

2026 USA Diving Region 8 Championship

Event Schedule

Waukee, IA

Friday, April 24th

12:00 - 4:00 PM Open Training

4:00 - 8:00 PM Group A & B Only Open Training

Saturday, April 25th

Group A Girls 1-Meter

Group A Boys 3-Meter

Group B Girls 3-Meter

Group B Boys 1-Meter

Group C & D Girls 3-Meter

Group C & D Boys 1-Meter

Group A & B 3M Synchro

Sunday, April 26th

Group A Girls 3-Meter

Group A Boys 1-Meter

Group B Girls 1-Meter

Group B Boys 3-Meter

Group C & D Girls 1-Meter

Group C & D Boys 3-Meter

Group A & B 1M Synchro

*Final event warm-up and start times will be determined following confirmation of the number of entrants.