

ROUTINE PENALTIES (2022-2025)
USA & WORLD AQUATICS (as of 2/1/25)
JUNIOR/SENIOR/JUNIOR OLYMPIC

EVENT _____ START # _____

SWIMMER/TEAM _____

1) ALL ROUTINES

2 POINT PENALTY

- a) Routine is interrupted by a competitor during the deck movements and a new start is allowed; deducted from *Routine score*
- b) The number of elements exceeds the predetermined maximum allowance; deducted from *Elements score*
- c) Exceeds Acrobatic Safety Limits

8 POINT PENALTY – All deducted from Routine score

- a) Exceeding time limit of 20/30 seconds for the deck walk-on
- b) Exceeding time limit of ten (10) seconds for deck movements
- c) Deviation from the specified routine time limit allowed (+/- 5 seconds) for the routine
- d) Competitor has made a deliberate use of the bottom of the pool during a routine to propel themselves or assist another competitor

2) TECHNICAL ROUTINES

2 POINT PENALTY – All deducted from Element score

- a) Team/Women Duet Technical Required Elements, Free Hybrid, and Transitions not performed simultaneous and/or facing same direction
- b) Mixed Duet Technical Required Elements not performed simultaneous and/or facing same direction
- c) Technical Required Elements performed out of order declared on Coach Card
- d) Additional Hybrid(s) not declared and/or performed in the order submitted on Coach Card
- e) In Team, more than one circle performed

8 POINT PENALTY – All deducted from Element score

- a) In Solo, additional Hybrid(s) not declared and/or submitted on Coach Card
- b) In Team/Women Duet, additional two Hybrids and/or acrobatic not declared and/or submitted on Coach Card

ZERO – All deducted from Element score

- a) One or more swimmers omit all or part of an Element or incorrect action in a Technical Required Element
- b) Technical Required Element(s) performed out of declared order

3) FREE ROUTINES

8 POINT PENALTY – All deducted from Element score

- a) One skill from every family not performed

4) FREE COMBINATION

2 POINT PENALTY

- a) New part does not start in very close proximity to the previous part; deducted from *Routine score*
- b) Elements and Transitions not performed in order as declared on Coach Card; deducted from *Element score*
- c) Does not have two parts fewer than three athletes and two parts with all athletes
- d) One solo hybrid, one duet hybrid, two team hybrids (minimum of four athletes), one trio (16-19 only), one ChoHY not performed
- e) Theme not declared on Coach Card; deducted from *Routine score*

8 POINT PENALTY – All deducted from Element score

- a) One skill from every family not performed

5) ACROBATIC ROUTINE

2 POINT PENALTY – All deducted from Element score

- a) One acrobatic movement from each acrobatic group not performed
- b) Acrobatic elements not performed in order as declared on Coach Card

8 POINT PENALTY

- a) Theme not declared on Coach Card

6) DIQUALIFICATION

- a. One or more competitors stop swimming before the routine is completed.
- b. Failure to notify Scoring of scratches/changes

ROUTINE PENALTIES (2022-2025)
USA & WORLD AQUATICS (as of 2/1/25)
MASTERS/INTERMEDIATE/NOVICE

EVENT _____ START # _____

SWIMMER/TEAM _____

1) ALL ROUTINES

1 POINT PENALTY

- a) Routine is interrupted by a competitor during the deck movements and a new start is allowed; deducted from *Routine score*

2 POINT PENALTY

- a) Exceeding time limit of 20/30 seconds for the deck walk-on; deducted from *Routine score*
- b) Exceeding time limit of ten (10) seconds for deck movements; deducted from *Routine score*
- c) Deviation from the specified routine time limit allowed (+/- 5 seconds) for the routine deducted from *Routine score*
- d) Competitor has made a deliberate use of the bottom of the pool during a routine to propel themselves or assist another competitor; deducted from *Routine score*
- e) The number of elements exceeds the predetermined maximum allowance; deducted from *Elements score*

2) FREE COMBINATION – MASTERS & INTERMEDIATE

1 POINT PENALTY

- a) New part does not start in very close proximity to the previous part; deducted from *Routine score*
- b) Elements and Transitions not performed in order as declared on Coach Card; deducted from *Element score*
- c) Does not have two parts fewer than three athletes and two parts with all athletes
- d) One solo hybrid, one duet hybrid, two team hybrids (minimum of four athletes), one ChoHY not performed
- e) Theme not declared on Coach Card; deducted from *Routine score*

3) NOVICE ROUTINE

0.5 POINT PENALTY – All deducted from Element score

- a) Element not performed parallel to the sides of the pool where the panels of judges have been placed (Solo, Duet, Mixed Duet, Trio only)
- b) Element not performed simultaneously
- c) Mirror action performed
- d) More than one free hybrid performed
- e) Acrobatic movement performed

2 POINT PENALTY – All deducted from Element score

- a) Technical Required Element performed incorrectly
- b) Technical Required Elements not performed in order as declared on Coach Card or as stated in Appendix L

4) INTERMEDIATE ROUTINE

0.5 POINT PENALTY – All deducted from Element score

- a) Element not performed parallel to the sides of the pool where the panels of judges have been placed (Solo, Duet, Mixed Duet, Trio)

2 POINT PENALTY – All deducted from Element score

- a) Technical Required Element performed out of order

ZERO – All deducted from Element score

- a) One or more swimmers omit or perform incorrect action in a Technical Required Element

5) MASTERS ROUTINE

2 POINT PENALTY – All deducted from Element score

- a) Technical Required Element performed incorrectly
- b) Technical Required Elements not performed in order as declared on Coach Card or as stated in Appendix L

6) DISQUALIFICATION

- a) One or more competitors stop swimming before the routine is completed. If cessation is caused by circumstances beyond control of the competitor(s), the Referee may allow the routine to be re-swum two routines after
- b) Failure to notify Scoring of scratches/changes