
New England WSO Board Meeting

Wednesday, 2.19.2025

Attendees

- Travis Cooper
- Linda Rawstron
- Kyle Thebado
- Carla O'Brien
- Kaitie O'Connor
- Stephanie Jefferson
- Michelle Yiznitsky

Not in Attendance

- Ken Toal
- Sydney Collins

Member Updates

- N/A

Agenda

Communication to Members

1. Social Media
 - a. Instagram - 1,536-> 1,581
 - b. YouTube - 70->70
-

- c. TikTok - 55->59
- d. Website - needs minutes update and other things

Competitions

1. The Seacoast Open - April 12 - New Hampton, NH
2. Boston Open - April 26-27 - Arlington, MA
3. PRs for Puppies - May 24-25 - Concord, NH
4. Bay State Games - July 19-20 - Beverly, MA
5. New England WSO Championships - October 4-5 - Hudson, MA
6. Barbells for Boobs - October 25 - Franklin, MA
7. Rx Weightlifting Fall Open - November 15 - Somerville, MA

Other Events

1. End of Year Awards Banquet - TBD
2. Training Camp - TBD

Youth Development and Recruitment

- Youth Camp - TBD

High Performance

- Rankings needed from all meets from after 2024 WSO Championships to present

Old Business

- N/A

New Business

- WSO Championships - Motion to have WSO Championships at American Heritage Museum in Hudson, MA October 4-5, 2025
 - Passes - 7-0
- Uesaka Competition Platforms - Motion to purchase 2 Competition Platforms with WSO Logo
 - Passes - 7-0



Action Items

- N/A