



2024 PARIS OLYMPIC GAMES



# MEDIA GUIDE









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# COMPETITION INFORMATION

WHAT: 2024 PARIS OLYMPIC GAMES  
WHERE: PARIS, FRANCE  
WHEN: AUGUST 5TH - 10TH  
VENUE: OLYMPIC AQUATICS CENTRE  
CONTACT: KENNEDY SHRIVER | [kennedy@usopc.org](mailto:kennedy@usopc.org)





# OLYMPIC



# HISTORY

## HISTORY

The inaugural artistic swimming U.S. National Championships were held in 1946, just one year after the Amateur Athletic Union (AAU) first recognized the sport. A few years later, the 1955 Pan American Games included synchronized swimming events, and the World Aquatic Championships soon followed. After almost 40 years of concerted effort, synchronized swimming was at last included in the Olympic Games in 1984, with the United States winning the first solo and duet Olympic gold medals. The competitive rules and manner of judging are similar to such sports as figure skating and gymnastics. In the 1996 Olympics, the team event replaced solo and duet competition, which had been a part of the Olympic program since 1984. However, the overwhelming demand for tickets and broad television appeal of the 1996 team event prompted the IOC to reinstate the duet event for 2000.

## DUET

**1984 LOS ANGELES**

1ST PLACE

**1988 SEOUL**

2ND PLACE

**1992 BARCELONA**

1ST PLACE

**2000 SYDNEY**

4TH PLACE

**2004 ATHENS**

3RD PLACE

**2008 BEIJING**

5TH PLACE

**2012 LONDON**

11TH PLACE

**2016 RIO ★**

19TH PLACE

**2020 TOKYO ★**

13TH PLACE

## TEAM

**1996 ATLANTA**

1ST PLACE

**2000 SYDNEY**

5TH PLACE

**2004 ATHENS**

3RD PLACE

**2008 BEIJING**

5TH PLACE

The story behind the Path to Paris for the United States is one that has been in the works for several years. From the dominant USA Team of 1996-2008, which had been expected to secure an Olympic spot by rival countries, to the setback of missing qualification in 2012 by .2110, USA Artistic Swimming has persevered in rebuilding its program and climbing the rankings. Despite falling short of qualification at the 2021 World Championships, athletes **Daniella Ramirez**, **Anita Alvarez**, and **Ruby Remati**, now on the 2024 Olympic Roster, continued their pursuit.

At the Pan American Games in 2023, the team experienced another heartbreak, missing out on qualification by a slim margin once again of less than a point.

However, at the 2024 World Championships in Doha, Qatar, the squad overcame the odds, securing their first Olympic qualification since 2008 and earning a bronze medal for their Free Team and Acrobatic performance.



The team after qualification in Doha, Qatar

## OLYMPIANS

On USA's young roster, this will serve as **Jaime Czarkowski**, **Megumi Field**, **Audrey Kwon**, **Daniella Ramirez**, **Jacklyn Luu**, **Ruby Remati** and **Keana Hunter's** first Olympic games.

This leaves Anita Alvarez with the only Olympic experience out of the eight-person roster.

Anita Alvarez has competed in the Duet category in both 2016 Rio and 2020 Tokyo making her the second athlete within USA Artistic Swimming to become a 3x Olympian.

Although stepping into the Olympic village won't be a 'first' for Alvarez, she shares it is a completely different experience having her team by her side.

"Everyone else on the team will be first-time Olympians, so I'm excited to experience that moment with them," she says. "All the firsts for them are just going to be really cool and I am so glad to have them by my side going into the games this go-around. It is such a special feeling." - **Anita Alvarez**



# ABOUT ARTISTIC SWIMMING



## THE SPORT

Spectators have been awed by the grace and power of artistic swimming since the inception of the sport in the early 1900s. Artistic swimming requires a unique combination of overall body strength and agility, grace, split-second timing, musical interpretation, stamina and dramatic flair. Many have described the sport as a mixture of swimming, dance and gymnastics. The goal of every performance is technical excellence, artistic impression and synchronization with the music and each other. The sport has deep roots in the United States, with the USA largely being viewed as the country that developed the sport in its early years and dominated the early competition scene.

## NAME CHANGE

The sport was rebranded at the international level following the 2016 Olympic Games in Rio. The world governing body (World Aquatics) believed that the new name would better illustrate what the sport is about and hopefully lead to greater popularity. The name artistic swimming was developed with the sport's similarities to artistic gymnastics in mind.

## NEW SCORING SYSTEM

For 2023, a new scoring system was implemented by World Aquatics, formerly FINA, after years of development to mirror the decreased subjectivity achieved by such sports as gymnastics and figure skating. The new system relies more heavily on difficulty with certain movements, such as hybrids or lifts, being preassigned difficulty values that greatly impact the final score. Competitors can risk attempting difficult routines and being rewarded for their execution or falling to 'basemark' if something is done incorrectly, consequently losing out on critical points in competition. The system is still being refined to capture both difficulty and artistry.



# ABOUT THE CATEGORIES AND EVENTS

## TECHNICAL EVENTS

Athletes must perform required elements as described in the World Aquatics Rulebook. The required elements are selected by the Technical Artistic Swimming Committee (TASC) every four years. The elements include specific required hybrid movements and acrobatic highlights. Athletes and coaches can select different levels of these elements based on the skill of the athletes to maximize score potential.



**DUETS: 2 MINUTES 20 SECONDS**  
**TEAMS: 2 MINUTES 50 SECONDS**

A hybrid is when a swimmer is upside down in the water supporting body weight through a method called sculling where they are rapidly treading water with their arms. This sculling movement allows the swimmer's legs to elevate outside of the water.

What is a hybrid?

## FREE EVENTS

This type of routine consists of a predetermined number of free hybrids and acrobatic movements with less restrictions on the actual content of the hybrids. Choreographing a free routine calls for the greatest level of creativity, with less parameters on hybrids allowing coaches to intentionally craft their routines in ways that maximize scoring potential.

**DUETS: 2 MINUTES 45 SECONDS**  
**TEAMS: 3 MINUTES 30 SECONDS**



## ACROBATIC ROUTINES

This routine, previously called a highlight routine, requires seven acrobatics including one from each of the four lift families. The remaining three acrobatics are unrestricted. Transitions between lifts are also unrestricted, but no difficulty is awarded. Any hybrid is allowed to contribute to artistic impression and overall appeal but hybrids in this routine do not count towards difficulty.



**ACROBATIC ROUTINE:**  
**3 MINUTES 00 SECONDS**

Coaches declare the details of the hybrids and acrobatic elements they have created within the routines on coach cards that are submitted prior to competition. The numerical difficulty score is then predetermined based on the value assigned to the movements by World Aquatics.

**ROUTINE TIMES ARE +/- 5 SECONDS**

How is difficulty determined?







# COMPETITION SCHEDULE

2024 PARIS OLYMPIC GAMES

**AUG  
05**

TEAM  
TECHICAL  
ROUTINE

10:30AM(PST)  
19:30 (CET)

**AUG  
06**

TEAM  
FREE  
ROUTINE

10:30AM(PST)  
19:30 (CET)

**AUG  
07**

TEAM  
ACROBATIC  
ROUTINE

10:30AM(PST)  
19:30 (CET)

**AUG  
09**

DUET  
TECHNICAL  
ROUTINE

10:30AM(PST)  
19:30 (CET)

**AUG  
10**

DUET  
FREE  
ROUTINE

10:30AM(PST)  
19:30 (CET)



# MEET AND SEASON NOTES

**NOTE: SOME SCORES MAY NOT BE COMPARABLE  
DUE TO CHANGE IN SCORING SYSTEM**

## **Pan American Games - Santiago (CHL)**

Technical Duet (Field/Remati).....	2nd (238.8467)
Free Duet (Field/Remati).....	2nd (212.8292)
Acrobatic.....	1st (236.4233)
Technical Team .....	2nd (253.8008)
Free Team .....	1st (295.3667)

## **2024 World Aquatic Championships - Doha (QA)**

Acrobatic Team.....	3rd (242.2300)
Free Team.....	3rd (304.9021)
Technical Team.....	4th (266.933)

## **2024 World Cup - Paris (FR)**

Technical Team.....	6th (194.3211)
Team Free.....	6th (213.0085)
Acrobatic.....	3rd (243.9366)

## **2024 World Cup - Markham, (CA)**

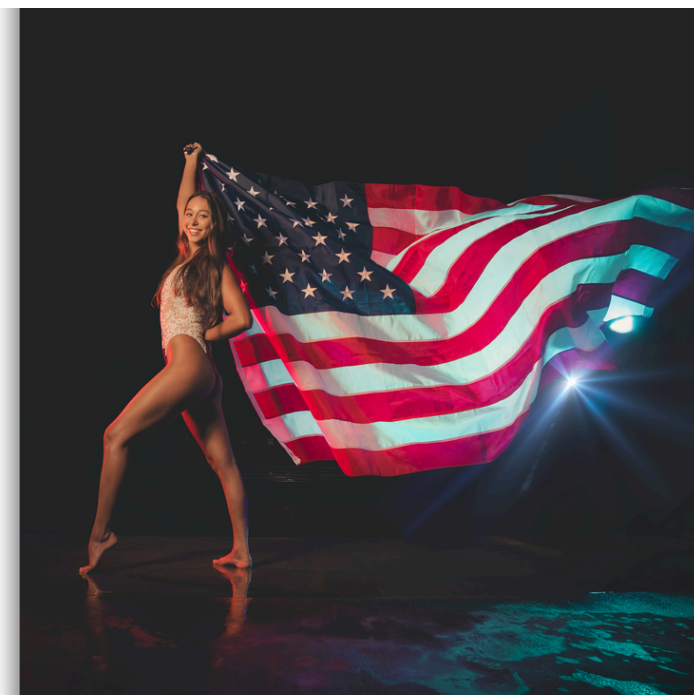
Technical Team.....	3rd (262.7404)
Team Free.....	1st (314.6208)
Free Duet (Field/Czarkowski).....	9th (176.9647)
Tech Duet (Field/Czarkowski).....	8th (222.5334)

## **2024 World Cup - Budapest, (HU)**

Team Technical.....	1st (285.1667)
Team Free.....	1st (346.6104)
Acrobatic.....	1st (229.0367)
Tech Duet (Field/Czarkowski).....	7th (222.5134)

- USA has not qualified a team to the Olympic Games since 2008.
- An early powerhouse in the sport, USA fell off international rankings as they struggled to develop a system that enticed athletes to stay in the national team program full time rather than going to college. That all changed when head coach Andrea Fuentes arrived in the country at the same time Adam Andrasko took the job as Chief Executive Officer. The two have developed a highly competitive program and a system that athletes want to be a part of as shown by the increased average age of the team and athlete retention rates.
- This is the third season the national team is Los Angeles-based. The program made the move from northern California to UCLA in August 2021.
- The last round of national team trials to add athletes to the team was completed in May. The current squad of athletes are the athletes eligible to represent USA at 2023 World Championships, 2023 Pan American Games and 2024 World Championships.

- Two athletes returned to the program from their collegiate artistic swimming careers (Luu - Stanford, Remati - Ohio State).
- The youngest athlete on the team is 18 years old.
- USA secured its first team World Championship medal in 16 years at the 2023 World Championships in Fukuoka.
- Prior to the Pan American games, USA was undefeated against continental competitor, Mexico. At the 2023 Pan American games USA fell short to Mexico for the first time in the 2023 season by .66, taking away the team's chance at Olympic qualification in Santiago.
- At the 2023 Pan American Games, Team USA earned qualification to the 2024 Paris Olympic Games in the duet category.
- During the World Championships USA was able to utilize their full roster of 12, allowing the ability to make essential adjustments to ensure the best performance.
- After tallying together scores at the 2024 World Aquatic Championship, USA stood at 2nd behind China in overall rankings.
- USA's Team Free score has increased by 46.2541 in just three months.
- The team will be presenting a new acrobatic routine in Paris that has only been performed formally once in Budapest at the 2024 World Cup SuperFinal.
  - The theme of USA's acrobatic routine is Sorceresses inspired by the profound mystery and magnetic energy, it represents something far greater than what we see on the surface that comes with sorcery







# TEAM USA ROSTER SOCIAL MEDIA


**ANITA ALVAREZ**


 @anitaaalvarez


**KEANA HUNTER**  @keana\_hunter

**JAIME CZARKOWSKI**  @jaimeczarkowski

**DANI RAMIREZ**  @daniellaaramirezzz

**MEGUMI FIELD**  @megumi.field

**JACKLYN LUU**  @jackielynluu

**AUDREY KWON**  @audrey\_kwon

**RUBY REMATI**  @\_ruby.remati\_

**USA ARTISTIC SWIMMING**  @usaartisticwimming



# COACHING STAFF

**MEGAN  
ABARCA**

**LARA  
TEIXERIA**

**ANDREA  
FUENTES**

**VICTOR  
CANO**







# ANDREA FUENTES

HEAD COACH

Andrea Fuentes remains the most decorated artistic swimmer in the history of the Spanish national team. She owns four Olympic, 16 World Championship and 16 European Championship medals. Those four Olympic medals also make her the most decorated Spanish female Olympian of all time. Fuentes competed in three Olympic games (2004, 2008, 2012) where she swam in team for all three and duet in 2008 and 2012. She was a part of the Spanish national team from 1999 until her retirement in 2013.

With experience rising from 12th in the world to an Olympic medal in her own country, Fuentes took over the USA national team in 2018 with the same goal for the stars and stripes. Fuentes approaches the team with a fresh perspective. She is motivated to coach with love and genuine care for her athletes and their development while pushing boundaries. Things began to change in 2020 when the USA national team began placing higher in international competitions and topping nations that were previously seen as unreachable. Under her leadership, the national team came just .2 away from qualifying for the Olympic Games for the first time since 2008. Since that milestone, the team has been able to retain athletes for longer periods of time and attract more experienced swimmers to stay involved in the sport. She is known for her iconic and innovative choreography worldwide, including the Robot routine from the last Olympic cycle that owns the most views of any video on World Aquatics' Facebook page. Since the scoring system change, Andrea has crafted routines that has placed the team in a position to medal at World Championships for the first time in 16 years.

Lara Teixeira represented her home country of Brazil in three Olympic Games including duet in 2008 and 2012 and team in 2016. She also competed in five World Championships and three Pan American Games. Of the three Pan American Games appearances, Lara owns four medals. She retired from artistic swimming after serving as team captain of her 2016 Olympic team.

Lara was hired by USA Artistic Swimming in 2019 as a High Performance Manager and junior national team assistant coach. Since her hire, she has taken on more responsibilities due to the coaching restructuring. She now manages her high-performance duties while serving as assistant coach to the senior national team and junior team when needed. Prior to her move to the USA, she coached New Zealand's junior and senior national team where she helped establish a high-performance environment. Through the Brazil National Olympic Committee, Teixeira obtained a Business Administration degree and a postgraduate degree in Sport Management.

# LARA TEIXEIRA

ASSISTANT COACH &  
HIGH PERFORMANCE  
MANAGER



# MEGAN ABARCA

ASSISTANT COACH

Abarca, the 2021 USA Artistic Swimming Collegiate Coach of the Year, most recently guided Stanford to the 2021 USA Artistic Swimming Collegiate National title as the Cardinal swept all events en route to the title. Hosting the U.S. Collegiate Nationals at Avery Aquatic Center for the first time since 2013, Stanford delivered impressive performances across the board over a two-day stretch on The Farm, finishing with 102.0000 points.

In 2023, Abarca guided the Cardinal to two event wins at the U.S. Collegiate Nationals in the trip and the team competitions. Along with the national titles, Stanford had seven student-athletes named as Collegiate All-Americans. Abarca also repeated as the MPSF Coach of the Year in 2023 after leading Stanford to its second straight conference title and a sweep of all the events. She led sophomore Lindi Schroeder to the MPSF Swimmer of the Year and Yara Elian to the MPSF Freshman of the Year awards along with eight All-MPSF selections.

In February 2024 Abarca joined the Senior National Team as assistant coach alongside Andrea, and Lara leading the team to success in the following competitions bringing a different perspective to the squad.

**MATT NICHOLS** STRENGTH  
& CONDITIONING  
**DR. SELINA SHAH** PHYSICIAN

**VICTOR CANO** ACROBATICS  
COACH  
**CHELSEA FAN** PHYSICAL  
THERAPIST



# OLYMPIC



# ROSTER





# OLYMPIC



# DUET

**MEGUMI  
FIELD**

**JAIME  
CZARKOWSKI**





# ANITA ALVAREZ

**DOB:** 12/2/1996

**Birthplace:** Buffalo, N.Y.

**Hometown:** Buffalo, N.Y.

**High School:** U.S. High Performance Academy

**Club:** Town of Tonawanda Aquettes

**Olympic Experience:** 2016 Olympic Games (Rio) - 9th (Duet), 2020 Olympic Games (Tokyo) - 13th (Duet)

**Senior World Championship Experience:** 2015 (10th - Technical Team, 12th - Free Team, 12th - Technical Duet, 11th - Free Duet), 2017 (12th - Free Team, 12th - Technical Duet, 11th - Free Duet), 2019 (12th - Free Solo, 12th - Technical and Free Duet, 11th - Free Team), 2022 (6th - Technical Solo, 7th - Free Solo, 7th - Technical Duet), 2023 (2nd - Acrobatic, 3rd - Technical Team, 9th - Free Team), 2024 (3rd - Acrobatic, 3rd - Free Team, 4th - Technical Team)

**Pan American Games Experience:** 2023 Silver Medalist - Team, 2019 (3rd - Duet, 3rd - Team), 2015 (3rd - Duet, 3rd - Team)

**Career Accolades:** 4x USA Artistic Swimming Athlete of the Year, USA's primary soloist since 2020, 2014 Junior World Championships (7th - Duet, 10th - Duet), Qualified for 2012 Olympic team trials at 14 years old

**DOB:** 3/4/2004

**Birthplace:** Seattle, Wash.


**Hometown:** Seattle, Wash.

**High School:** Issaquah High School

**Club:** Seattle Synchro

**Senior World Championships Experience:** 2022 (6th - Technical Team, 9th - Free Team, 5th - Highlight), 2023 (2nd - Acrobatic) 2024 (3rd - Acrobatic, 4th - Technical Team)

**Personal:** She has a twin brother...She has dual citizenship in Canada and the United States...  
She has two French bulldogs



# KEANA HUNTER

**DOB:** 4/20/1999

**Birthplace:** Milpitas, Calif.

**Hometown:** Milpitas, Calif.

**High School:** Valley Christian High School College: Stanford University

**Club:** Santa Clara Aquamaids

**Senior World Championship Experience:** 2017 (11th - Technical Team, 12th - Free Team), 2023 (3rd - Technical Team, 9th - Free Team) 2024 (3rd - Free Team, 4th - Technical Team)

**Pan American Games Experience:** 2023 Silver Medalist - Team

**Career Accolades:** U.S. Collegiate Solo, Duet and Team Champion, 2021 U.S. Collegiate Athlete of the Year, 5x All-American, U.S. Collegiate High Point Athlete, 2016 Junior World Championships (9th - Team, 11th - Duet)

**Personal:** Is a second generation Vietnamese-American...Has a Bachelors degree in Psychology and Masters degree in Bioinformatics from Stanford University... Can play the piano and ukelele...Plans to work at the intersection of health and technology



# JACKLYN LUU

**DOB:** 8/14/2002

**Birthplace:** Andover, Mass.

**Hometown:** Andover, Mass.

**High School:** Laurel Springs School College: The Ohio State University

**Club:** ANA YMCA Synchro

**Senior World Championship Experience:** 2019 (12th - Free and Technical Duet, 11th - Technical and Free Team), 2023 (3rd - Technical Team, 9th - Free Team, 17th - Technical Duet, 7th - Free Duet) 2024 (4th - Technical Team)

**Pan American Games Experience:** 2019 (3rd - Duet, 3rd - Team) 2023 Duet Silver Medalist (2nd - Technical Duet, 2nd - Duet Free) 2023 Silver Medalist - Team

**Career Accolades:** U.S. Collegiate Duet (2023), Team (2022 and 2023) and Figure (2023) Champion, 2023 U.S. Collegiate High Point Athlete, 2020 Olympic duet reserve

**Personal:** Completed two years of college before returning to national team to pursue her Olympic dreams... Born in Sydney, Australia and is a dual citizen... Stepped in for Anita Alvarez to help USA qualify a duet for the Tokyo Olympic Games in 2021



# RUBY REMATI





# DANIELLA RAMIREZ

**DOB:** 10/6/2001

**Birthplace:** Indianapolis, IN

**Hometown:** Miami, Fla.

**High School:** Florida Virtual School College: University of California - Los Angeles

**Club:** Unaffiliated

**Senior World Championship Experience:** 2019 (11th - Technical Team), 2022 (6th - Technical Team, 9th - Free Team, 5th - Highlight), 2023 (3rd - Technical Team, 9th - Free Team, 2nd - Acrobatic) 2024 (3rd - Acrobatic, 3rd - Free Team, 4th - Technical Team)

**Pan American Games Experience:** 2019 (3rd - Team) 2023 Silver Medalist - Team

**Personal:** She is a third-generation artistic swimmer behind her grandmother, mother and sister... Her father and brother were both swimmers and divers... She is attending UCLA while training as a member of the national team... One of the first Team USA athletes to be able to receive in-state tuition at UCLA through the California Assembly Bill 2747

**DOB:** 6/16/2006

**Birthplace:** Seattle, Wash.

**Hometown:** Seattle, Wash.

**High School:** Laurel Springs High School

**Club:** La Mirada Aquabelles Senior World Championship


**Senior World Championship Experience:** 2023 (3rd - Technical Team, 9th - Free Team, 2nd - Acrobatic)

2024 (3rd - Acrobatic, 3rd - Free Team)

**Pan American Games Experience:** 2023 Silver Medalist - Team

**Career Accolades:** 2022 Junior World Championships (7th - Technical Duet, 6th - Technical Team)

**Personal:** Audrey moved to America when she was two years old and started the sport when she was eight



# AUDREY KWON



# MEGUMI FIELD

**DOB:** 10/15/2005

**Birthplace:** Wilmington, Del.

**Hometown:** Cerritos, Calif.

**High School:** Laurel Springs High School

**Club:** La Mirada Aquabelles

**Senior World Championship Experience:** 2022 (7th - Technical Duet, 9th - Free Duet, 6th - Technical Team, 9th - Free Team), 2023 (3rd - Technical Team, 9th - Free Team, 17th - Technical Duet, 7th - Free Duet) 2024 (3rd - Acrobatic, 3rd - Free Team, 4th - Technical Team)

**Pan American Games Experience:** 2023 Duet Silver Medalist (2nd - Technical Duet, 2nd - Duet Free) 2023 Silver Medalist - Team

**Career Accolades:** 2021 Junior Pan American Games (2nd - Team, 2nd - Highlight, 2nd - Duet)

**Personal:** She is half Japanese... She moved from coast to coast (Delaware to California) with her family to pursue her artistic swimming dreams... 2023 USA Artistic Swimming Athlete of the Year

**DOB:** 12/5/2003

**Birthplace:** Calgary, Canada

**Hometown:** Calgary, Canada

**High School:** Western Canada High School

**Club:** Calgary Aquabelles

**Senior World Championship Experience:** 2022 (6th - Technical Team, 9th - Free Team, 5th - Highlight), 2023 (2nd - Acrobatic, 3rd - Technical Team, 9th - Free Team) 2024 (3rd - Acrobatic, 3rd - Free Team, 4th - Technical Team)

**Pan American Games Experience:** 2023 Silver Medalist - Team

**Personal:** Her dad played professional baseball and was drafted by the Seattle Mariners in 1989



# JAIME CZARKOWSKI





# BELIEVE WITH USA

ARTISTIC SWIMMING