male/Female
Dragon All Belts – Male/Female
Para All Belts – Male/Female

1:30 PM – 3:00 PM
Youth All Belts – Male/Female</td></tr>
<tr><td>Coach Credential Pick Up, Athlete Weigh-in, and Athlete Weight Changes
*All Friday athletes must be weighed in by 3 PM</td></tr>
</table>

Date	Event	Time	Division
May 12	**Doors Open**	**7:30 AM**	**Divisions TBA**
	ATHLETES MUST BE IN HOLDING AT THEIR POSTED REPORT TIMES ON THE USATKD WEBSITE (STARTING AT 7:30 AM)		
	Competition Begins	**8:00 AM**	Division Order TBA After Registration Closes **Sparring** Cadet Color Belts – Male/Female Youth All Belts – Male/Female Dragon All Belts – Male/Female Para All Belts – Male/Female **Board Breaking** Youth All Belts – Male/Female **Poomsae** Cadet Black Belts – Individual & Pairs – Male/Female Junior Black Belts – Individual & Pairs – Male/Female Tiger All Belts – Male/Female Pairs Black Belt – Youth – Male/Female Para All Belts – Male/Female Freestyle Black Belt – 8-11, Under 17 & Over 18 – Male / Female

ATHLETE REGISTRATION

Registration for all athletes will be done through USATKD Sport80. All registrations must be completed by the registration deadline. **There will not be any onsite registration for athletes.**

2024 U.S. Regional TKD Qualifier West Registration Deadline:
Registration deadline: April 18, 2023, 11:59 PM, MST
THERE WILL BE NO LATE REGISTRATION PERIOD.
USATKD HAS A NO REFUND POLICY.
All athletes must register and pay in full by the registration deadline. No exceptions will be made for not completing registration. If you are having trouble registering, please email mnewman@usatkd.org for assistance.

How-To-Register as an Athlete

Once on the USATKD Sport80 page:

1. Click on “Events”, located on the left-hand side of the Home Page.
2. Search for U.S. Regional TKD Qualifier West.
3. Click on the “Enter Now” button for the U.S. Regional TKD Qualifier registration.
4. Click the +Enter button next to the athlete’s name.
5. Follow the registration instructions within the site.

Tips For Successful Event Registration

Athletes must have their belt information in the belt section for their Sport80 profile. Missing belt information will prevent you from being able to select a division and register for any events.

*Black Belt Athletes: In addition to having a black belt listed in your profile, a photocopy of your black belt certificate must be uploaded into your Sport80 profile.

*Athletes aged 18 and older: Must complete the U.S. Center for SafeSport course each year.

1. Log in to your USA Taekwondo Athlete profile on Sport80
2. Click "View Profile"
3. In the left navigation, click "Center for SafeSport Training".
4. In the top right, select the +Access Training button and follow the prompts to select and complete the SafeSport – Core Training Course.
5. After completion, within 24 hours it will automatically validate that you completed the training on your Sport80 profile.

World Class Black Belt Athletes:
A copy of your U.S. Passport, U.S. Birth Certificate, or U.S. Naturalization must be uploaded into your Sport80 profile before being able to select/register for any events. These documents must be uploaded in the "Verification Document" section of your Sport80 profile.

Athlete Event Credentials:
Athletes will receive an event credential via email prior to the start of the tournament from Katie Cleveland, kcleveland@usatkd.org. This virtual credential will be the athlete's credential for the event.

Athlete Check-In:
Poomsae athletes are automatically checked in for the competition when they receive their Virtual Event Credential. If you have not received your credential, please reach out to mnewman@usatkd.org to resend it.

Sparring athletes are checked in when they weigh in during their scheduled weigh-in period. Any athlete who does not weigh in will be marked as "Disqualified".

Athlete Registration Fees		
Event Entry Fee	Credit Card Processing Fee	Price Per Division
$185	$5	$29

COACHING REQUIREMENTS AND REGISTRATION

Registration for all coaches will be done through USATKD Sport80. All registrations must be completed by the registration deadline. There will not be any onsite registration for coaches.

2024 U.S. Regional TKD Qualifier West Registration Deadline: April 18th, 2024, 11:59 PM, MST

Profile Requirements to Register as a Coach for an Event:

- Upload a profile picture on your Sport80 profile.
- Have a current U.S.A. Taekwondo Membership on Sport80
- Have a current and valid Background Screen (valid through the final day of competition) (Ages 18+)
- Have a current and valid SafeSport Core Training (Valid through the final day of competition) (Ages 18+)
- Have either an Associate Coach or Level 1 Coach Course completion in the discipline you want to coach and have it uploaded and validated on your Sport80 profile
- Please follow all steps on the following website to make sure your profile is complete; you will not be able to register until your profile is completed: How to Register as a Coach

Coaches must be an Associate Coach or Level 1 or higher to coach in the World Class Sparring & World Class Poomsae divisions at the National Championships, Season Final, U.S. Regional TKD Qualifier, State Championships, and all USATKD Sanctioned Events. Your coaching certification must be in the discipline you are coaching, i.e. Kyorugi, Poomsae, or both.

SafeSport – Background Checks (Coaches 18 and over)
Coaches (Ages 18+) are required to complete and pass and background check (every two years) and complete the U.S. Center for SafeSport Training (Every Year). The background check is conducted by a third-party system and can take anywhere from one week to one month to complete. Please initiate your background screening as soon as possible to ensure it is complete before the registration closes.
The SafeSport certification must be completed in your Sport80 Profile.

1. Log in to your USA Taekwondo Coaches profile via Sport80
2. Click “View Profile”
3. In the left navigation, click “Center for SafeSport Training”
4. In the top right, select the “+Access Training” button and follow the prompts to select and complete the SafeSport – Core Training Course

Credential: All coach credentials must have a photo. These photos are taken from your profile picture on Sport80. COACH CREDENTIALS ARE NON-TRANSFERABLE.
USATKD HAS A NO REFUND POLICY

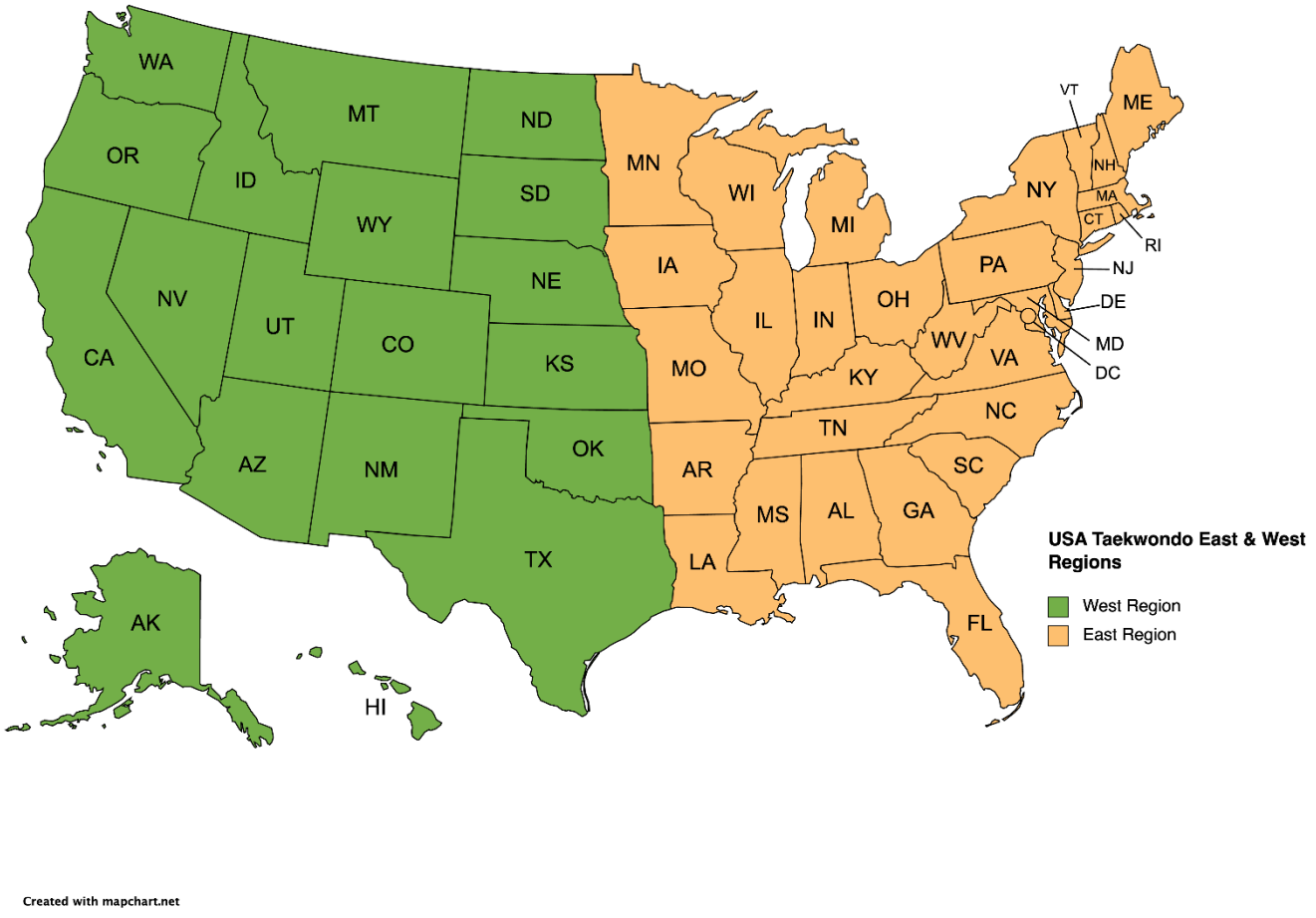
Coach Registration Fees
Entry Fee
$80

QUALIFICATION

The U.S. Regional TKD Qualifier Series of Tournaments are open to any athlete that resides in the United States. Athletes must have a USATKD membership to participate in a U.S. Regional TKD Qualifier tournament. All World-Class level athletes must have proof of U.S. Citizenship to participate in the tournament.

Athletes may only attend the U.S. Regional TKD Qualifier in which their home state resides. Athletes cannot attend more than one U.S. Regional TKD Qualifier or attend a U.S. Regional TKD Qualifier that is outside of their assigned region. An athlete's home state is defined by the address listed in their Sport80 Profile.

Please use the map below to determine which qualifier your state belongs to.



Regional Attendance Rules: If you cannot attend your designated Regional or your poomsae pair/team partners reside in a different region, please submit a request to attend another regional to kcleveland@usatkd.org with a detailed explanation of why you cannot attend the Regional Qualifier you are eligible to attend. In the email, please include the Athletes Name, USATKD Membership Number, Athletes Home State, Regional you are requesting to attend, and (if applicable), your poomsae pair/team member names.

Age Qualification: USATKD uses the date December 31 of the given year to determine the competition age for all athletes. EX. A 14-year-old athlete turns 15 years old on September 27th, meaning they would compete as a 15-year-old athlete for all events during the calendar year.

2024 U.S. Taekwondo National Championships Qualification: All athletes who participate in the U.S. Regional TKD Qualifier series will qualify to participate in the 2024 U.S. Taekwondo National Championships. Participation is defined as completing registration, weighing in (if sparring athlete), stepping on the mat to compete, and receiving a placement within the division.

2024 U.S. Season Final Qualification: All sparring and poomsae athletes who medal (Gold, Silver, or Bronze), at a U.S. Regional TKD Qualifier or medal at the 2024 U.S. Taekwondo National Championships will qualify for the 2024 U.S. Season Final.

Belt Qualification Rules: All athletes will be eligible to compete at the 2024 U.S Taekwondo National Championships and the 2024 U.S. Season Final at the current belt in which they hold.

Weight Class Qualification Rules:

Color Belts: All athletes in Dragon, Tiger, Youth, Cadet Grassroots, Cadet Color Belt, Junior Color Belt, Senior Color Belt and Ultra Divisions will be allowed to move weight classes from the weight class they qualified for at States or Regionals. However, it is strongly encouraged to make the weight they "qualified" in or move up one weight class. Athletes may change weight classes prior to the registration deadline of April 18, 2024, at 11:59 PM MST. Any changes after the registration deadline must be made onsite and will be charged a $50 weight-change fee.

World Class Black Belts: All world class black belt athletes in the Cadet, Junior, and Senior age divisions must compete in the weight class they qualified in or one weight class higher at States or Regionals for the 2024 U.S. Taekwondo Nationals Championship. Any athlete who is found to have registered in a weight class they do not qualify for will be re-registered into the division they qualify for and receive an email acknowledging the change.

For example, if an athlete qualifies in the "Fly" weight class they must compete in that weight class or the "Bantam" weight class which is one above. The athlete may not move down to the "Fin" weight class.

WEIGH IN, WEIGHT CHANGES, BELT CHANGES, & BRACKETING

Weigh in times will be scheduled beforehand (see the Schedule on Pages 4, 5 & 6). All participants must provide a valid ID to weigh-in. There is no exception to this policy. Valid ID can be any of the following: Government Issued ID, School ID, GAL, Military ID or Passport. If the athlete is a minor and does not have a Valid ID, then they are allowed to provide a copy of the athlete's birth certificate.

Weigh In Rules:

1. A competitor's weight shall be measured the day prior to their competition day. All competitors must weigh-in during the designated times on the schedule.
2. A competitor's weight may be measured twice. If a contestant does not qualify the first time, one more official weigh in attempt is granted within the scheduled time period. A scale, one that is the same as the official scale, will be provided in the weigh in area as a test scale so that athletes can check before they step on the Official Scale.
3. Before stepping on the Official Scale, athletes are required to show their valid ID and virtual athlete credential.
4. Any irregular action by the athlete or their coach during the weigh-in process may result in disqualification from the event.
5. Weigh in, for both male and female, shall be taken in the official V-neck uniform, or, if a contestant wishes, weigh-in may be done in underpants for adult male athletes and underpants and bra for adult female athletes. **Under no circumstances may an athlete weigh-in in the nude in the United States.**
6. Minor athletes who are 17 years old or younger must weigh-in wearing clothing or Dobok ONLY. Minor athletes will be given a 0.2kg allowance for clothing. 1 parent or guardian of the same sex will be allowed in the weigh-in room with their child. Pictures are not allowed in the weigh-in rooms.

Weight Changes and Belt Changes:

All Weight and Belt Changes Must Be Made Before Stepping on The Official Scale. NO EXCEPTIONS.

Athletes can change weight classes through the final registration deadline at no additional fee. If an athlete would like to change their weight class before the final registration deadline, they must email mnewman@usatkd.org. After the final registration deadline, all weight changes must be made onsite at the Registration Desk. Any weight changes after the final registration deadline will incur a $50.00 administrative fee.

Athletes can change their belt color through the final registration deadline at no additional fee. If an athlete would like to change their belt color before the competition is set to begin, they must email mnewman@usatkd.org.

METHOD OF COMPETITION & COMPETITION RULES

Athletes must wear the appropriate uniforms for sparring and/or poomsae. Click Here to view the uniform requirements: Dobok & Equipment Standards for 2024 Events
The current competition rules for all divisions will be used. To view the current version, go to: https://www.usatkd.org/usatkd-competition-rules
Bracketing and Seeding: Seeding will be done for all sparring and poomsae divisions based off the most recently posted U.S. National Rankings.
Sparring – A single elimination format will be applied to all sparring divisions.
Sparring Weight Categories
USATKD Kyorugi Head Contact Rules
Poomsae – All poomsae divisions will be seeded for the first round according to the USATKD National Rankings
Estimated Report Times will be posted prior to the event after the final registration deadline has closed.
Poomsae Divisions
Compulsory Poomsae
Designated Poomsae
Official Report times and brackets will be posted the night before after weigh-ins have concluded for sparring and poomsae on the USATKD.org website.
Designated Poomsae for the event will be posted on the USATKD.org website.

BOARD BREAKING & DEMO TEAM

Board Breaking:
Participants may only use purchased boards through Visions USA. Boards will be sold onsite at the event. Athletes 9 years old and younger will use ¼ inch boards, athletes ages 10-14 years old will use ½ inch boards, and athletes 15 years old and older will us 1-inch boards.
Board Breaking Rules and Divisions
Board Breaking Holders: Athletes are responsible for providing their own board holders. Any board holder who is 18 + must complete the SafeSport Core Training Course through Sport80 prior to receiving their board holder credential. Athletes and/or their board holders can obtain a board holding credential at the Registration Desk on the day of competition for that division. This credential will only be valid for the day of the competition and must be returned to the Registration Desk after the division has been completed.
Demo Team:
Demo Team is open to all athletes who meet the age and belt requirements.
Demo Team Rules & Division

GENERAL INFORMATION

Event Spectator Tickets: All spectator tickets are purchased online though Brown Paper Tickets. Onsite at the event, admission wristbands will be handed out in exchange for your online ticket confirmation. Wristbands must be worn at all times and are good for the day that they were purchased for. Onsite ticket sales will be sold online only.

Ticket Prices	
Event Ticket	Online Ticket Price
All Weekend Adult Pass	$50.00
All Weekend Child Pass	$35.00
Single Day (Adult 18+)	$18.00
Single Day (Child 6-17)	$13.00
Children 5 & under	FREE

Medical
Sports Med Staff will be ringside and in the medical tent to provide injury and illness care for all participants. Please remember when taping ankles or instep pads, competitors must comply with the rules set forth by the WT and USATKD.

AWARDS

Sparring: Medals will be given out to the top 4 athletes, in the respective divisions and weight categories.

Poomsae: Medals will be given out to the top 4 individuals, pairs (co-ed), and teams in the respective divisions. For those World Class Poomsae Team divisions, where an alternate has registered, the athlete will receive a medal if they have participated in the event. USATKD defines participation as check-in, stepping on the mat, and competing in front of judges.

Creative Events (Board Breaking and Demonstration Team): Medals will be given out to the top 4 athletes for board breaking and the top 4 Demonstration Teams, in their respective divisions in Board Breaking and Demonstration Team.

INDIVIDUAL AWARDS	
1ST PLACE	GOLD MEDAL
2ND PLACE	SILVER MEDAL
3RD PLACE	BRONZE MEDAL
3RD PLACE	BRONZE MEDAL