

USA Wrestling Gender Policy

Effective February 17, 2025, USA Wrestling has adopted this Gender Policy to address the goals of supporting competitive fairness, protecting the safety of its athletes and providing an inclusive environment for its athletes. This Policy may be modified by USA Wrestling from time to time as USA Wrestling accumulates experience from the application of this Policy, as sports policies evolve, and as new medical and expert information becomes available.

The following Policy shall apply to all USA Wrestling programs, events, competitions and sanctioned competitions:

1. Athletes who have not yet reached the age to be eligible compete in U15 events.

If an athlete has not yet reached the age at which he/she is eligible to compete in U15 events as defined by United World Wrestling ("UWW") (other than in a division designated as allowing competitors from all genders (*e.g. coed*)) then he/she will only be allowed to compete in the division of his/her sex designated at birth (birth certificate).

2. Athletes who have reached the age to be eligible to compete in U15 events or above.

For an athlete who has reached the age at which he/she is eligible to compete in U15 events (or events with a higher age requirement), then the provisions of the UWW Transgender Policy will apply. Notwithstanding the statement in the UWW Transgender Policy that National Federations like USA Wrestling are responsible to establish their own national transgender policies, USA Wrestling hereby declares the provisions of the UWW Transgender Policy to apply for those wrestlers in this category. The UWW Transgender Policy can be accessed through [clicking here](#).

Eligibility of female athletes with hyperandrogenism

A female recognized in law shall be eligible to compete in female competitions if she has androgen levels below the male range (as shown by the serum concentration of testosterone) or, if within the male range, she has an androgen resistance such that she derives no competitive advantage from said levels.

If not eligible for female competition, the athlete shall be eligible to compete in male competition.

Compliance

For athletes who have not yet reached the age to be eligible compete in U15 events as defined by United World Wrestling ("UWW"), if a challenge is filed involving the athlete's eligibility based on gender, the athlete's parent/guardian will be asked to provide a copy of the birth certificate to USA Wrestling State Services for determination of his/her sex designated at birth, which determination will be final and binding.

In the event that a challenge is filed involving the gender of a competing athlete who has reached the age eligible to compete in U15 events as defined by United World Wrestling ("UWW"), the Executive Committee of USA Wrestling will designate a medical doctor who shall have the authority to take all appropriate measures for the determination of the gender of a competitor.

Should an athlete be considered ineligible to compete in the category he/she believes applies under this Policy, he/she would be notified of the reasons why, and informed of the conditions he/she would be

required to meet should he/she wish to be eligible. The competitor has the right to appeal the determination of gender pursuant to Article XII of the Bylaws of USA Wrestling.

If an athlete fails or refuses to comply with any aspect of the eligibility determination process, while that is his/her right as an individual, he/she will not be eligible to participate as a competitor.

The investigation of a particular case will be conducted under strict confidentiality.

Interpretation of this Policy will respect the essence of the male/female classification and guarantee the fairness and integrity of male/female competitions for all athletes.

Note: Nothing in these guidelines is intended to undermine in any way the requirement to comply with the World Anti-Doping Code and the WADA International Standards.