

## Master's Championship – Element Order Declaration

Technical elements in a technical routine may be performed in any order. If a routine is swimming the elements out of standard order (see below), this document is required.

### Standard Order:

1. Fishtail Join
2. Split Position with Walkout
3. Bent Knee Spin 180
4. Traveling Ballet Leg Combination
5. Barracuda Bent Knee

Details for elements are posted in appendix L here: <https://www.usaartisticsswim.org/rule-book>

Please complete this document and send back to [emily@usaartisticsswim.org](mailto:emily@usaartisticsswim.org) and [rebeccasynchro@gmail.com](mailto:rebeccasynchro@gmail.com) by October 9, 2025.

<b>Club Name</b>	
<b>Event</b>	
<b>Routine Name</b>	
<b>Age Group</b>	

Please list the elements in the order YOU will perform them.

<b>Order</b>	<b>Element</b>
<b>1<sup>st</sup></b>	
<b>2<sup>nd</sup></b>	
<b>3<sup>rd</sup></b>	
<b>4<sup>th</sup></b>	
<b>5<sup>th</sup></b>	

