



2025 U.S. Paralympics Cycling Standards

The goals of the 2025 U.S. Paralympics Cycling Standards are:

- To provide a system of measuring athlete performances at domestic and international competitions that can be applied evenly and fairly across all sport classes, men and women.
- To help U.S. Paralympics Cycling high performance staff identify athletes who are top performers within the program and demonstrate future medal potential at the Paralympic Games.

Track and Road standards for 2025 are built based upon results from international events between 2023 and 2024.

TRACK Standards

- The 2025 track standards will be included as part of this document in April, 2025.

ROAD Standards

- The 2025 road standards are built using individual time trial results from the following competitions:
 - o 2023:
 - UCI Para-cycling Road World Cup 1 (Maniago, ITA)
 - UCI Para-cycling Road World Cup 2 (Ostend, BEL)
 - UCI Para-cycling Road World Cup 3 (Huntsville, AL, USA)
 - UCI Para-cycling Road World Championships (Glasgow, Scotland, UK)
 - o 2024
 - Paralympic Games (Paris, FRA)
- Standards are calculated for each of the 26 Para-cycling road classes (13 men's classes and 13 women's classes), as follows:
- Total time combined from all five results, per class
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Total distance combined from all five results, per class, which creates a distance-weighted per-kilometer standard.
 - o Results used from each event are 3rd place time trial times – or – 115.0% of the first-place time, whichever is faster.
 - o In cases where there is no 3rd place result, a result was created using a 115.0% calculation of the first-place time.



2025 ROAD Standards

Sport Class	National Standard	Talent Pool Std (105%)	Emerging Std (115%)
MC1	01:29.46	01:33.93	01:42.88
MC2	01:22.09	01:26.19	01:34.40
MC3	01:21.24	01:25.30	01:33.42
MC4	01:19.49	01:23.46	01:31.41
MC5	01:15.92	01:19.72	01:27.31
MH1	02:21.33	02:28.39	02:42.52
MH2	01:43.17	01:48.32	01:58.64
MH3	01:33.35	01:38.02	01:47.35
MH4	01:26.16	01:30.47	01:39.09
MH5	01:28.95	01:33.40	01:42.29
MT1	01:49.50	01:54.97	02:05.92
MT2	01:40.99	01:46.04	01:56.14
MB	01:11.61	01:15.19	01:22.35
WC			
WC1	01:49.85	01:55.34	02:06.32
WC2	01:38.05	01:42.95	01:52.75
WC3	01:33.52	01:38.20	01:47.55
WC4	01:30.45	01:34.97	01:44.01
WC5	01:28.39	01:32.81	01:41.65
WH1	04:17.10	04:29.96	04:55.67
WH2	02:20.43	02:27.45	02:41.49
WH3	01:47.68	01:53.06	02:03.83
WH4	01:49.91	01:55.40	02:06.39
WH5	01:50.39	01:55.91	02:06.95
WT1	02:27.72	02:35.10	02:49.87
WT2	01:59.57	02:05.55	02:17.50
WB	01:21.53	01:25.60	01:33.76

Road standards are represented as **time per kilometer**, per sport class.