

Meeting Minutes

April 22, 2025

Present: Brian Leung, President
Abby Richards
Bianca Macias
Kelly Nichols
Liz Korchnak
Steve Yanda

Absent: Heather Krause
John Weeks

Agenda: 1. WSO Championships
2. Storage Unit Fees
3. WSO Records
4. Other Business

Order: Meeting was called to order at 8:00 p.m.

Minutes:

1. WSO Championships

The Committee worked with the Richmond Convention & Visitors Bureau to send RFPs to area hotels and event venues. None were available or within budget for that weekend. After deliberation, the Committee decided to award the 2025 WSO Championships to CrossFit Revamped to host. In doing so, the Committee is committed to continue leveling up the athlete experience and will be looking for ways to bring the WSO Championships even closer to a national level experience. The Committee also discussed soliciting RFPs earlier next year in hopes of finding a suitable venue in Richmond, VA for the 2026 WSO Championships and is appreciative of RVA Performance Training and BAM Weightlifting for also submitting bids.

The Committee will begin building out a project plan and would encourage anyone looking to sponsor or be a vendor at the 2025 WSO Championships to reach out as soon as possible.

2. WSO Championships



The Committee unanimously approved paying for half of the DC Weightlifting / DMV WSO Committee storage unit again this year.

3. WSO Records

The Committee discussed initial plans around resetting the WSO Records in June in accordance with the new weight classes. The plan will be discussed in greater detail and finalized at the next meeting.

4. Other Business

The next meeting of the Committee will be May 13, 2025 at 8:00 p.m. virtually.