



# WCA

# ALOHA

# CUP 2026

*June 16-19 | Honolulu, Hawaii*  
*Duke Kahanamoku Aquatic Complex*  
*(University of Hawaii)*



# TABLE OF CONTENTS

|                                                     |    |
|-----------------------------------------------------|----|
| <u>Welcome Letter</u> .....                         | 3  |
| <u>WCA Aloha Cup Management</u> .....               | 4  |
| <u>Competition Rules &amp; Technical Info</u> ..... | 5  |
| <u>Competition Schedule</u> .....                   | 6  |
| <u>Important Dates &amp; Deadlines</u> .....        | 7  |
| <u>Facility Information</u> .....                   | 8  |
| <u>Practice Day, Warm-Up &amp; Deck Rules</u> ..... | 9  |
| <u>Travel Information</u> .....                     | 10 |
| <u>Safety &amp; Medical Information</u> .....       | 11 |



**Dear Coach:**

On behalf of WCA Aquanuts, I am pleased to invite you to join us for our first WCA Aloha Cup in Honolulu, Hawaii this upcoming June. Please take a few minutes to review the enclosed information.

This guide will provide all the necessary information about the event. Please be sure to complete and submit all the required information on time, so we can provide the best possible assistance during your visit.

If there is anything that we can do to make your experience more comfortable, please do not hesitate to ask. Thank you and we hope to see you soon!

Sincerely,  
**Kim Probst**

*WCA Head Coach*



# WCA Aloha Cup Management

## MEET MANAGERS:

**Masha Kriuchkova,**  
[masha@aquanuts.org](mailto:masha@aquanuts.org),  
Text/WhatsApp: (847) 668-0030

**Kristen Smidstra,**  
[admin@aquanuts.org](mailto:admin@aquanuts.org),  
Text/WhatsApp: (925) 395-1524



# Competition Rules & Technical Info

*This competition will be conducted in accordance with the current rules and regulations of World Aquatics (AQUA) and USA Artistic Swimming. All athletes, coaches, and clubs are expected to be familiar with and adhere to the applicable USAAS and AQUA rules throughout the duration of the event.*

## AGE GROUPS

The competition is open for all national and international clubs

- Youth: 13–15 (2011-2013)
- Juniors: 15–19 (2007-2011)
- Seniors: 15 & Over (2007- older)

## ROUTINE EVENTS

There will be direct finals for all events.

## CLUB ENTRY LIMITS

There are no limits for participating routines.

**Each club/federation must provide one judge. Any extra volunteer help will be greatly appreciated.**

Any club/federation that does not provide a judge/official is subject to a fee of \$100 USD.



# Competition Schedule\*

## **JUNE 16TH**

Practice Day

## **JUNE 17TH**

Tech Solo  
Tech Team  
Youth Solo  
Mix Duet  
Tech Mix Duet

## **JUNE 18TH**

Youth Duets  
Youth Mix Duets  
Junior/Senior Free Solo  
Acro  
Youth Combo

## **JUNE 19TH**

Youth Team  
Junior/Senior Team  
Junior/Senior Free Duet

\*Subject to change. Final schedule will be sent  
after final entrees are complete



# Important Dates & Deadlines

## FEES

The following fees will be charged:

- Participation Fee: \$100/per athlete
- USAAS Membership Fee: \$15/per athlete (for international participants only)
- Pre-Meet Entry Form: <https://forms.gle/i3dEex2GC861vLL66>

|                        | Deadline            | Submission email   |
|------------------------|---------------------|--------------------|
| Final Entry            | <i>May 1, 2026</i>  | masha@aquanuts.org |
| Music Submission       | <i>June 1, 2026</i> | masha@aquanuts.org |
| Coach Cards Submission | <i>June 1, 2026</i> | masha@aquanuts.org |
| Final Accomodation     | <i>May 1, 2026</i>  | masha@aquanuts.org |
| Travel Information     | <i>May 15, 2026</i> | masha@aquanuts.org |

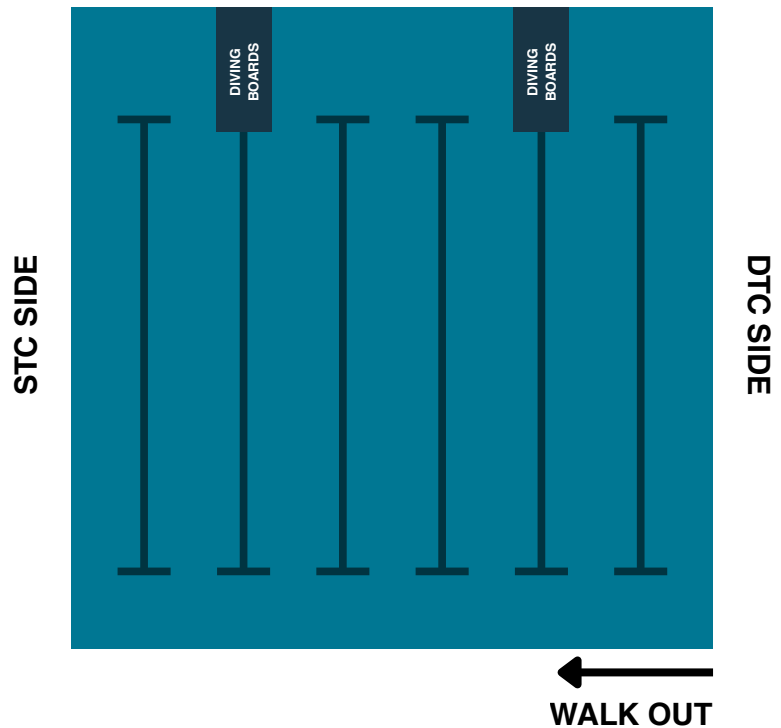


**FACILITY:**

Duke Kahanamoku  
Aquatic Complex  
(University of Hawaii)  
*1337 Lower Campus  
Rd, Honolulu, HI 96822*

**POOL SPECIFICS:**

Outdoor competition  
pool  
Length: 25 yards  
Width: 25 yards  
Depth: 17 ft.







## Facility Information

**Food:** Teams are allowed to bring in their own food (no glass containers allowed).

Tables and tents/canopies will be available for rent (info to follow) and will be set up in advance in the team area.

**Gelling:** There will be a designated knocking station at the facility. Please do not knock anywhere else. There is to be no knocking or deknocking or washing out brushes/bowls in the bathrooms. If anyone does deknock in the bathroom or pool, there will be a \$100 fine per incident. The facility does not allow any deknocking onsite.

**Warm Up:** Several lanes will be available in the 50m for warm-up/cool-down. Based on final entries, there may be restrictions on times each event can be in those lanes.

*Note: extra practice time may be available via request. To schedule, please contact Masha at [masha@aquanuts.org](mailto:masha@aquanuts.org)*

**Hospitality:** One meal per day will be provided for coaches and judges. Drinks and snack will also be provided.



# Travel Information

## **AIRPORT**

Daniel K. Inouye International Airport (HNL)

*8 miles from the pool*

## **CAR RENTAL INFORMATION**

Shuttle from/to airport may be provided for the teams via request.

Airport car rental info may be found here:

<https://airports.hawaii.gov/hnl/getting-to-from/ground-transportation/car-rentals/>

## **HOTEL INFORMATION**

### ***Holiday Inn Waikiki***

2058 Kuhio Avenue,  
Honolulu, Hawaii 96815

<https://www.hiexwaikiki.com>



AN IHG® HOTEL

Host hotels will have blocks with a guaranteed rate. More hotels will be added at a later date, based on number of entries.



# Safety & Medical Information

## EMERGENCY SERVICES

**In case of emergency call 911**

The closest emergency center:

The Queen's Medical Center

1301 Punchbowl St, Honolulu, HI 96813

Phone: (808) 691-1000