



Where Olympic Journeys Begin



National Karate-do Federation National Championships & Team Trials Schedule of Competition



Thursday July 10, 2025

The following divisions need to be in the competition venue and prepared to be called to Staging. This does not mean you will be called to staging at this time, this is only a general estimate for your convenience.

7:30am	All Shotokan Kata Divisions	SK302-SK303
	All Wado-Ryu Kata Divisions	SK306-SK307
	All Shito-Ryu Kata Divisions	SK300-SK301
	12 Year Old Female Kata Divisions	K350-K353
8:00am	12 Year Old Male Kata Divisions	K354-K357
8:30am	13 Year Old Female Kata Divisions	K358-K361
9:00am	13 Year Old Male Kata Divisions	K362-K365
	All 18-34 Years Kobudo	WB328-WB333 & WS328-WS333
9:30am	14 Year Old Female Kata Divisions	K366-K369
	All 35 Years and Up Kobudo	WB334-WB335 & WS334-WS335
	All Goju-Ryu Kata Divisions	SK304-SK305
10:30am	14 Year Old Male Kata Divisions	K370-K373
	All 12-13 Years Kobudo	WB310-WB315 & WS310-WS315
11:30am	All 15 Year Old Kata Divisions	K374-K381
12:30pm	All 16 Year Old Kata Divisions	K382-K389
1:30pm	All 17 Year Old Kata Divisions	K390-K397
2:00pm	All 14-15 Years Kobudo	WB316-WB321 & WS316-WS321
2:30pm	17 and Under Team Kata	TK300-TK305 & TK310-TK315
3:00pm	18 and Up Team Kata	TK306-TK309 & TK316-TK319
	All Mixed Team Kata	TK320-TK329
	All Family Team Kata	TK330-TK331

Elite Divisions please use the link below to access the Elite Time Table

[SET Time Table: 2025 Karate National Championships & U.S. Junior Team Trials](#)



National Karate-do Federation National Championships & Team Trials Schedule of Competition



Friday July 11, 2025

The following divisions need to be in the competition venue and prepared to be called to Staging. This does not mean you will be called to staging at this time, this is only a general estimate for your convenience.

7:30am	All 16-17 Kobudo Divisions	WB322-WB327 & WS322-WS327
	All 5 Year Old and Under Kata Divisions	K300 & K301
	All 6 Year Old Kata Divisions	K302-K309
	All 7 Year Old Kata Divisions	K310-K317
8:00am	All 8 Year Old Kata Divisions	K318-K325
8:30am	All 9 Year Old Kata Divisions	K326-K333
9:00am	10 Year Old Female Kata Divisions	K334-K337
9:30am	10 Year Old Male Kata Divisions	K338-K341
10:00am	11 Year Old Female Kata Divisions	K342-K345
	11 Year Old Male Kata Divisions	K346-K349
	17 and Under Para-Karate Divisions	PK300-PK359
10:30am	18 and Up Para-Karate Divisions	PK300-PK359
11:30am	All Iaido Divisions	IS300-IS306
12:00pm	All 9 and Under Kobudo	WB300-WB303 & WS300-WS303
1:00pm	All 10-11 Years Kobudo	WB304-WB309 & WS304-WS309
2:00pm	All 18-34 Years Old Kata Divisions	K398-K403
2:30pm	All 35 and Up Kata Divisions	K404-K415
	All 18-34 Years Old Advanced Kata	K416 & K417

Elite Divisions please use the link below to access the Elite Time Table

[SET Time Table: 2025 Karate National Championships & U.S. Junior Team Trials](#)

Saturday July 12, 2025



Where Olympic Journeys Begin



National Karate-do Federation National Championships & Team Trials Schedule of Competition



The following divisions need to be in the competition venue and prepared to be called to Staging. This does not mean you will be called to staging at this time, this is only a general estimate for your convenience.

7:30am	All 7 and Under Kumite Divisions	S300-S317
8:00am	All 8 Year Old Kumite Divisions	S318-S325
8:30am	9 Year Old Female Kumite Divisions	S326-S329
9:00am	9 Year Old Male Kumite Divisions	S330-S333
10:00am	All 10 Year old Kumite Divisions	S334-S341
11:30am	18-34 Year old NON Elite Kumite	S398-S407
	11 Year Old Female Kumite Divisions	S342-S345
12:00pm	11 Year Old Male Kumite Divisions	S346-S349
1:00pm	35 and Up Female Kumite Divisions	S408-S411
	45 and Up Female Kumite Divisions	S416-S417
	55 and Up Female Kumite Divisions	S420-S421
1:30pm	35 and Up Male Kumite Divisions	S408-S411
	45 and Up Male Kumite Divisions	S416-S417
	55 and Up Male Kumite Divisions	S420-S421
2:00pm	11 & Under Team Kumite Divisions	TS300-TS311
2:30pm	18-34 Year Old Team Kumite Divisions	TS324-TS327
3:00pm	12-15 Year Old Team Kumite Divisions	TS312-TS319
4:00pm	16-17 Year Old Team Kumite Divisions	TS320-TS323
	35 & Up Team Kumite Divisions	TS328-TS331

Elite Divisions please use the link below to access the Elite Time Table

[SET Time Table: 2025 Karate National Championships & U.S. Junior Team Trials](#)



Where Olympic Journeys Begin



National Karate-do Federation National Championships & Team Trials Schedule of Competition



Sunday July 13, 2025

The following divisions need to be in the competition venue and prepared to be called to Staging. This does not mean you will be called to staging at this time, this is only a general estimate for your convenience.

7:30am	12 Year Old Female Kumite Divisions	S350-S353
	12 Year Old Male Kumite Divisions	S354-S357
8:00am	13 Year Old Female Kumite Divisions	S358-S361
8:30am	13 Year Old Male Kumite Divisions	S362-S365
9:30am	14 Year Old Female Kumite Divisions	S366-S369
10:00am	14 Year Old Male Kumite Divisions	S370-S373
11:00am	All 15 year Old Kumite Divisions	S374-S381
11:30am	All 16 Year old Kumite Divisions	S382-S389
	All 17 Year old Kumite Divisions	S390-S397

Elite Divisions please use the link below to access the Elite Time Table

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