

USAPM Colorado Regional
Colorado Springs, CO
May 9, 2026

Event Information

Dear Athletes, Coaches, and Parents,

Thank you for registering for the USAPM Colorado Regional. USA Pentathlon Multisport, together with the United States Olympic Training Center want to welcome you and look forward to training and competing on the beautiful city of Colorado Springs. Please find below additional information on the event schedule. There will be no technical meeting and check in will be at the first event, fencing.

USAMP Colorado Regional Event Schedule

Registration Link: (Deadline to register is May 2nd)

<https://USAPentathlon.redpodium.com/2026-colorado-regional>

May 9	8:00-8:45	OTC Badge Pick-up	US Olympic Training Center Athlete Center
May 9	9:00- 11:00	Fencing	US Olympic Training Center
May 9	12:00-1:30	Obstacle	Altitude Movement Gym
May 9	2:00-3:00	Swimming	Colorado College Natatorium
May 9	4:00-5:00	Laser Run	US Olympic Training Center
May 9	Immediately Following LR	Awards	US Olympic Training Center



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Competition Rules

Fencing: Up to 5, grounded pistes
 Swimming: 25y indoor (times will be converted)
 Obstacle:
 Running Course: Grass and concrete
 Laser Run:

Competition Distances

Swim:

U15, U13: 100m
 S/J/Y19/Y17: 100m
 Masters: 100m

Laser Run:

U15: 3 x 600, 3 shoots, 5m
 U17: 4 x 600, 4 shoots, 10m
 S/J/U19: 5 x 600. 4 shoots, 10m
 Masters 50+: 3 x 600, 3 shoots, 10m
 Master 60+: 2 x 600, 2 shoots, 5m

Athlete Check-in

Will be done at the first event, Fencing. Please arrive at 9:00 am to check in

Competition Venues: all times listed are warm-up Start Times

Swimming

Colorado College Natatorium
 44 W Cache La Poudre St, Colorado Springs, CO 80903

Fencing

U.S. Olympic Paralympic Training Center
 One Olympic Plaza
 Colorado Springs, CO 80909

Obstacle

Altitude Movement Gym
 Address:
 750 Garden of the Gods
 Suite 125
 Colorado Springs, CO 80907

Laser Run

U.S. Olympic Paralympic Training Center
 One Olympic Plaza
 Colorado Springs, CO 80909

Please join the USAPM National Championships WhatsApp Chat where we will share information, answer questions, and send updates when needed.



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2026 Colorado Regional
WhatsApp group

This group QR code is private. If it is shared with someone, they can scan it with their WhatsApp camera to join this group. Learn more about [sharing WhatsApp QR code](#)

[Reset QR code](#)

Link to join WhatsApp Group:
<https://chat.whatsapp.com/G3hK9NcSvCj00mkBSYtZTj?mode=hqctcli>

Transportation

USAPM will have a 12 passenger van to provide limited transportation for this event. Coordinating with other athletes, coaches or parents in the WhatsApp group is a great way to find rides as well.

Memberships

To compete in the Colorado Regional you must be an annual member of USAPM due to the USOTC policies.

Athletes over the age of 18 must complete annual Safesport training and have a valid Background check. Both of these can be accessed through your membership portal.

To be rostered on any Team USA event or to be ranked, you must be a yearly member of USA Pentathlon Multisport and in good standing.

To find out more visit: [USA Pentathlon Multisport Memberships](#)

Minor Athlete Abuse Prevention Policy

For a copy of the [USAPM MAAPP policy](#) linked here

[Free MAAPP Training For Parents](#)

LOC Contact Details

Genadijus Sokolovas
gsokolovas@gmail.com

Please contact the LOC directly for more information or questions regarding any of the details listed in this invitation.

We look forward to seeing you in Colorado Springs, CO!

Best Regards,
Kevin Montford



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