

DO YOU COACH YOUTH ATHLETES?

Are you interested in learning more about effective coaching and sharing experiences and ideas with other youth sport coaches?

Join our Fall 2024 Youth Sport Coach Fellowship!

Developed By USA Weightlifting
In Partnership with the Susan Crown Foundation's Million Coaches Challenge.



More Info



Fellowship Information

OUR PURPOSE>

USA Weightlifting, in partnership with the Susan Crown Foundation's Million Coaches Challenge, is working to expand the number of quality, trained coaches who work primarily with youth in underserved communities. As you know, youth coaches play a critical role in the lives of young people and a central aim of this project is to support individuals who are serving the youth in our communities through sport.

The Youth Sport Coach (YSC) Fellowship brings together individuals who are passionate about creating safe and impactful youth sport experiences for athletes across a wide range of sports. This 14 week program allows coaches to explore essential topics through online content and regular virtual peer conversations.

WHAT IS THE YOUTH SPORT COACH FELLOWSHIP?

WHO IS ELIGIBALE TO PARTICIPATE?

To be eligible to participate in the YSC Fellowship you must be:
a US citizen, at least 17 years old, and currently coaching youth athletes at least 8 hours a week.

Because spots are limited, preference will be given to individuals working with underserved populations, those with less than 5 years of coaching experience, and/or those demonstrating a high level of social impact on youth and their communities through sport.

<..... Core Topics



**COACHING FUNDAMENTALS
- EXPLORING YOUR
COACHING PHILOSOPHY**



**ELEVATING YOUR
COACHING IQ**



**CREATING A CULTURE
OF BELONGING**



**EFFECTIVE COACHING
FOR GENERATION Z**



Fellowship Information

PROGRAM TIMELINE>

Applications must be received by Sept. 23rd. Recipients will be notified by Sept 27th.

The program runs from September 30th to January 13th.

INDIVIDUALS WHO SUCCESSFULLY COMPLETE THE YSC FELLOWSHIP WILL RECEIVE A CERTIFICATE.

PROGRAM EXPECTATIONS

- Complete weekly online, self paced material review (1 hour per week)
- Participate in at least six 30 minute virtual peer conversations
- Complete a capstone reflection project to share how the program experience has impacted their coaching.

USAW Coaches selected to participate in the 2024 YSC Fellowship will receive a tuition scholarship to cover the cost of USAW membership for one year as well as the cost of the USAW Level 1 Coach Certification course. The course is offered virtually and in the event a coach would like to attend a live course, any travel-related or non-tuition expenses are not covered. Coaches selected to participate will receive \$100 USD upon successful completion of the Fellowship. **Total value is over \$700.**

**SCAN OR
CLICK ME**



<..... **READY TO APPLY?**

For additional questions or inquiries about the Fellowship email
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