

MICHAEL H. JONES NATATORIUM,
100 OLDS/ROBB
YPSILANTI, MI 48197



THURSDAY, MARCH 27

8:30 AM - 4:00 PM	Training
4:00 PM	Declarations due
6:00 PM - 7:00 PM	Athlete meeting - at the hotel
7:00 PM - 9:00 PM	Coaches meeting - at the hotel

FRIDAY, MARCH 28

8:00AM	Doors open
8:30 AM - 9:00 AM	Lap swimming only
9:00 AM - 9:25 AM	Warm up - C & D Technical
9:30 AM - 11:00 AM	C & D Technical Competition
11:00 AM - 11:15 AM	Warm up - B Technical
11:15 AM - 12:00 PM	B Technical Competition
12:00 PM - 12:15 PM	Warm up - A Technical
12:15 PM - 1:00 PM	A Technical Competition
1:00 PM - 1:30 PM	Break - Open Pool
1:30 PM - 1:45 PM	Solo Final Spacing
2:00 PM - 3:15PM	Solo Final Competition (21)
3:15 PM - 3:30 PM	Duet Final Spacing (1-10)
3:30 PM - 3:45 PM	Duet Final Spacing (11-20)
	Mixed Duet Final Spacing (1)
4:00 PM - 5:15 PM	Duet Final Competition (20)
	Mixed Duet Final Competition (1)

SATURDAY, MARCH 29

7:30 AM	Doors open
8:00 AM - 8:30 AM	Lap swimming only
8:30 AM - 8:45 AM	Trio Final spacing (1-8)
8:45 AM - 9:00 AM	Trio Final spacing (9-16)
9:15 AM - 10:45 AM	Trio Final Competition (16)
10:45 AM - 11:15 AM	Break - Open Pool
11:15 AM - 11:30AM	Team Final Spacing (1-4)
11:30 AM - 11:45 AM	Team Final Spacing (5-8)
11:45 AM - 12:00 PM	Team Final Spacing (9-12)
12:00 PM - 12:15 PM	Team Final Spacing (13-17)
12:30 PM - 2:00 PM	Team Final Competition (17)
2:15 PM - 2:45 PM	Parade of Athletes
2:45 PM	Awards